



**WEST FARGO
PACKERS
VOLLEYBALL**

2026 SEASON

POLICIES, PROCEDURES & EXPECTATIONS

TEAM FIRST • COMPETE • COMMUNICATE • RESPECT



WEST FARGO PACKERS

VOLLEYBALL

PHILOSOPHY

The West Fargo Packers Volleyball program provides a positive environment where athletes develop volleyball skills and strategies, sportsmanship, leadership, and respect for themselves, teammates, coaches, opponents, and officials.

- Use this philosophy as a guide at practices, matches, on road trips, in the classroom, and in your personal life.
- Remember that you represent yourself, your teammates, coaches, West Fargo High School, and Packers Volleyball.

PROGRAM COMMUNICATION

School-approved communication platforms, the team calendar, and program website are the primary sources for schedules, forms, and updates.

the West Fargo Packers
Volleyball Band.

[Band description >](#)



PHYSICAL EXAM / REGISTRATION / FEES

- Complete all West Fargo Public Schools and Activities Department registration requirements before participating.
- Required physical documentation and participation fees must be completed according to school/district policy.
- Payment of a participation fee does not guarantee playing time.

INJURIES

- Report all injuries to a coach immediately.
- Take care of athletic training needs before practice whenever possible.
- Use West Fargo athletic training staff for evaluation and return-to-play guidance.

SCHEDULES / DEPARTURE TIMES

- Players will receive access to practice and match schedules.
- Monitor the official school/activity schedule and team communication platforms for changes and departure times.

PLAYER & FAN APPAREL

Official Packers Volleyball apparel/team-store information will be communicated through the program.



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PLAYING TIME

Playing-time decisions are made carefully and are based on what is in the best interest of the team.

- Athletes compete throughout the season to earn playing time.
- Athletes may request a meeting with coaches to discuss their role and playing time.
- Playing time will not be discussed with other players or families.
- Factors include skill, attitude, attendance, work ethic, positional needs, strategy, team cohesiveness, opponent tendencies, and player roles.

24-HOUR RULE

Parents should not confront a coach with a concern within 24 hours before or after a match.

- Waiting at least 24 hours helps athletes, parents, and coaches discuss concerns more productively.
- Players should approach coaches about concerns before parent involvement.

ATTENDANCE

- Attend all practices, strength & conditioning sessions, team activities, and matches.
- The season commitment may include scheduled activities during school holidays.
- Attendance at practice is mandatory and consistent training is necessary for team and individual success.
- Discuss extended vacations or anticipated conflicts with coaches in advance.
- Meet all school, district, and NDHSAA participation requirements before competing.

ABSENCES / TARDIES

- Athletes must inform their immediate coach in advance if they will be late or absent.
- Communication is the athlete's responsibility, not the parent's.
- School attendance and participation rules will be followed.
- Unexcused absences or repeated tardiness may affect an athlete's role or playing time.



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UNIFORMS

- Wear school-issued uniform items as directed and care for them properly.
- Do not alter issued items without coach approval; hang jerseys to dry unless garment instructions state otherwise.
- Lost or damaged school-issued items may require replacement.
- Athletes provide required personal equipment communicated by coaches, such as shoes and kneepads.

CONDUCT & ELIGIBILITY

- Follow West Fargo Public Schools, West Fargo High School, EDC, and NDHSAA rules and policies.
- Conduct yourself responsibly and avoid situations that put yourself, teammates, or eligibility at risk.
- Academic and activity eligibility requirements apply throughout the season.

CLASSROOM BEHAVIOR

- You are a student first and an athlete second.
- Be a model student, notify teachers about volleyball-related absences, and complete missed work promptly.

SOCIAL MEDIA

Student-athletes represent West Fargo High School and Packers Volleyball online as well as in person.

- Do not post inappropriate, disrespectful, threatening, discriminatory, or harmful content involving teammates, coaches, opponents, officials, the school, or program.
- Social media concerns will be handled according to school and team policy. Be smart and be a positive role model.

CELL PHONES

- Follow West Fargo Public Schools and West Fargo High School cell-phone policies during the school day.
- During practices, meetings, matches, and team activities, phones should be put away unless a coach gives permission.

TRANSPORTATION

- Team transportation and travel follow West Fargo Public Schools and Activities Department policies.
- When district transportation is provided, athletes are expected to use it unless another arrangement is approved.
- Parents/guardians taking an athlete home after an event must follow approved release procedures.



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HAZING / TEAM INITIATION

- Hazing, bullying, harassment, or harmful team initiation is prohibited.
- Respect for teammates is essential to the safety, well-being, and culture of the program.

PARENT PARTICIPATION & SUPPORT

- Families may be asked to help with home events, concessions, tournaments, meals, fundraising, senior night, photos/video, or end-of-season activities.
- Support your athlete in the role she earns; praise successes and remain positive through struggles.
- Encourage athletes to communicate directly with coaches and take responsibility for their actions.
- Do not speak negatively about coaches or players; gossip damages team unity.
- Cheer FOR the Packers, avoid coaching from the stands, and respect officials.
- Follow the 24-hour rule for concerns and support good nutrition, rest, academics, punctuality, and positive choices.

ATHLETE RESPONSIBILITY & BEHAVIOR

- The team comes first.
- Represent West Fargo High School and Packers Volleyball with integrity and respect.
- Communicate directly with coaches about absences, tardiness, concerns, and situations affecting participation.
- Positive, respectful behavior is our culture; negativity, bullying, and unnecessary drama will not be tolerated.
- Respect yourself, teammates, coaches, opponents, officials, school staff, and other adults.
- Work hard, support your teammates, and enjoy the experience.



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POLICIES, PROCEDURES & EXPECTATIONS AGREEMENT

I have read, understand, and agree to abide by the West Fargo Packers Volleyball Policies, Procedures & Expectations.

- I understand that I am a student first and must maintain academic and activity eligibility.
- I understand that good sportsmanship and respectful behavior must be displayed at all times.
- I understand that I must follow school, district, team, EDC, and NDHSAA policies.
- I understand that I have a role within the volleyball program and that the best interest of the team is the priority.
- I will be supportive and respectful of teammates, coaches, opponents, officials, school staff, and myself.
- I understand that consistent attendance and preparation are important to my development and the team's success.
- I understand that I, the athlete, am responsible for communicating with my coach in advance if I will be absent or tardy.

Player Name (Print): _____

Player Signature: _____ Date: _____

Parent/Guardian Name (Print): _____

Parent/Guardian Signature: _____ Date: _____

