

For any questions contact the Food Service Department at 914-777-4845
 Director- Denise Delpesh
 ddelpesh@ryeneck.org

Menus are subject to change



Powering potential.




September 2026

RYE NECK MIDDLE & HIGH SCHOOL LUNCH MENU

September 1st - 4th

- MAIN
- PASTA
Offered with Fresh Breads
- GRILL
- PIZZA
- SIDES

MON	TUES	WED	THURS	FRI
		Country Popcorn Chicken Potato Bowl Warm Biscuit	Homemade French Toast with Assorted Toppings	Chicken and Veggie Dumplings Fried Rice
		Pasta with Garlic and Oil with or without Grilled Chicken	Cheesy Baked Pasta	Homemade Mac and Cheese
		BLT Bacon, Lettuce and Tomato	BLT Bacon, Lettuce and Tomato	BLT Bacon, Lettuce and Tomato
		Sausage	Chicken & Pepper Popper	Bacon Chicken Ranch
SCHOOL CLOSED	SCHOOL CLOSED	Roasted Corn Garbanzo Bean Salad French Fries	Tater Tots Roasted Cauliflower French Fries	Roasted Carrot Sticks Roasted Broccoli French Fries

This institution is an equal opportunity provider



Available Daily

- ☐ Assorted Pizzas
- ☐ Cheeseburgers and Hamburgers
 - ☐ Nacho Bar
- ☐ Made to order Boar's Head Deli Bar
 - ☐ Grab and Go Yogurt Parfaits
- ☐ Grab add Go Sandwiches and Salads

Join us for Wacky Wednesday where every Wednesday brings a surprise meal

Rotating Seasonal Fresh Fruit

Melons, Pears and Grapes

Rotating Seasonal Fresh Vegetables Selection

Heirloom Tomatoes, Sweet Corn and Bell Peppers

First Meal Free for Students

All Lunches Include:
 Whole Grains, Meat/Meat Alternative, Vegetables, Fresh Fruit, 100% Juice and 1% White, Skim White or Skim Chocolate (no high fructose corn syrup)

If you would like to view menu items nutritional information, please navigate to the following site and choose the following building and click "Today's Lunch" and change view to "Weekly"

[Rye Neck UFSD Dining - Rye Neck UFSD Dining](#)

Menus are
subject to change



Powering
potential.



September 2026

RYE NECK MIDDLE & HIGH SCHOOL LUNCH MENU

September 7th - 11th

	MON	TUES	WED	THURS	FRI
MAIN	LABOR DAY SCHOOL CLOSED	Beef and Broccoli Brown Rice	Chicken or Beef Gyro on Pita Bread Tzatziki Sauce	Homemade Fluffy Pancake Bar Pork Sausages	Honey Stung Chicken Stir Fried Rice
PASTA Offered with Fresh Breads		Pasta Carbonara with or without Chicken	Cheese Ravioli with Classic Marinara Sauce	Buttered Pasta with or without Grilled Chicken	Pasta with Beef Bolognese or Marinara Sauce
GRILL	LABOR DAY SCHOOL CLOSED	Grilled Chicken Cheesesteak	Grilled Chicken Cheesesteak	Grilled Chicken Cheesesteak	Grilled Chicken Cheesesteak
PIZZA		Taco	Buffalo Roasted Cauliflower	White	Meat Lover with Pork Sausage and Pepperoni
SIDES	LABOR DAY SCHOOL CLOSED	Roasted Broccoli Stir Fry Cabbage French Fries	Roasted Cauliflower Roasted Zucchini French Fries	Homemade Home Fries Buttered Green Peas French Fries	Roasted Pinto Beans Roasted Carrots French Fries

This institution is an equal
opportunity provider

Available Daily

- ☐ Assorted Pizzas
- ☐ Cheeseburgers and Hamburgers
 - ☐ Nacho Bar
- ☐ Made to order Boar's Head Deli Bar
 - ☐ Grab and Go Yogurt Parfaits
- ☐ Grab and Go Sandwiches and Salads

