



SUNDAY - AUGUST 23, 2026

LITURGY SCHEDULE

Sunday Mass

9:00 AM, 11:00 AM, and 5:00 PM Mass

Saturday Vigil Mass

5:00 PM (Live-streamed)

Confessions

Wednesday 8:15 - 8:35 AM

Saturday 3:00 - 4:30 PM

Weekday Rosary

Monday, Thursday and Friday

8:15 AM

Wednesday (June through August)

8:15 AM

Weekday Mass

Monday, Wednesday, Thursday and Friday

8:45 AM

First Friday of the Month Mass 7:00 AM

Weekly Eucharistic Adoration

Thursday 2:00 - 4:00 PM

First Friday of the Month Eucharistic Adoration

9:30 AM - 11:00 AM

Sacrament Preparation

425-454-9536

OFFICE HOURS

Parish

8:30 AM - 4:00 PM Weekdays*

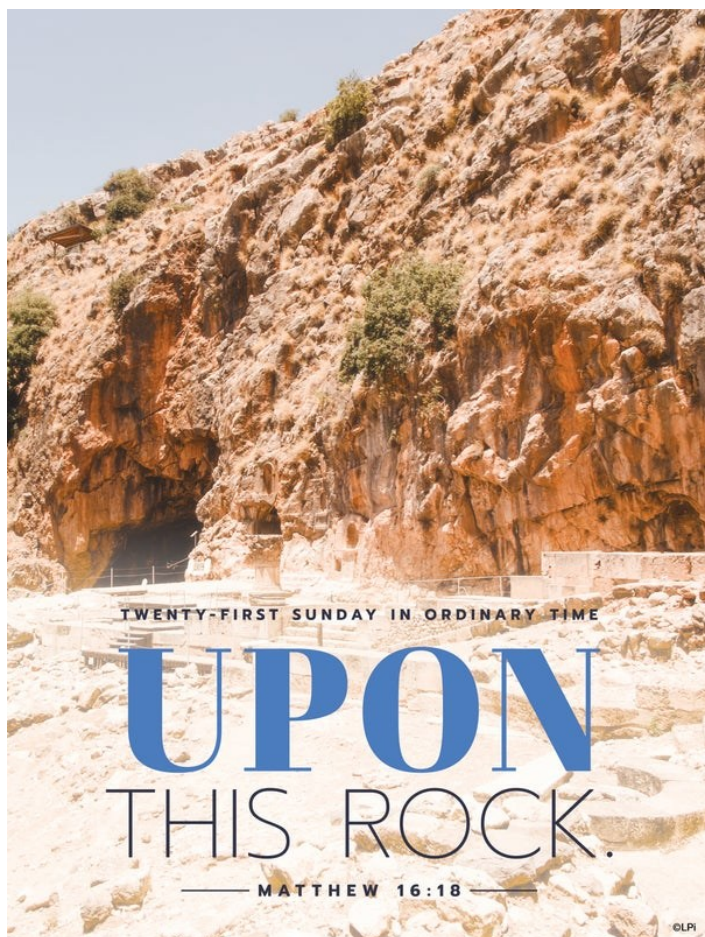
*Wednesdays in Summer, 9:30 AM - 4:00 PM

School

8:00 AM - 4:00 PM Monday - Friday
 (Summer hours vary - call in advance)

OUR MISSION STATEMENT

Sacred Heart Parish
 is a welcoming Catholic community,
 which inspires faith in God,
 through prayer, sacraments, and service,
 while living Gospel values,
 as faithful followers of Jesus Christ.



