



Broward County Public Schools K-8 Physical Education Waiver Request

Directions: Complete BCPS K-8 Physical Education Waiver Request and submit to school administration. BCPS K-8 Physical Education Waiver Request must be completed each year for a new request.

SECTION I.

Student Name: _____

Student Number: _____

School: _____

Date: _____

SECTION II.

Statement of Understanding:

It is recommended that all students seek to develop both their mind and body to the greatest extent possible. Classes of physical education are essential for all students so they can learn and practice a healthy lifestyle. Section 1003.455, Florida Statutes, requires 150 minutes each week of physical education for students in kindergarten through grade 5 and for students in grade 6 who are enrolled in a school that contains one or more elementary grades so that on any day during which physical instruction is conducted there are at least 30 consecutive minutes per day and the equivalent of one class period per day of physical education for one semester of each year for students in middle school. Therefore, the School Board of Broward County requires all students in grades Kindergarten through 8th grade to participate in physical education class. However, per FL Statute 1003.455, a waiver may be requested for the following reasons:

1. Student is enrolled or required to enroll in a remedial course.
2. The student's parent/legal guardian indicates, in writing, to the school that either:
The student enrolls in another course from among those offered as options by the school district OR
The student is participating in physical activities outside the school day which are equal to or in excess of the mandated requirement (Elementary: 150 minutes weekly; Middle: 70-75 hours per semester)

☐ I acknowledge that the school/district notified me of all PE Waiver options before scheduling my student into PE

Student Signature

Date

Parent/Legal Guardian Signature

Date

Section III.

Parent Permission:

As a parent/legal guardian of the above named student, I understand and allow the student to substitute his/her participation in physical education by involvement in the following

☐ Enrollment in another course or remedial course offered as an option by Broward County Public Schools

- Course Chosen: _____

OR

☐ Participating in a physical activity outside of the school day, that are equal to or in excess of the mandated requirement (K-5 and 6th in K-8 schools: 150 minutes weekly; 6th – 8th : 70-75 hours per semester)

- Activity chosen: _____
- Attach Verification (coach letter, league registration, attendance log, etc)

I attest that the information I have provided on this waiver form is accurate:

Parent/Legal Guardian Name – Please Print

Date

Parent/Legal Guardian – Signature

School Administrator – Signature

Date

****Please note this waiver does not waive the 100 minutes of free-play recess required for K-5.****