SEPTEMBER HIGH SCHOOL BREAKFAST MENU

ALL BREAKFASTS ARE SERVED WITH ASSORTED FRUITS & JUICES,
2% WHITE MILK OR FAT FREE WHITE MILK.

ACCEPT CASH, CHECK OR ONLINE PAYMENTS.
MAKE CHECKS PAYABLE TO: MASD FOOD SERVICE
Apply for free meal benefits, access your child's balance, set up low balance alerts & make online payments at www.schoolcafe.com

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST IS FREE FOR ALL STUDENTS!	1 Flapstick	2 Chocolate Donut Holes	3 Buttery Maple Waffle	4 Egg & Cheese Croissant
7	8 Mini Pizza Bagels	9 Powdered Mini Donuts	10 Mini Maple Pancakes	11 Chicken & Waffle
14 Lemon Bread	15 Crispy Chicken & Biscuit	16 Pull Apart Donut	17 Mini Cinnamon Rolls	18 Egg & Cheese Croissant
21 Breakfast Pizza	22 Flapstick	23 Apple Cider Donut	24 Confetti Pancakes	25 Chicken & Biscuit Sandwich
28 Baked Dutch Waffle	29 Mini Pizza Bagels	30 Pull Apart Donut		

WHOLE GRAIN & REDUCED SUGAR BREAKFAST ENTREES

DAILY BREAKFAST OPTIONS

BAGEL & CREAM CHEESE

CINNAMON ROLL

UNCRUSTABLES

LOW SUGAR WHOLE GRAIN CEREALS

YOGURT & GRANOLA

WHAT MAKES A BREAKFAST

FRUIT GRAIN MILK

MUST SELECT 3 OF THE 4 ITEMS
1 MUST BE A FRUIT OR JUICE
ALL ENTREES ARE 2 ITEMS

QUESTIONS? Special dietary needs please contact:
Christie Leininger, Director of Food Services cleininger@moonarea.net

USDA IS AN EQUAL OPPORTUNITY PROVIDER & EMPLOYER