

Aug/Sept 2026 High School Breakfast

Breakfast is FREE for all students!

Milk only: \$0.50

Staff Breakfast: \$3.25

2 DAILY BREAKFAST CHOICES

Hot Line or Grab & Go Line

**STUDENT
NUTRITION
PROGRAM**



GROTON PUBLIC SCHOOLS

This institution is an equal opportunity provider. Menu subject to change based on product availability.

Questions? Contact Food Services at
(860) 449-7208



Monday	Tuesday	Wednesday	Thursday	Friday
8/31 Pancakes Sausage Assorted Fruit, Milk	9/1 Warm Breakfast Sandwich Assorted Fruit, Milk	9/2 Warm Cinnamon Roll Assorted Fruit, Milk	9/3 Warm Muffin Assorted Fruit, Milk	9/4 Warm Breakfast Sandwich Assorted Fruit, Milk
9/7 No School!	9/8 Warm Breakfast Sandwich Assorted Fruit, Milk	9/9 Warm Cinnamon Roll Assorted Fruit, Milk	9/10 Warm Muffin Assorted Fruit, Milk	9/11 Warm Breakfast Sandwich Assorted Fruit, Milk
9/14 Bagel w/ Cream Cheese Assorted Fruit, Milk	9/15 - Early Dismissal Warm Breakfast Sandwich Assorted Fruit, Milk	9/16 Warm Cinnamon Roll Assorted Fruit, Milk	9/17 Warm Muffin Assorted Fruit, Milk	9/18 Warm Breakfast Sandwich Assorted Fruit, Milk
9/21 French Toast Sticks Sausage Assorted Fruit, Milk	9/22 Warm Breakfast Sandwich Assorted Fruit, Milk	9/23 Warm Cinnamon Roll Assorted Fruit, Milk	9/24 Warm Muffin Assorted Fruit, Milk	9/25 Warm Breakfast Sandwich Assorted Fruit, Milk
9/28 Pancakes Sausage Assorted Fruit, Milk	9/29 Warm Breakfast Sandwich Assorted Fruit, Milk	9/30 Warm Cinnamon Roll Assorted Fruit, Milk	Students are offered at least three breakfast components: milk, fruit, and a whole grain. Students must select at least three items, and one of those items must be a fruit, to make a complete breakfast.	