



Calais Elementary School



BREAKFAST

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

03

04

05

06

07

10

11

12

13

14

17

18

19

20

21

24

25

Blueberry Muffin

26

Ham and Cheese or Cheese
Croissant

27

Bacon Egg and Cheese or
Egg and Cheese on English
Muffin

28

Banana Muffin

31

This institution is an
equal opportunity provider.



All meals include choice of Milk and Fresh Fruit, Granola Bar, String Cheese or Yogurt.
Daily breakfast options include WG Bagel with Cream Cheese and choice of Cereals

AUGUST 2026