Join us for Wacky Wednesday where every Wednesday
brings a surprise meal

Rotating Seasonal Fresh Fruit

Peaches, Plums and Strawberries

Rotating Seasonal Fresh Vegetable Selection

Heirloom Tomatoes, Sweet Corn
and Bell Peppers

First Meal Free for Students

All Lunches Include:
Whole Grains, Meat/Meat Alternative,
Vegetables, Fresh Fruit, 100% Juice and 1%
White, Skim White or Skim Chocolate
(no high fructose corn syrup)

If you would like to view menu items nutritional
information, please navigate to the following site
and choose the following building and click
"Today's Lunch" and change view to "Weekly"
[Rye Neck UFSD Dining - Rye Neck UFSD Dining](#)



For any questions contact the Food Service Department at 914-777-4845
 Director-Denise Delpesh
 ddelpesh@ryeneck.org

Menus are subject to change

aramark
 STUDENT NUTRITION



September 2026

RYE NECK MIDDLE & HIGH SCHOOL LUNCH MENU

September 14th – 18th

Powering potential.

	MON	TUES	WED	THURS	FRI
MAIN	Chicken Fajitas Bar	Build your own Crunch Fish Taco with Warm Tortillas and Associated Toppings	Oven Fried Chicken with Creamy Mashed Potatoes	Belgian Waffles Bar	Chicken Tikka Masala with Rice
PASTA Offered with Fresh Breads	Vegetable Lo Mein with or without Chicken Teriyaki	Penne Alla Vodka with or without Chicken	Spaghetti and Beef Meatballs in Marinara Sauce	Spicy Chicken and Street Corn Mac and Cheese	Pasta Primavera with Zucchini and Peppers
GRILL	Toasted Ham and Cheese Bagel Melt	Pesto Chicken Flatbread	Toasted Ham and Cheese Bagel Melt	Presto Chicken Flatbread	Toasted Ham and Cheese Bagel Melt
PIZZA	Vegetable Pesto	Cheeseburger	Buffalo Chicken	Greek	Chicken Parm
SIDES	Buttered Corn Sauteed Spinach French Fries	Pickled Radishes Roasted Mix Vegetables French Fries	Sauteed Cabbages Roasted Carrots French Fries	Hash Browns Sauteed Green Peas French Fries	Roasted Garbanzo Beans Sauteed Mushrooms French Fries

This institution is an equal opportunity provider

First Meal Free for Students

All Lunches Include:
 Whole Grains, Meat/Meat Alternative, Vegetables, Fresh Fruit, 100% Juice and 1% White, Skim White or Skim Chocolate
 (no high fructose corn syrup)

If you would like to view menu items nutritional information, please navigate to the following site and choose the proper building and click "Today's Lunch" and change view to "Weekly" [Rye Neck UFSD Dining - Rye Neck UFSD Dining](https://ryeneckufsd.dining-rye-neckufsd.dining)



Available Daily

- ☐ Assorted Pizzas
- ☐ Cheeseburgers and Hamburgers
 - ☐ Nacho Bar
- ☐ Made to order Boar's Head Deli Bar
 - ☐ Grab and Go Yogurt Parfaits
- ☐ Grab add Go Sandwiches and Salads

Join us for Wacky Wednesday where every Wednesday brings a surprise meal

Rotating Seasonal Fresh Fruit

Peaches, Plums and Strawberries

Rotating Seasonal Fresh Vegetable Selection

Heirloom Tomatoes, Sweet Corn and Bell Peppers

Menus are subject
to change



Powering
potential.™



September 2026

RYE NECK MIDDLE & HIGH SCHOOL LUNCH MENU

September 21st – 25th

	MON	TUES	WED	THURS	FRI
MAIN	YOM KIPPUR SCHOOL CLOSED	General Tso's Beef with Vegetables Brown Rice	Roasted Bone-In-Chicken with Roasted Potatoes	Homemade French Toast Bar	Curry Chicken with Rice and Warm Pita Bread
PASTA Offered with Fresh Breads		Pasta with Chicken Parm and Marinara Sauce	Cheesy Baked Penne	Nut Free Pesto Pasta with or without Chicken	Cheese Tortellini with Marinara Sauce
GRILL	YOM KIPPUR SCHOOL CLOSED	Grilled Turkey Reuben Sandwich	Grilled Turkey Reuben Sandwich	Grilled Turkey Reuben Sandwich	Grilled Turkey Reuben Sandwich
PIZZA		BBQ Chicken	Spicy Sausage, Roasted Peppers and Onion Panini	Chicken and Pepperoni	Sausage
SIDES	YOM KIPPUR SCHOOL CLOSED	Roasted Broccoli Roasted Cauliflower French Fries	Sauteed Pinto Beans Roasted Carrots French Fries	Tater Tots Roasted Corn French Fries	Roasted Garbanzo Beans Sauteed Kale French Fries



