SUHSD

ATHLETICS

SUHSD

2026-2027

SWEETWATER
UNION HIGH SCHOOL DISTRICT

STUDENT ATHLETE & PARENT HANDBOOK

2026-2027

METRO CONFERENCE CHAMPIONS SINCE 1933





SWEETWATER UNION HIGH SCHOOL DISTRICT

Office of Athletics and Student Activities

670 L Street, Ste, G, Chula Vista, CA 91911

Phone (619) 796-7720 ❖ Fax (619) 691-5850

SUHSD-Director of Athletics & Student Activities Alex Estrada– alex.estrada@sweetwaterschools.org

SUHSD- Program Manager Brianne Paxton - brianne.martinez@sweetwaterschools.org

SUHSD Senior Administrative Assistant
Rebecca Eguiza – rebecca.eguiza@sweetwaterschools.org

SUHSD-Middle School Athletics Coordinator
Nicole Meyer-Sandez - nicole.meyer-sandez@sweetwaterschools.org

INTEGRITY | RESPECT | RESPONSIBILITY | FAIRNESS | CARING | CITIZENSHIP

Nondiscrimination Statement: *The Sweetwater Union High School District prohibits discrimination, harassment (including sexual harassment), intimidation and bullying against an individual or group based on actual or perceived age; gender, gender identity or expression, or genetic information; sex, actual or potential parental, family, or marital status that treats students differently on the basis of sex; race, color, religion, ancestry, national origin, ethnic group identification, physical or mental disability, medical condition, pregnancy, reproductive health decision-making, sexual orientation, immigration status, veteran or military status; the perception of one or more of such characteristics; or association with a person or group with one or more of these actual or perceived characteristics. For questions or complaints, contact Equity Compliance Officer, Dr. Vernon Moore at 1130 Fifth Avenue, Chula Vista, CA 91911, (619) 691-5564, vernon.moore@sweetwaterschools.org; Title IX Coordinator, Robert Hughes at 670 L Street, Suite G, Chula Vista, CA 91911, (619) 600-4900, compliance@sweetwaterschools.org; and Section 504 Coordinator Sonia Picos at 1130 Fifth Avenue, Chula Vista, CA 91911, (619) 691-5564, sonia.picos@sweetwaterschools.org.*

On behalf of the coaches, advisors, teachers, and administrators of the Sweetwater Union High School District, we welcome you to our district's athletic program and wish you a successful season ahead. In order to ensure an enriching and rewarding experience, we provide this Student Athlete & Parent Handbook with rules and policies that will guide your participation in school athletics.

IMPORTANT-Please Read This Handbook In Its Entirety

An important value we expect from all our athletes is integrity. Because of this, we ask that you do not sign on the dotted line until you have read the handbook and agreed to abide by its rules and guidelines.

Philosophy of Student Athletics

Sweetwater Union High School District recognizes athletic competition as an integral part of the school experience. As such, all athletes should have the opportunity to participate in some form of interscholastic athletics within the limitations of each individual sport and such participation should encourage positive scholastic growth and achievement. Both the student athlete and the sport itself should be a credit to the school and the community. The Sweetwater Union High School District realizes that an effective interscholastic athletic program is a product of the responsible cooperation among its four major contributors: the student athlete, parents, the coaching staff, and the site and district administration.

Sweetwater Union High School District strives to strengthen the integrity of students and adults in the community by promoting the concepts of sportsmanship, honesty and quality academics. These priorities advance the highest principles of character, trustworthiness, respect, responsibility, fairness, caring, and good citizenship.

Participating in Athletics

Participation in school sports programs is a privilege, not a right. To earn that privilege, students must abide by the rules, and they must conduct themselves as positive role models who exemplify good character. The school intends to maintain programs that are well managed and meet the needs of the students and the school community. Athletic schedules and coaching information can be found on our individual school websites. To find your school, go to http://www.sweetwaterschools.org/ click on *Schools*, find your school, and then the appropriate link.

The SUHSD athletic program will promote sportsmanship and foster the development of good character by enhancing the academic, emotional, social, physical and ethical development of students and teaching positive life skills that will help students become personally successful and socially responsible.

Through their participation as a member of an athletic team or program, students are considered representatives of SUHSD, and as such, are expected to maintain exemplary behavior and citizenship. All students will be held responsible for any involvement in acts specified in the Student Handbook (Campus Rules / Policies) whether on campus, at school activities or in the community.

