

Weymouth Township School Pre-K LUNCH MENU September 2026



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3 Cheeseburger FEATURED VEGGIE Oven Fries	4 Stuffed Crust Pizza FEATURED VEGGIES Veggie Patch
7	8 Pancakes & Sausage FEATURED VEGGIE Grape Tomatoes	9 Grilled Cheese Sandwich FEATURED VEGGIE Celery Sticks	10 Cheeseburger FEATURED VEGGIE Baked Beans	11 Pizza Crunchers FEATURED VEGGIES Veggie Patch
14 Chicken Nuggets with Goldfish FEATURED VEGGIE Oven Fries	15 Pancakes & Sausage FEATURED VEGGIE Corn	16 Grilled Cheese Sandwich FEATURED VEGGIE Carrots Sticks	17 Cheeseburger FEATURED VEGGIE Fresh Broccoli	18 French Bread Pizza FEATURED VEGGIES Veggie Patch
21 Chicken Nuggets with Goldfish FEATURED VEGGIE Fresh Cucumber Slices	22 Pancakes & Sausage FEATURED VEGGIE Grape Tomatoes	23 Grilled Cheese Sandwich FEATURED VEGGIE Oven Fries	24 Cheeseburger FEATURED VEGGIE Fresh Broccoli	25 Cheesy Pizza FEATURED VEGGIES Veggie Patch
28 Chicken Nuggets with Goldfish FEATURED VEGGIE Fresh Cucumber Slices	29 Pancakes & Sausage FEATURED VEGGIE Grape Tomatoes	30 Grilled Cheese Sandwich FEATURED VEGGIE Green Beans	1 Cheeseburger FEATURED VEGGIE Tater Tots	2 Pizza Dippers FEATURED VEGGIES Veggie Patch

WHAT MAKES IT A MEAL!

Students are served in the classroom.

- Whole Grain
- Protein
- Vegetable
- Fruit
- 1% Milk

Lunch Prices

Student \$3.70
Adult \$4.70

Available Daily

Uncrustable Meal with Veggie and Fruit

Milk Selection

[1% White Milk]

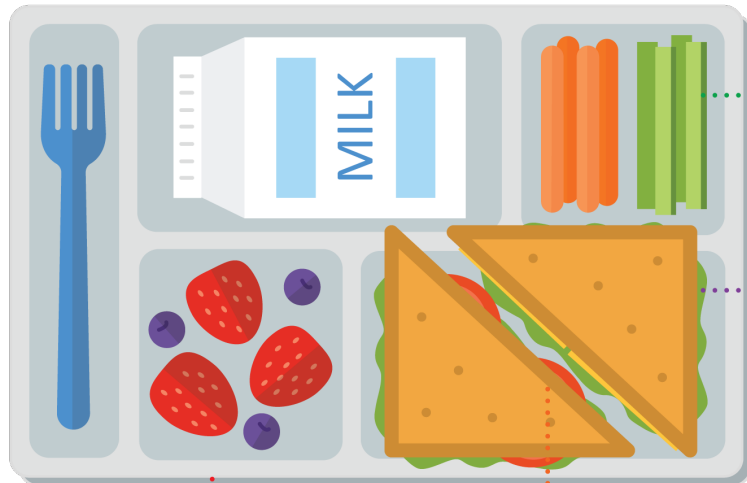
Your Dining Services Team

Rachel Adams
Food Service Director
(609) 476-2412 ext. 5
wey@nsfm.com



Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

NUTRI-SERVE
FOOD MANAGEMENT, INC. by Metz



MILK IS MIGHTY

Non-fat and low fat options. Flavors like chocolate and strawberry. Calcium builds bones and teeth!



GNAW ON RAW

Veggie Patch, salad, and cooked. Veggies have fiber for digestion



POWER UP WITH PROTEIN

Meat, cheese, eggs, yogurt, and peanut butter. Protein helps us grow!



WHOLE GRAINS = WHOLE PACKAGE

Bread, cereal, and crackers. Grains give us energy!



PURSUIT FOR FRUIT

Fresh, cupped, or 100% juice, fruit is nutrient-packed!

MAKE IT A MEAL!

Choose at least **3** of **5** meal components for the school lunch price:

Meat/Meat Alternative, Whole Grain, Fruit, Vegetable, Milk

A minimum of ½ cup serving of fruit or vegetable must accompany a school lunch.

LUNCH PRICES

Student Lunch:	\$3.70
Adult Lunch:	\$4.70

schoolcafé

View menus on the go!
SchoolCafe provides an easy way to view our menus and manage your account.



Meet Your
nutritious friends

Peach Puppies



[ADD HEADING HERE]

[add text here]

Rachel Adams, Food Service Director
(609) 475-2412 | wey@nsfm.com

NUTRI-SERVE
FOOD MANAGEMENT, INC. by Metz