Available Daily

- ☐ Assorted Pizzas
- ☐ Cheeseburgers and Hamburgers
 - ☐ Nacho Bar
- ☐ Made to order Boar's Head Deli Bar
 - ☐ Grab and Go Yogurt Parfaits
- ☐ Grab add Go Sandwiches and Salads

Join us for Wacky Wednesday where every Wednesday
brings a surprise meal

Rotating Seasonal Fresh Fruit

Peaches, Plums and Strawberries

Rotating Seasonal Fresh Vegetable Selection

Heirloom Tomatoes, Sweet Corn and
Bell Pepper

First Meal Free for Students

All Lunches Include:

Whole Grains, Meat/Meat Alternative,
Vegetables, Fresh Fruit, 100% Juice and 1%
White, Skim White or Skim Chocolate
(no high fructose corn syrup)

If you would like to view menu items nutritional
information, please navigate to the following
site and choose the following building and click
"Today's Lunch" and change view to "Weekly"

[Rye Neck UFSD Dining - Rye Neck UFSD
Dining](#)

For any questions contact the Food Service Department at 914-777-4845
 Director- Denise Delpesh
 ddelpesh@ryeneck.org

Menus are subject to change

aramark
 STUDENT NUTRITION



September 2026

RYE NECK MIDDLE & HIGH SCHOOL
 LUNCH MENU

September 28th – October 2nd

Powering potential.™

- MAIN
- PASTA
Offered with Fresh Breads
- GRILL
- PIZZA
- SIDES

	MON	TUES	WED	THURS	FRI
MAIN	Burger Bar Beef and Vegetable Assorted Toppings	Crispy Chicken in Orange Sauce Brown Rice	Breaded Chicken Tenders with Biscuit and Gravy	Homemade French Toast Bar	Baked Potato Bar with Cheddar Cheese
PASTA	Alfredo Pasta with or without Grilled Chicken	Creamy Mac and Cheese	Creamy Tomato and Spinach with Pasta	Buttered Noodles with or without Grilled Chicken	Chicken Piccata with Pasta
GRILL	Eggplant and Mozzarella Panini	Eggplant and Mozzarella Panini	Eggplant and Mozzarella Panini	Eggplant and Mozzarella Panini	Eggplant and Mozzarella Panini
PIZZA	Vegetable with Peppers and Mushrooms	White	Sausage	Bacon Chicken Ranch	Meat Lover with Pepperoni and Chicken
SIDES	Cream Coleslaw Roasted Broccoli French Fries	Roasted Carrots Roasted Snow Peas French Fries	Roasted Sweet Potatoes Sautéed Green Peas French Fries	Homemade Home Fries Roasted Corn French Fries	Sauteed Pinto Beans Roasted Cauliflower French Fries



- Available Daily**
- ☐ Assorted Pizzas
 - ☐ Cheeseburgers and Hamburgers
 - ☐ Nacho Bar
 - ☐ Made to order Boar's Head Deli Bar
 - ☐ Grab and Go Yogurt Parfaits
 - ☐ Grab add Go Sandwiches and Salad
- Join us for Wacky Wednesday where every Wednesday brings a surprise meal

- Rotating Seasonal Fresh Fruit**
 Peaches, Plums and Strawberries
- Rotating Seasonal Fresh Vegetable Selection**
 Heirloom Tomatoes, Sweet Corn and Bell Peppers

First Meal Free for Students
 All Lunches Include:
 Whole Grains, Meat/Meat Alternative, Vegetables, Fresh Fruit, 100% Juice and 1% White, Skim White or Skim Chocolate (no high fructose corn syrup)

If you would like to view menu items nutritional information, please navigate to the following site and choose the following building and click "Today's Lunch" and change view to "Weekly"
[Rye Neck UFSD Dining - Rye Neck UFSD Dining](#)