Athletic Program and Tryout Information for Parents and Student Athletes

THE TRYOUT PROCESS – ***Students in the Sweetwater Union High School District, regardless of age or grade, have the ability to try out for any level of sport being offered at a site. The Novice level of sport does have some guidelines for participation (see below).*** In each program, a coach and/or coaches are hired by Sweetwater Union High School District and are responsible for team selection. The head coach establishes criteria for selection, possibly with input from the entire coaching staff. By its very nature, this may be a highly subjective process. Team selection, practices, and decisions regarding game situations are the responsibility of the coaching staff.

MAKING THE TEAM - The Sweetwater Union High School District wants to encourage all students to go out for a sport and participate. Athletic programs within the Sweetwater Union High School District are highly competitive. We are not able to place on every team every student-athlete who wishes to participate. While this is not our desire, it is our reality. The hardest thing our coaches have to do is to tell young people they will not be on a team. Please be sure when your student-athlete tries out for a team, both you and he/she understand there is a very real possibility he/she may not be selected. Normally, coaches have a very short amount of time to make team selections. They try to do the very best they can in keeping the most skilled and hardworking athletes and filling positions for play. Their goal is to assemble the most competitive team possible. We believe it is the coaches' responsibility and right to select the team with whom they will work for the entire season.

LEVELS OF PLAY IN THE SUHSD

VARSITY -Varsity is a term that is reserved for the top team, or the most experienced team made up of the strongest players that will represent the institution in sporting events. In most cases, the majority of Varsity team rosters are made up of students in 11th and 12th grade. Although all grade levels are eligible to be selected on a Varsity team, factors such as experience, skill, physical ability, and mental maturity are important considerations.

JUNIOR VARSITY- or JV are the teams comprised of players who are not deemed experienced or skilled enough to play for varsity teams. JV teams have sophomores, freshmen, juniors, or seniors who do not find a place on the varsity teams. As such, junior varsity teams are used as a developmental level to prepare these athletes to compete in varsity level competition.

NOVICE - A student athlete who is a beginner, new to the sport, or has limited high school experience.
Novice Sports offered in the Sweetwater District – Co-ed Football, Girls Volleyball, Boys Basketball, Girls Basketball, Girls Soccer, and Softball

BASIC NOVICE GUIDELINE

1. ***A student's first year at the Novice level must be their first time participating in that sport in high school.***
2. ***A Senior would only be allowed to participate at the Novice level if they had never played that sport in high school.***
3. ***Student athletes are not permitted to play more than two consecutive years at the Novice level in any given sport***

If you have any questions on the information above, please contact **Mr. Alex Estrada**, **Sweetwater Union High School District Athletics,** 619-796-7720.

Athletic Eligibility and Guidelines

All athletes will abide by the California Interscholastic Federation (CIF) rules. For more specific information, athletes and their families can visit the CIF website at ***www.cifsds.org***.

1. Residential Eligibility

i. The CIF requires that students who participate on a school team must be living with parents or legal guardians who reside within the school's attendance boundaries.

ii. If a student is transferring from another high school, they MUST contact the athletic director immediately to determine eligibility.

2. Academic Eligibility

i. The participant must be a full time student at their high school or middle school. Exception: Juniors and Seniors on graduation track may have a reduced schedule as long as the student is enrolled in 20 semester credits or otherwise satisfies CIF rules on enrollment.

ii. Academic – Students maintain an overall GPA of 2.0, and passing 4 classes in both citizenship and scholarship based on the most recent progress report or semester grade report. Students may be required to provide a periodic grade check when requested by the coach/advisor or athletic director.

iii. All 8th grade students who matriculate to grade 9 are immediately scholastically eligible for participation in athletic activities upon enrollment in high school. All 9th grade students will be granted a probationary period of unrestricted academic eligibility from the start of their first semester of ninth grade through the end of the first grading period (progress report). Students granted probationary eligibility must meet the required standards by the end of the probationary period. All 9th grade students must earn a 2.0 grade point average in citizenship and scholarship on the first progress report to remain academically eligible. Probation is for 9th grade students only**.**

iv. High school athletes planning to attend Division I colleges must be sure they have fulfilled the NCAA Clearinghouse Requirements (see school counselor for details).

v. Students enrolled in an Independent Study Program must be residents of the district and be enrolled in an Alternative Education Program supported through SUHSD. Students are responsible for contacting their school of residency. Students will be reviewed on a case by case basis to determine eligibility.

