

Lunch Menu

Concord Road Elementary School

September
2026

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

WELCOME
BACK TO
SCHOOL!

2 Dutch Waffles
*Sausage Patty
Or Chicken Nuggets
With Whole Wheat
Dinner Roll
Potato Puffs
Beet and Onion Salad
Strawberries
*Chicken

3 Homemade Mac & Cheese
Or Cheese Quesadilla
Confetti Garbanzo
Bean Salad
Apple Slices

4 Classic Cheese Pizza
Or Pepperoni Pizza P
Sautéed Zucchini
Celery Sticks
Blueberries



8 Cheeseburger
Or Cheesy Stuffed
Bread Sticks
Sweet Potato Fries
Watermelon Slices



9 Pretzel with Cheese
Sauce
Or Chicken Nuggets
With Whole Wheat
Dinner Roll
Roasted Squash
Celery Sticks
Fresh Banana

10 Chicken Parm
"Poppers" Over Pasta
Cheese Quesadilla
Steamed Peas
Spinach Salad
Pineapple

11 Classic Cheese Pizza
Or Pepperoni Pizza P
Sautéed Kale
Cucumber Coins
Fresh Banana

LUCKY TRAY DAY!

14 French Toast
*Sausage Patty
Or Baked Chicken
Tenders
Crispy Potato Puffs
Chilled Red Pepper
Strips
Fresh Orange
*Chicken



15 Chicken Nugget & Mozzarella Stick Combo
Or Cheesy Stuffed Bread Sticks
Potato Puffs
Carrot Dippers
Fresh Orange

STUDENT APPRECIATION DAY

16 Grilled Cheese Sandwich Meltdown
Café
Or Chicken Nuggets
With Whole Wheat
Dinner Roll
Potato Puffs
Beet and Onion Salad
Strawberries

17 Homemade Pasta & Meatballs
Cheese Quesadilla
Steamed Carrots
Honeydew
*Chicken

18 Classic Cheese Pizza
Pepperoni Pizza P
Green Beans
Side Salad
Fresh Pear



SCHOOL
CLOSED
TODAY

22 Whole Grain Pancakes with
*Sausage
Or Cheesy Stuffed Bread Sticks
Sweet Potato Fries
Chickpea Salad
Fresh Apple
*Chicken



23 General Tso Chicken
Noodle Bowl
Or Chicken Nuggets
With Whole Wheat
Dinner Roll
Beet and Onion Salad
Fresh Baby Carrots
Fresh Banana

24 Chicken and Waffles
Or Cheese Quesadilla
Confetti Garbanzo
Bean Salad
Celery Sticks
Fresh Melon Cup

25 Classic Cheese Pizza
Or Pepperoni Pizza P
Steamed Broccoli
Spinach Salad
Fresh Orange

28 Beef Hot Dog on Bun
Or Baked Chicken
Tenders
With Whole Wheat
Dinner Roll
Steamed Peas
Carrot Dippers
Cantaloupe

29 *Nachos Grande
Cheesy Stuffed Bread Sticks
Black Beans
With Whole Wheat
Dinner Roll
Fresh Pear

*Turkey

30 Meatball Dunkers
Chicken Nuggets
Chickpea Salad
Fresh Baby Carrots
Fresh Blueberries



Vegetarian Options Available: Veggie nuggets and veggie burgers are available whenever chicken nuggets, chicken tenders, or beef burgers are offered on the menu, ensuring a delicious vegetarian choice is always available.



View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

Lunch Prices

Student Meal FREE

Adult Meal : \$5.20 +Tax Choice of Milk: Low Fat White,

Fat Free Chocolate or White

*Turkey **Chicken Sausage

If you have any questions please Contact your Food

Service Director

Lunch Daily Offerings: Turkey or Ham w/no Cheese, SunButter & Jelly, Cheese Sandwiches

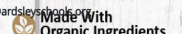
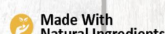
. Bagel Lunch w/ Yogurt & Cheese Stick Yogurt Parfait w/ Fruit & Granola

Chicken Caesar Salad or Chef Salad Garden Side Salad , Variety of Veggies (Dark Leafy Greens, Peppers,

Tomatoes, Carrots & Cucumbers Crudité) & Fruits (Sliced Apples, Oranges & Bananas)

Those who qualify for free or reduced-priced meals enjoy breakfast and lunch at no cost

All grains are whole grains or whole wheat



Nina Ambriz, Food Service Director @ foodservices@ardsleishschool.org