PARISH CALENDAR

Sunday August 23

TWENTY-FIRST SUNDAY IN ORDINARY TIME

9:00 AM - 12:00 PM SVDP Truck for Collections
Lower Parking Lot

9:00 AM **Mass**

11:00 AM **Mass**

5:00 PM **Mass**

Monday August 24

SAINT BARTHOLOMEW, APOSTLE

8:15 AM Rosary

8:45 AM **Mass**

Tuesday August 25

Weekday

Saint Louis; Saint Joseph Calasanz, Priest

10:00 AM Stitchers with Heart Group

5:30 PM Grief & Loss Support Group

7:00 PM Sacred Heart Book Group

Wednesday August 26

Weekday

8:15 AM Rosary

8:15 AM Confessions

8:45 AM **Mass**

Thursday August 27

Saint Monica

8:15 AM Rosary

8:45 AM **Mass**

2:00 PM - 4:00 PM Eucharistic Adoration

Friday August 28

Saint Augustine, Bishop, Doctor of the Church

8:15 AM Rosary

8:45 AM **Mass**

Saturday August 29

The Passion of Saint John the Baptist

8:00 AM Women's Group

8:00 AM Men's Group

3:00 PM Confessions - Reconciliation Chapel

5:00 PM Vigil **Mass**

Sunday August 30

TWENTY-SECOND SUNDAY IN ORDINARY TIME

9:00 AM **Mass**

11:00 AM **Mass**

5:00 PM **Mass**

PARISH STAFF

PARISH OFFICE

425-454-9536

Rev. Kurt Nagel, Pastor ext. 10109
frnagel@sacredheart.org

Rev. Joseph L. Akor, Parochial Vicar ext. 10113
frakor@sacredheart.org

Cathleen Adams, Pastoral Assistant for Children's Faith Formation
cadams@sacredheart.org ext. 10112

James Applegate, CPA Bookkeeper/Accountant
japplegate@sacredheart.org ext. 10154

Bridget Darrow, Pastoral Assistant for Administration
bdarrow@sacredheart.org ext. 10102

Robert Eubanks, Facilities Supervisor
reubanks@sacredheart.org ext. 10157

Linda Geere, Pastoral Assistant for Pastoral Care
lgeere@sacredheart.org ext. 10108

Kelsey Heintz, Pastoral Assistant Middle School Youth Ministry
kheintz@sacredheart.org

Phoebe Kwan, Pastoral Assistant for Liturgy
pkwan@sacredheart.org ext. 10110

Susan Olmos, Pastoral Assistant for Liturgical Music
solmos@sacredheart.org ext. 10106

Lucy Paulsen, Admin. Assistant for Giving, Data & Sacramental Records
lpaulsen@sacredheart.org ext. 10103

Sharon Phillips, Pastoral Assistant High School Youth Ministry
sphillips@sacredheart.org ext. 10114

Annette Seats, Pastoral Assistant for Communications & Stewardship
aseats@sacredheart.org ext. 10105

Nila Snyder, Admin. Assistant for Reception & Sacramental Registration
nsnyder@sacredheart.org ext. 10100

PARISH SCHOOL

425-451-1773

David Burroughs, Principal
Erica Pierson, Vice-Principal

Parish Office Hours –Wednesdays in Summer

This summer, the parish office will open at 9:30 AM on Wednesdays, through August 26th.

This revision allows the parish staff to attend the 8:45 AM daily Mass and participate in the liturgy as lectors and sacristans.

Sacred Heart Church is open weekdays from 8:00 am - 3:00 pm. (Thursdays until 4:00 pm)

SACRED HEART NEWS



Stitchers with Heart Group Please Join Us

The Stitchers with Heart Group invites you to join us every Tuesday morning at Sacred Heart, 10:00 AM- 12:00 PM, to knit, crochet, needle point or any other stitchery of your choice. We meet in the Sacred Heart Parish Office Conference Room One. If you are a beginner—not a problem—help is available to get you started on a very fun craft & morning of sharing. Many of our creations are donated to PREPARES, a parish based ministry supporting local mothers, fathers and families as they nurture their children through pregnancy and early childhood. We look forward to having you join us on Tuesdays!

Behold *the* Lamb



Quick Lessons on the Mass

After the purification of the sacred vessels, the Priest, now at his chair, invites the congregation to stand saying, "Let us pray." The Priest, with hands extended, then prays the *Prayer after Communion* appropriate for the day "in which he prays for the fruits of the mystery just celebrated" (GIRM, 89). The Prayer after Communion brings to completion both the "prayer of the People of God,"—that is, the Mass—and concludes the Communion Rite. The people respond with the acclamation, "Amen," making this prayer their own.