3. Athletic Clearance

i. No student will be allowed to practice or participate until

   a. Student and Parents complete the online athletic clearance process and information is verified by the athletic director.
   b. All school and athletic debts have been cleared.
   c. All outstanding/checked-out athletic uniforms and/or equipment is returned.

4. Behavior

i. **School Suspension**: Any student who has been suspended for violating the SUHSD discipline policy during school hours, on the way to or from school, or at a school-sponsored event, will be suspended from the team for no less than the same time period as the school suspension. A formal hearing with an administrator, coach/advisor, and athletic director will be held to determine the length of suspension from the team and if the student may continue to participate in the activity.

ii. **Team Suspension** – If a coach or advisor suspends a student, the student will be ineligible for participation in practice and games until a hearing with the administrator, coach/advisor, athletic director, parent and student is held to determine whether or not the student may remain on the team.

iii. **Citizenship** – Students are expected to maintain excellent citizenship in conjunction with the CIF *Six Pillars of Character* as well as the *Victory with Honor* standards. These standards ensure outstanding athlete behavior in class and all school events.

iv. **Proper Uniforms** – Athletes must wear uniforms or equipment as specified by the coach / athletic director, according to CIF and NFHS rules.

Code of Conduct for Students and Parents

1. CIF Code of Conduct for Student Athletes

Interscholastic athletic competition should demonstrate high standards of ethics and sportsmanship and promote the development of good character and other important life skills. The highest potential of sports is achieved when participants are committed to *pursuing victory with honor* according to the Six Pillars of Character**:** *trustworthiness, respect, responsibility, fairness, caring, and good citizenship.* This code applies to all student-athletes involved in interscholastic sports throughout California. In order to participate in high school athletics, you must act in accordance with the following:

i. Trustworthiness

***Trustworthiness* —** Be worthy of trust in all you do.
***Integrity* —** Live up to high ideals of ethics and sportsmanship and always pursue victory with honor. Do what's right even when it's unpopular or personally costly.
Honesty — Live and compete honorably. Don't lie, cheat, steal or engage in any other dishonest or unsportsmanlike conduct. Plagiarism or cheating is not acceptable.
Reliability — Fulfill commitments. Do what you say you will do. Be on time to practices and games.
Loyalty — Be loyal to your school and team. Put the team above personal glory.

ii. Respect

Respect — Treat all people with respect all the time and require the same of other student-athletes.
Class — Live and play with class; be a good sport; be gracious in victory and accept defeat with dignity; give fallen opponents help, compliment extraordinary performance, show sincere respect in pre- and post-game rituals.
Disrespectful Conduct — Don't engage in disrespectful conduct of any sort including profanity, obscene gestures, offensive remarks of a sexual or racial nature, trash-talking, taunting, boastful celebrations, or other actions that demean individuals or the sport.

Respect Officials — Treat contest officials with respect; don't complain about or argue with official calls or decisions during or after an athletic event.

iii. Responsibility

Importance of Education — Be a student first and commit to getting the best education I can. Be honest with myself about the likelihood of getting an athletic scholarship or playing on a professional level and remember that many universities will not recruit student-athletes that do not have a serious commitment to their education, the ability to succeed academically or the character to represent their institution honorably.

Role-Modeling — Remember, participation in sports is a privilege, not a right and that I am expected to represent my school, coach and teammates with honor, on and off the field. Consistently exhibit good character and conduct yourself as a positive role model. Suspension or termination of the participation privilege is within the sole discretion of the school administration.

Self-Control — Exercise self-control; don't fight or show excessive displays of anger or frustration; have the strength to overcome the temptation to retaliate.

Healthy Lifestyle — Safeguard your health; don't use any illegal or unhealthy substances including alcohol, tobacco and drugs or engage in any unhealthy techniques to gain, lose or maintain weight.

Integrity of the Game — Protect the integrity of the game; don't gamble. Play the game according to the rules.

iv. Fairness

Be Fair — Live up to high standards of fair play; be open-minded; always be willing to listen and learn.

v. Caring

Concern for Others — Demonstrate concern for others; never intentionally injure any player or engage in reckless behavior that might cause injury to myself or others.

Teammates — Help promote the well-being of teammates by positive counseling and encouragement or by reporting any unhealthy or dangerous conduct to coaches.

vi. Citizenship

Play by the Rules — Maintain a thorough knowledge of and abide by all applicable game and competition rules.

