

Aug/Sept 2026 High School Lunch

EVERYDAY ALTERNATE MEAL CHOICES

Available daily

- Garden Salad
- Deli Sandwich
- International Line
- Alternate Hot Lunch Line

TREATS & DRINKS

À la carte line available daily

Students can purchase additional items to enjoy with their lunch, including healthy baked goods, Frazil 100% juice slushies, whole grain chips, ice cream, and more! All options are CT Smart Snack compliant.

STAFF MEALS

- Hot Lunch - \$5.25
- Slice of Pizza Only - \$3.00

STUDENT LUNCH

High School - \$4.25
Free/Reduced - \$0.00

This institution is an equal opportunity provider. Menu subject to change based on product availability.

Questions? Contact Food Services at
(860) 449-7208



Monday	Tuesday	Wednesday	Thursday	Friday
8/31 Hamburger or Cheeseburger French Fries, Assorted Veggies, Fruit, Milk	9/1 Ham & Cheese Grinder w/ Lettuce, Doritos, Assorted Veggies, Fruit, Milk	9/2 Nacho Day! Seasoned Beef, Warm Cheese Sauce, Tortilla Chips, Fiesta Rice, Salsa, SC, Lettuce, Tomato, Fruit, Milk	9/3 Breaded Chicken Patty on Bun, Smiley Fries, House Made Coleslaw, Assorted Veggies, Fruit, Milk	9/4 Assorted Pizza, Assorted Fruit, Caesar Salad, Milk
9/7 No School!	9/8 All Beef Hot Dog on Bun, Baked Beans, Chips, Assorted Veggies, Fruit, Milk	9/9 French Toast Sticks, Sausage Patty, Hash Brown Assorted Veggies, Fruit, Milk	9/10 Chicken Nuggets w/ BBQ Ranch Dip Smiley Fries, Garlic Knot Assorted Veggies, Fruit, Milk	9/11 Assorted Pizza, Assorted Fruit, Caesar Salad, Milk
9/14 Chicken & Cheese Quesadilla Salsa & Sour Cream, Lettuce, Tomato, Assorted Fruit, Milk	9/15 - Early Dismissal Turkey & Cheese Grinder w/ Lettuce, Doritos Assorted Veggies, Fruit, Milk	9/16 Pasta Day! Buttered pasta or pasta with meat sauce, Parmesan Cheese, Garlic Bread, Veggie, Fruit, Milk	9/17 Breaded Chicken Patty on a Soft Bun, Pasta Salad, Assorted Veggies, Fruit, Milk	9/18 Assorted Pizza, Assorted Fruit, Caesar Salad, Milk
9/21 Mozzarella Sticks w/ Marinara, Dinner Roll Assorted Veggies, Fruit, Milk	9/22 Creamy Mac & Cheese, Baked Ham, Roasted Broccoli Cornbread Assorted Fruit, Milk	9/23 Pepperoni and Melted Cheese on a Croissant, Tater Tots, Milk Assorted Fruit	9/24 Popcorn Chicken w/ Garden Ranch Dip Sweet Potato Fries, Garlic Knot, Assorted Fruit, Milk	9/25 Assorted Pizza, Assorted Fruit, Caesar Salad, Milk
9/28 Hamburger or Cheeseburger Scratch Made Pickles French Fries, Assorted Veggies, Fruit, Milk	9/29 Chicken Teriyaki Roasted Broccoli, Fried Rice, Dinner Roll, Fortune Cookie Assorted Veggies, Fruit, Milk	9/30 Roast Turkey w/ Gravy, Mashed Potatoes, Steamed Corn, Dinner Roll Assorted Fruit and Milk	Students are offered the five meal components: protein, grain, fruit, vegetable, and milk. Students must select at least three components, and one must be a fruit or vegetable, to make a complete meal.	