GRIEF & LOSS SUPPORT GROUP



Join for a six-week course in compassionate grief support. Everyone is welcome, regardless of where you are in your journey. Meetings will be facilitated by Karla Obernesser, LMHC, and will be held on **Tuesdays from 5:30 PM–7:00 PM in the Sacred Heart Youth Room** (entrance off 14th Street) beginning August 25 and continuing through September 29. If you would like to attend or have questions, please contact Linda Geere, lgeere@sacredheart.org, or 425-250-3908.

Sacred Heart Choir



Tenors and Basses Needed!

Lift your voice in praise to God and join our Sacred Heart 9:00 AM choir. This is an SATB voices in need of Tenors and Basses. For more info, contact the director, Susan Olmos, solmos@sacredheart.org or come and introduce yourself on Sunday. School parents, how about some volunteer hours?

Missed a Sacrament?

It is never too late! If you or someone in your family has missed celebrating a sacrament such as Baptism, First Communion or Confirmation, please contact the parish office at 425-454-9536. We are here to assist and guide your family in sacramental preparation.

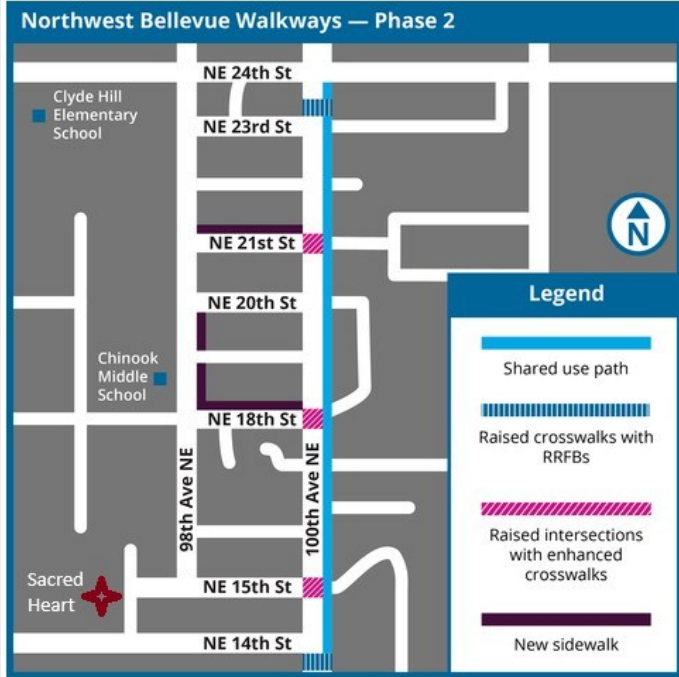


Congratulations

Camilla Elise Abdo
Colette Michelle Cornwell
Colin Michael Cornwell

Who Were Recently Baptized
Welcome to the Sacred Heart Family!

ADMINISTRATION & STEWARDSHIP



The City of Bellevue has closed a section of 100th Avenue NE at 14th Street, near Sacred Heart Parish, for roadway and pedestrian improvements. Drivers should use 92nd Avenue as an alternate route and expect detours in the area until the project is finished. The city recommends allowing extra travel time and following posted signs to navigate the closure safely. For more information visit: bellevuewa.gov.

Welcome to Sacred Heart Parish

Thank you for worshipping with us today! We extend a warm welcome to all our parishioners and visitors. Whether you are just passing through or looking for a new parish family, we pray you find Sacred Heart inviting and spiritually uplifting. If you are new to Sacred Heart or haven't yet registered with the parish, we encourage you to take this step. To register, please visit our website, sacredheart.org or call our office at 425-454-9536.



Scan the QR Code for Online Giving to Sacred Heart Parish.



Stewardship of Treasure

Sunday collection totals

July to May 31, 2026 Budget	\$1,524,164
July to May 31, 2026 Actual	\$1,532,904
	+ \$8,740
Prior year actual (July– May 2025)	\$1,517,010
Thank you for your generosity!!	

Stewardship recognizes that all we have, all we are, is a gift from God.