Spirit of Rules — Honor the spirit and the letter of rules; avoid temptations to gain competitive advantage through improper gamesmanship techniques that violate the highest traditions of sportsmanship.

2. CIF Code of Conduct for Parents/Guardians

i. The role of the parent in the education of a student is vital. The support shown in the home is often manifested in the ability of the student to accept the opportunities presented at school and in life.

ii. There is a value system – established in the home, nurtured in the school – which young people are developing. Their involvement in classroom and other activities contributes to that development. Trustworthiness, Citizenship, Caring, Fairness and Respect are lifetime values taught through extracurricular activities. These are the principles of good sportsmanship and character. With them, the spirit of competition thrives; fueled by honest rivalry, courteous relations and graceful acceptance of the results.

iii. As a parent of a student at our school, your goals should:

a. Realize that athletic activities are part of the educational experience and the benefits of involvement go beyond the final score of a game.
b. Encourage our students to perform their best as both an athlete and a student.
c. Participate in positive cheers that encourage our student athletes and discourage any cheers that taunt, intimidate, or demean opponents, their fans and officials.
d. Learn and understand the rules of the game and respect the officials who administer them.
e. Respect the task our coaches/advisors face as teachers and support them as they strive to educate, student athletes.
f. Respect our opponents as students and acknowledge them for striving to do their best.
g. Model dignity and sportsmanship under all circumstances.

Note: All Parents and student athletes will be required to read and acknowledge receipt of the CIF Code of Ethics during the SUHSD Online Athletic Clearance process.

3. Behavior Expectations of Parents at Athletic Contests

- Remember that you are at the contest to support and yell for your team, and to enjoy the skill and competition not to intimidate or ridicule the other team or its fans.

- Remember that school athletics are a learning experience for students and that mistakes are sometimes made. Praise student-athletes in their attempt to improve themselves as students, as athletes, and as people, just as you would praise a student working in the classroom.

- A ticket is a privilege to observe the contest, not a license to verbally assault others or be generally obnoxious.

- Learn the rules of the game, so that you may understand and appreciate why certain situations take place.

- Show respect for the opposing players, coaches, spectators and support groups.

- Respect the integrity and judgment of game officials. Understand that they are doing their best to help promote the student-athlete, and admire their willingness to participate in full view of the public.

- Recognize and show appreciation for an outstanding play by either team.

- Refrain from the use of any controlled substances (alcohol, drugs, etc.) before, during, and after the game on or near the site of the event (i.e. tailgating).

- Use only cheers that support and uplift the teams involved.

- Be a positive role model at events through your own actions and by censuring those around you whose behavior is unbecoming.

- Parents and spectators should be aware that the school can (and should) remove them from the premises and can prohibit them from attending future contests due to undesirable behaviors.

- Game officials can and will ask that school administrators have unruly fans removed from a contest facility.

- There is no such thing as a "right" to attend interscholastic athletics. Interscholastic athletics are considered a "privilege" and the spectator who avails themselves of it is expected to conduct himself or herself accordingly.

- Keep in mind that you are a guest of the school, and that while winning is certainly an admirable goal, it is hollow if it comes at the expense of morals, ethics, and just plain common sense. The school is responsible for the behavior of their spectators.

3. Parent/Coach Relationship

Both parenting and coaching are extremely difficult vocations. By establishing an understanding of each position, we are better able to accept the actions of others and provide a greater benefit to children. As parents, when your children become involved in our program, you have a right to understand what expectations are placed on your child. This begins with clear communication from the coach of your child's program.

COMMUNICATION YOU SHOULD EXPECT FROM YOUR CHILD'S COACH
• Philosophy of the coach
• Expectations the coach has for your child as well as the players on the squad
• Locations and times of all practices and contests
• Team requirements
• Procedure should your child be injured during practices or games
• Discipline that result in the denial of your child's participation

COMMUNICATION COACHES EXPECT FROM PARENTS
• Concerns expressed directly to the coach
• Notification of any schedule conflicts well in advance
• Specific concerns in regard to a coach's philosophy and or expectations

As your children become involved in the programs in the Sweetwater Union High School District, they will experience some of the most rewarding moments of their lives. It is important to understand that there also may be times when things do not go the way you or your child wishes. At these times, discussion with the coach is encouraged.

