

Aug/Sept 2026 Elementary Lunch

ELEMENTARY LUNCH

- Charles Barnum: \$3.75
- Northeast Academy: \$3.75
- Free/Reduced: \$0.00

CEP Schools: FREE for all students

- Catherine Kolnaski: \$0.00
- Mystic River Magnet: \$0.00
- Thames River Magnet: \$0.00

Milk only: \$0.50

Staff Lunch: \$5.25



This institution is an equal opportunity provider. Menu subject to change based on product availability.

Questions? Contact Food Services at
(860) 449-7208



Monday	Tuesday	Wednesday	Thursday	Friday
8/31 All Beef Hot Dog on Bun, Baked Beans, Chips, Assorted Veggies, Fruit, Milk	9/1 Ham & Cheese Grinder w/ Lettuce, Doritos Assorted Fruit, Veggies, Mi	9/2 Chicken Nuggets w/ BBQ or Ranch Dip Curly Fries, Garlic Knot Assorted Veggies, Fruit, Milk	9/3 Grilled Cheese Sandwich Smiley Fries, Assorted Veggies, Fruit, Milk	9/4 Cheese or Turkey Pepperoni Pizza 100% Juice Frozen Treat, Caesar Salad, Milk
9/7 No School!	9/8 Hamburger or Cheeseburger Scratch Made Pickles, French Fries, Assorted Veggies, Fruit, Milk	9/9 French Toast Sticks, Sausage Patty, Hash Brown Assorted Veggies, Fruit, Milk	9/10 Roast Turkey w/ Gravy, Mashed Potatoes, Steamed Corn, Dinner Roll Assorted Fruit and Milk	9/11 Cheese or Sausage Pizza Assorted Fruit, Caesar Salad, Milk
9/14 Chicken & Cheese Quesadilla Salsa & Sour Cream, Lettuce, Tomato, Assorted Fruit, Milk	9/15 - Early Dismissal Turkey & Cheese Grinder w/ Lettuce, Doritos Assorted Veggies, Fruit, Milk	9/16 Pasta Day! Buttered pasta or pasta with meat sauce, Parmesan Cheese, Garlic Bread, Veggie, Fruit, Milk	9/17 Breaded Chicken Patty on a Soft Bun, Pasta Salad, Assorted Veggies, Fruit, Milk	9/18 Cheese or BBQ Chicken Pizza 100% Juice Frozen Treat, Caesar Salad, Milk
9/21 Mozzarella Sticks w/ Marinara, Dinner Roll Assorted Veggies, Fruit, Milk	9/22 Creamy Mac & Cheese Roasted Broccoli Dinner Roll, Assorted Fruit, Milk	9/23 Nacho Day! Seasoned Beef, Warm Cheese Sauce, Tortilla Chips, Fiesta Rice, Salsa, SC, Lettuce, Tomato, Fruit, Milk	9/24 Popcorn Chicken w/ Garden Ranch Dip Sweet Potato Fries, Garlic Knot, Assorted Fruit, Milk	9/25 Cheese or Taco Pizza Assorted Fruit, Caesar Salad, Milk
9/28 Hamburger or Cheeseburger Scratch Made Pickles French Fries, Assorted Veggies, Fruit, Milk	9/29 Chicken Teriyaki Roasted Broccoli, Fried Rice, Dinner Roll, Fortune Cookie Assorted Veggies, Fruit, Milk	9/30 Turkey Pepperoni and Melted Cheese on a Croissant, Tater Tots Assorted Veggies, Fruit, Milk	Students are offered the five meal components: protein, grain, fruit, vegetable, and milk. Students must select at least three components, and one must be a fruit or vegetable, to make a complete meal.	