WEEKLY READINGS

Sunday 8/23

Isaiah 22:19-23
Psalm 138:1-3,6,8
Romans 11:33-36
Matthew 16:13-20

Tuesday 8/25

2 Thessalonians 2:1-3a,
14-17
Psalm 96:10-13
Matthew 23:23-26

Thursday 8/27

1 Corinthians 1:1-9
Psalm 145:2-7
Matthew 24:42-51

Saturday 8/29

1 Corinthians 1:26-31
Psalm 33:12-13,18-19,
20-21
Mark 6:17-29

Monday 8/24

Revelation 21:9b-14
Psalm 145:10-13,17-18
John 1:45-51

Wednesday 8/26

2 Thessalonians 3:6-10,
16-18
Psalm 128:1-2,4-5
Matthew 23:27-32

Friday 8/28

1 Corinthians 1:17-25
Psalm 33:1-2,4-5,10-11
Matthew 25:1-13

Sunday 8/30

Jeremiah 20:7-9
Psalm 63:2-6,8-9
Romans 12:1-2
Matthew 16:21-27

MASS INTENTIONS

Sunday 8/23

9:00 AM Mass: RIP SHIRLEY FRANCAVILLA
by Schiro Family

11:00 AM Mass: RIP VERONICA INCLE
by Cathleen Adams

5:00 PM Mass : PRIEST PRIVATE INTENTION

Monday 8/24

RIP SR. MARY LOUISE DIJULIO
by Marian Middleton

Wednesday 8/26

RIP LENNY WILKENS by Jean Bray

Thursday 8/27

RIP PHILLIP LEISING by Anita Leising

Friday 8/28

RIP MARION PRATT-BARLOW
by Pratt-Barlow Family

Saturday 8/29

INT THE PARISHIONERS OF SACRED HEART

Sunday 8/30

9:00 AM Mass: RIP ROBERT GUILBEAULT
by Marge & Larry Bartle

11:00 AM Mass: RIP PAT DANFORD
by Susan Bergeson

5:00 PM Mass : PRIEST PRIVATE INTENTION

PLEASE PRAY FOR:

The Sick

Cathleen Mechkoff

The Deceased

Arlene Plancich (mother of Val Bromfield)
Juanita Villena O'Neil

ARE YOU UNABLE TO ATTEND MASS?

If you are unable to attend Mass in person due to poor health, advanced age or recovering from surgery and would like to receive Holy Communion at home, please contact Linda Geere in the parish office at 425-454-9536.

Eucharistic Adoration

Eucharistic Adoration is the beautiful devotion of praying before Jesus in the Blessed Sacrament. You are invited to attend Adoration, scheduled for **2:00-4:00 PM** on Thursdays and **9:30-11:00 AM** on first Fridays of the month.

"Our faith in the Eucharistic presence of Christ naturally leads us to moments of prayer before the Blessed Sacrament." *Archbishop Etienne*



POPE'S PRAYER INTENTION -AUGUST

For Evangelization In The City

Let us pray that in large cities often marked by anonymity and loneliness, we find new ways to proclaim the Gospel, discovering creative paths to build community.

EMERGENCY HELPLINE NUMBERS

988: Suicide and Crisis Lifeline
Narcotics Anonymous: 206-790-8888
Alcoholics Anonymous: 206-587-2838
Suicide Crisis Hotline: 206-461-3222
WA State Domestic Violence: 1-844-762-8483
National Domestic Violence: 1-800-799-safe
Teen Link: 1-866-833-6546
Al-Anon: 206-625-1000

EMPLOYMENT OPPORTUNITIES



St. Monica School, Mercer Island, has the following employment opportunities available for the coming 2026-27 school year. To

Apply: Please email a cover letter and resume to Olivia Bozarth, Vice Principal, at oboarth@stmonicasea.org

Office Manager:

St. Monica School is seeking a full-time Office Manager to join our Preschool–12 school community. The Office Manager is a central member of our school operations team and serves as a welcoming first point of contact for students, families, staff and visitors.

PreK Instructional Aide:

St. Monica School is seeking a full-time PreK Instructional Aide to join our early learning team. Working closely with the PreK teacher, the aide will help create a safe, nurturing, engaging and faith-filled environment for our youngest learners.

Development, Marketing & Communications Director:

St. Monica School is seeking a Development, Marketing & Communications Director to lead and strengthen our fundraising, advancement, marketing and communications efforts. We are an ambitious and supportive Preschool–12 Catholic community committed to providing a Catholic Classical Liberal Arts education while keeping Christ at the center of all we do.