APPROPRIATE CONCERNS TO DISCUSS WITH COACHES
• Ways to help your child improve
• The treatment of your child, mentally and physically
• Concerns about your child's behavior

It is difficult to accept your child's not playing as much as you may hope. The coaches are professionals. They make decisions based on what they believe is best for all students involved. As you have seen from the list above, certain things can be and should be discussed with your child's coach. Other things, such as the items listed below must left to the discretion of the coach:

ISSUES NOT APPROPRIATE TO DISCUSS WITH COACHES

- Playing time
- Team position
- Team strategy
- Play calling
- Other student-athletes

There are situations that may require a conference between the coach and the parent. These are to be encouraged. It is important that both parties involved have a clear understanding of the other's position. When these conferences are necessary, the procedure listed below should be followed to help promote a resolution to the issues of concern.

3. Complaints or Concerns

i. When a conflict or issue arises, it is important that it be addressed immediately and as directly as possible so that it can be promptly resolved. In an effort to establish and maintain clear lines of communication between the athletic department staff, student-athletes, and parents/guardians, coaching staff will establish a specific time and day to meet with athletes and/or parents as requested. **Athletes or Parents should NEVER confront a coach before, during or after a contest/game or practice.** If or/when a conflict or issue arises, the following process is in place to effectively address a specific concern:

Step 1- Student-Athlete Contacts Coach:
We encourage athletes to become their own advocates and to contact the coach regarding the conflict/issue as soon as possible. It is anticipated that the majority of concerns will be resolved at this step.

Step 2- Parent Contacts Coach:
If needed, a parent may contact the coach directly-but never before, during or after a game or practice. A parent should contact the coach by email or phone to set up an appropriate day and time to discuss their concern.

Step 3 Contact the Athletic Director:
In situations where a satisfactory solution is not reached through direct contact with the coach, the athlete and/or parent should contact the Athletic Director. The athlete and/or parent should inform the coach that this contact will be made. A meeting may be scheduled involving all concerned parties in an attempt to reach a satisfactory resolution. The Athletic Director will respond to athletes and/ or parents' concerns/issue in a timely manner.

Step 4: Contact the Assistant Principal Overseeing Athletics:
If after meeting with the Athletic Director, there is still not a satisfactory resolution, the athlete and/or parent may contact the school's Assistant Principal overseeing athletics. The athlete and/or parent should inform the Athletic Director that this contact will be made. At this meeting, the appropriate next step can be determined. While there is no guarantee that all parties will agree with the findings or resolution, a thorough, respectful airing of different viewpoints and experiences can lead to a more productive relationship and a clearer understanding moving forward.

Retribution or retaliation is prohibited in the California Education Code. Students and parents must be confident that voicing an opinion or concern in a respectful manner and using the proper process, is free from penalty or retribution. The Athletic Director and coaches are required to ensure that after a student or parent raises an issue or concern, there shall be no "retribution" in any form within the Sweetwater Union High School District.

Awards/Uniform/Equipment

1. Awards and Award Ceremony

i. Awards and end of season ceremonies are organized and managed by each individual site. A student/athlete must meet the following requirements before participating in award ceremony or banquet:
   a. Complete the entire season, including post-season if applicable, in good standing.
   b. All equipment returned.
   c. All school and athletic debts cleared.

2. Equipment/Uniform

Students are responsible for the security of their equipment and uniforms. In some cases, particularly with game uniforms, the replacement fee may be higher than the original purchase price because special processing and printing may be required to duplicate the uniform**.**

i. Students are expected to turn in the same piece(s) of equipment checked out to them. They will be fined if they do not return the same pieces of equipment /uniforms that were issued to them.

ii. Equipment should be returned in the same condition as it was received. Equipment and uniforms should be cleaned and washed before being returned. Students are expected to make arrangements to have torn or ripped clothing repaired prior to turning it into the coach.

Discipline

1. Discipline Consequences

i. Athletes are to conform to SUHSD's Board Policies (BP) and Administrative Regulations (AR) as stated in the SUHSD Discipline Policy. A student who has been suspended from school for violating the Discipline Policy will be suspended from any practices/games occurring during that same period of time.

ii. In addition to the district expectations for student conduct, each coach has the authority and responsibility, with the approval of the Athletic Director and school Principal, to establish his/her own rules and standards of behavior as they apply to his/her sport. All team rules must be in writing and clearly communicated to each team member and parent(s) at the beginning of the season. Coaches have the right to suspend or dismiss participants for conduct considered detrimental to the team or school. Any serious discipline issues that occur will be handled by the principal or designee.

