



Calais Elementary School



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

03

04

05

06

07

10

11

12

13

14

17

18

19

20

21

24

25

Loaded Tater Tots
Bacon, Ham, Beans, Cheddar,
Olives, Broccoli and Garlic Toast

26

Chicken Nuggets or Plant Based
Nuggets
Potato Wedges
Garden Salad

27

Fish or Tofu Sticks
Buttery Parm Noodles
Peas
Cucumber Slices

28

Hamburger, Cheeseburger or
VT Bean Burger on WG Bun
Potato Wedges
Tomato Cucumber Salad

31

This institution is an
equal opportunity provider.



All meals include choice of Milk and Fresh Fruit. Daily Sandwich option is Peanut Butter and Jelly on Whole Grain Bread

AUGUST 2026