After-School Care Director:

To lead our after-school program. The position is Monday through Friday from 1:30 PM–6:30 PM.

Substitute Teachers

For grades PK-12 on an as-needed basis.

More information on these positions can be found at www.applitrack.com/seattlearch/onlineapp/default.aspx

[Archdiocese of Seattle Catholic Schools - Frontline Recruitment](#)

SACRED HEART SCHOOL



Celebrate 75 Years of Sacred Heart School as a Sponsor!

As Sacred Heart School celebrates its 75th Anniversary, we invite parishioners and local businesses to become part of this milestone year by joining our School Sponsorship Program.

Sponsorship is a meaningful way to support Catholic education while gaining visibility among our vibrant community of more than 275 school families. Sponsorship opportunities include recognition at school events, in publications, on campus and through school communications throughout the year.

If you own a business, work for a company that values community involvement or know someone looking for a meaningful way to make an impact, we encourage you to explore our sponsorship opportunities. Your partnership directly supports the students, programs and faith-filled mission that have been at the heart of Sacred Heart School for 75 years. To learn more about sponsorship opportunities, please contact Corey Raney at craney@sacredheart.org in the School Development Office today!



Registration is open for Sacred Heart & Saint Monica 2026-2027 Confirmation Preparation!

To learn more and register:

archseattle.ccbchurch.com/goto/forms/7921/responses/new

COMMUNITY OUTREACH - COMMUNITY EVENTS



Good Start Back to School - Thank You!

A big Thank You to Sacred Heart parishioners who once again supported our local Bellevue students by contributing to our annual drive for backpacks and additional homework supplies. Congregations from multiple churches and businesses have supported this drive for 31 years. Thanks to the generous donors who provided backpacks and monetary donations totaling \$1,110. Backpacks and supplies to do homework assignments, will be distributed prior to the first day of school. So, thank you for continuing to support our local students!



We invite you to explore volunteer opportunities in the parish where there is a current need and welcome your involvement in our ministries. Volunteering nurtures a sense of community and connection, which is truly important for all of us. Please consider a gift of your time to volunteer in the following roles:

Usher at Masses (Especially 5:00 PM Sunday)
Hospitality Ministry after Mass
(Saturday 5:00 PM and Sunday 11:00 AM)

Send an email to volunteer@sacredheart.org specifying the area in which you are interested in volunteering. Thank you!

Sacred Heart Book Discussion Group
Tuesday, August 25th at 7:00 PM
Parish Conference Room 1

(Located in the parish office)

Looking for some good books to read this summer? Come join Sacred Heart's book discussion group!

August 25th: *An Irish Country Doctor*
by Patrick Taylor

For more information, please contact Annelies Smith at ybugmom@comcast.net.



Upcoming Carpe Diem 50yrs+ Events



Sept. 17, 4:30pm
Potluck & Movie



Oct. 30, 11:30am
Halloween Luncheon



Dec. 10, 11:00am
Christmas Concert & Luncheon Party

Rachel's Corner

Project Rachel Post Abortion Healing Retreats

English Retreat: Sept. 25 - Sept. 27, 2026

Men's Healing Retreat: Oct. 10 - Oct. 11, 2026

To leave a confidential message please call

English: (206) 920-6413 Spanish: (206)-450-7814

Email projectrachel@ccsww.org. Visit us at

cwww.ccsww.org/projectrachel or www.facebook.com/projectrachelww.

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Our Client Don

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Don Lovell

God Bless Matt and Christina for being such a talented, loyal, loving, faithful couple in preparing and selling my memory home.

Don Lovell



Matt@TeamSkally.com
206-661-8624



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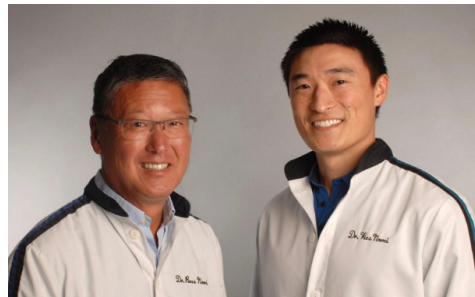
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