Transportation

2. Transportation

i. The district provides transportation to almost all away events/games. Students are expected to ride to and from events/games on district provided transportation.

a. SUHSD Transportation Department and the school site often determine bus departure times.

b. The Superintendent or his/her designee may authorize the transportation of students by private vehicle when the vehicle is driven by an adult age 21 or older who possesses a valid California driver's license or a valid license from his/her state of residence if he/she is a nonresident on active military duty in California. To be approved, a driver shall have a good driving record and possess at least the minimum insurance required by law. Any person providing transportation in a private vehicle shall register with the district for such purposes. All students will dress in an appropriate manner for bus trips as determined by coach/advisor.
The number of passengers, including the driver, shall not exceed the capacity for which the vehicle was designed. Motor trucks may not transport more persons than can safely sit in the passenger compartment. The driver shall also ensure that the manufacturer's recommendations for his/her vehicle are followed regarding the seating of children in seats equipped with airbags.
Note: All students must return on the bus unless a personal request is made by a parent(s)/guardian(s)/caregiver(s) that a pupil be released from returning by bus. This request is at the coach/advisor's discretion.

c. Personal items are the responsibility of the students. Personal electronic devices may be allowed at the coach/advisor's discretion.

ii. On rare occasions when a bus is not available for an off-campus game/event, a coach/advisor may make arrangements for parent drivers. However, the principal or his/her designee shall ensure that the following conditions have been met:

1. The owner of the vehicle to be used in transporting the students carries a minimum insurance of $100,000 bodily injury per person; $300,000 per accident and $50,000 property damage, or, in lieu therefore $300,000 combined single limit.

2. The driver has completed and has on file a current Driver Information Form Number 4124-80.

3. With the proposed number of passengers and driver, the vehicle will not be overloaded.

a. Vehicles shall be considered overload if carrying more than the number of persons, including the driver, for which a seat belt is designed (one person per seat belt).

b. This particularly applies to station wagons, vans, SUVs designed for carrying more than six persons, including the drives, and/or buses whose seating capacity has been permanently reduced.

District Nondiscrimination and Harassment Policy

Nondiscrimination

"Sweetwater Union High School District programs and activities shall be free from discrimination based on age, gender, gender identity or expression, or genetic information**,** sex, race, color, religion, ancestry, national origin, ethnic group identification, marital or parental status, physical or mental disability, sexual orientation; the perception of one or more of such characteristics; or association with a person or group with one or more of these actual or perceived characteristics."

The Superintendent or designee shall review district programs and activities to ensure the removal of any barrier that may unlawfully prevent an individual or group in any of the protected categories stated above from accessing district programs and activities, including the use of facilities. He/she shall take prompt, reasonable actions to remove any identified barrier.

Bullying

The Governing Board believes that all students have the right to be educated in a positive learning environment free from disruptions. Students shall be expected to exhibit appropriate conduct that does not infringe upon the rights of others or interfere with the school program while on school grounds, while going to or coming from school, while at school activities, and while on district transportation. Prohibited student conduct includes, but is not limited to harassment of students or staff, including bullying, intimidation, cyber bullying, hazing or initiation activity, ridicule, extortion, or any other verbal, written, or physical conduct that causes or threatens to cause bodily harm or emotional suffering. Board Policy 5131.2

Sexual Harassment

The Governing Board is committed to maintaining a learning environment that is free of harassment. Board Policy 5145.7 prohibits the unlawful sexual harassment of any student by any employee, student, or other person at school or at any school-related activity. The District is committed to taking serious, immediate and appropriate action with respect to violations of sexual harassment policy. Students shall be assured that they need not endure any form of sexual harassment. They shall further be assured that they need not endure, for any reason, any harassment that impairs the educational environment or a student's emotional well-being at school. Should a student believe that he/she has been subjected to sexual harassment, he/she shall file a complaint in accordance with the guidelines outlined under the Uniform Complaint Procedures. Students can be assured that the District will not tolerate retaliation as a result of the filing of a complaint. Any student who engages in the sexual harassment of anyone at school or a school related activity shall be subject to disciplinary action.

Uniform Complaint Procedure

It is the goal of the Sweetwater Union High School District to ensure compliance with applicable state and federal laws and regulations governing educational programs. The District shall follow the Uniform Complaint Procedure when addressing complaints alleging unlawful discrimination on the basis of actual or perceived ancestry, color, ethnic group identification, national origin, race, religion, sex, gender (including sexual harassment), sexual orientation, or physical and/or mental disability in any program or activity that receives or benefits from state financial assistance or for the alleged failure to comply with state or federal law when addressing complaints regarding adult basic education, consolidated categorical aid programs, migrant education, vocational education, child care and development programs, child nutrition programs and special education programs. More detailed information regarding the Uniform Complaint Procedure is contained in the Sweetwater Union High School District Parent's Rights and Responsibilities Handbook. If you have questions regarding the Uniform Complaint Procedure, please contact the SUHSD Compliance department at (619) 796-7720

Assurance of Nondiscrimination

The Sweetwater Union High School District shall be free from discrimination, harassment, intimidation and bullying against an individual or group based on age; gender, gender identity or expression, or genetic information; sex, actual or potential parental, family, or marital status that treats students differently on the basis of sex; race, color, religion, ancestry, national origin, ethnic group identification, physical or mental disability, sexual orientation, immigration status; the perception of one or more of such characteristics; or association with a person or group with one or more of these actual or perceived characteristics. The Board of Trustees is determined to provide students, employees, community members and job applicants a safe, positive environment where they are assured full and equal employment access and opportunities, protection from harassment, intimidation, bullying, and freedom from fear of retaliation for asserting their rights in accordance with that law. The Board shall promote programs that ensure discriminatory practices are eliminated in all district activities. The Sweetwater Union High School District requires that school personnel take immediate steps to intervene when safe to do so when he or she witnesses an act of discrimination, harassment, intimidation or bullying.

For more information, please refer to SUHSD Board Policy 0410 – Nondiscrimination in District Programs and Activities/Title IX.

Questions or complaints of alleged discrimination, harassment, intimidation, and bullying, as well as Title IX-related concerns should be directed to the following individuals:

TITLE IX Coordinator/Compliance
Robert Hughes Chief Compliance Officer
670 L Street Suite G
Chula Vista, CA 91911
(619) 796-7720
compliance@sweetwaterschools.org

Title IX Appeal Officer
Dr. Vernon Moore
Chief of Education Equity and Support
1130 Fifth Avenue
Chula Vista, CA 91911
(619) 691-5564
vernon.moore@sweetwaterschools.org

Student Nondiscrimination/Section 504/Title IX Officer:
Sonia Picos
Director, Student Support Services
1130 Fifth Avenue
Chula Vista, CA 91911
(619) 691-5564
sonia.picos@sweetwaterschools.org

Special Education:
Michelle Sturm-Gonzalez
Director, Special Services
670 L Street, Suite A
Chula Vista, CA 91911
(619) 796-7750
michelle.sturm-gonzalez@sweetwaterschools.org

SWEETWATER
UNION HIGH SCHOOL DISTRICT

Acknowledgment of Athletic Handbook Form

Name_____List Sport(s) _____
(Last) (First)

Birth Date_____/_____/_____Age_____Grade_____☐ Female ☐ Male

Parent / Guardian Name: _____

Cell Phone Number: _____ ____

Father Email_____@_____

Mother Email_____@_____

Home Address_____City_____Zip _____

Consent Statements – Please read carefully and sign below.

- I hereby give my consent for the above-named student to have his/her picture and/or statistics published. This may include print/electronic media.
- I hereby authorize the SUHSD or a representative to transport and supervise the above-named student on any trip.
- I hereby give my consent, in case this student is injured or becomes ill, for the school and/or its representative to secure medical aid, ambulance transportation, and for the medical agency to render treatment.
- I hereby give my consent to the team physician, emergency doctor, nurse, athletic trainer, teacher and/or coach to apply first aid treatment until the family doctor can be contacted.
- I, as a student athlete, have read and will adhere to the CIF Code of Ethics for Interscholastic Student Athletes.
- I, as a parent/guardian, have read and will adhere to the CIF Code of Ethics for parents/guardians.

WE HAVE READ AND UNDERSTAND ALL OF THE RESPONSIBILITIES AS OUTLINED IN BOTH THE STUDENT/PARENT HANDBOOK AND ANY ADDITIONAL GUIDELINES (If applicable) ATTACHED BY THE COACH OR TEACHER.

_____ _____
Parent/Guardian Signature **Date**

_____ _____
Student Signature **Date**