

# Ardsley High School

09/01/2026 - 09/04/2026

Welcome to our  
Lunch Cafe

**MEATLESS MONDAY**  
Monday

Tuesday

Wednesday

Thursday

Friday



Student meal: FREE

Adult meal: 5.20 + tax

WELCOME  
BACK TO  
SCHOOL!

Buffalo Chicken Mac  
& Cheese  
*pasta in cheese sauce,  
topped with buffalo style  
chicken* 🍗  
Steamed Peas  
Cherry Tomatoes  
Fresh Apple

NY Beef Burger with  
Bacon & Cheese  
*NY beef burger topped  
with cheese and bacon  
on a freshly toasted bun*  
P  
Baked Potato  
Wedges  
Fresh Baby Carrots  
Fresh Apple

Whole Grain  
Pancakes with  
Sausage  
*\*light and fluffy pancakes  
served with a sausage  
patty*  
Baked potato  
Celery Sticks  
Fresh Orange

\*Chicken

Served with choice of side salad, variety of fresh fruit and vegetables. Choice of Fat Free, 1% or 2% Chilled Milk



Hawaiian Pizza  
*ham and pineapple  
chunks over a cheese  
pizza slice* P 🍗

Hawaiian Pizza  
*ham and pineapple  
chunks over a cheese  
pizza slice* P 🍗

Hawaiian Pizza  
*ham and pineapple  
chunks over a cheese  
pizza slice* P 🍗

Pepperoni (Blend of Beef & Pork)

Available Daily: cheese pizza, pepperoni pizza and specialty on whole grain rich pizza dough



Toasty Garlic  
Mozzarella Sandwich  
with Tomato  
*toasted garlic bread  
sandwich stuffed with  
mozzarella and tomato*  
🌱 🍗

Toasty Garlic  
Mozzarella Sandwich  
with Tomato  
*toasted garlic bread  
sandwich stuffed with  
mozzarella and tomato*  
🌱 🍗

Toasty Garlic  
Mozzarella Sandwich  
with Tomato  
*toasted garlic bread  
sandwich stuffed with  
mozzarella and tomato*  
🌱 🍗

Available Daily: hamburgers, cheeseburgers, and chicken patty sandwiches



BLT Wrap  
*freshly made wrap filled  
with crispy bacon, lettuce,  
tomato and cheese* P 🍗

BLT Wrap  
*freshly made wrap filled  
with crispy bacon, lettuce,  
tomato and cheese* P 🍗

BLT Wrap  
*freshly made wrap filled  
with crispy bacon, lettuce,  
tomato and cheese* P 🍗

Available Daily: Assorted Cold Cuts, Cheeses, Bread, Rolls, Wraps & Condiments Made to Order and ALWAYS Fresh!

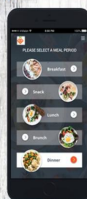


Chicken Caesar  
Salad 🍗  
Crispy Chicken  
Garden Salad 🍗  
NY Fruity Yogurt  
Parfait with Granola  
🌱 🍗  
Strawberry Banana  
Smoothie 🍗

Chicken Caesar  
Salad 🍗  
Crispy Chicken  
Garden Salad 🍗  
NY Fruity Yogurt  
Parfait with Granola  
🌱 🍗  
Strawberry Banana  
Smoothie 🍗

Chicken Caesar  
Salad 🍗  
Crispy Chicken  
Garden Salad 🍗  
NY Fruity Yogurt  
Parfait with Granola  
🌱 🍗  
Strawberry Banana  
Smoothie 🍗

Available Daily: Garden Salad, Chef Salad, Caesar Salad. Includes WW dinner roll and choice of fruit and milk



Check out our mobile menu at  
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view your menu on your mobile device  
anywhere.

Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. \* Menu is subject to change, notice posted when available. \* In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. \* This institution is an equal opportunity provider.

WHITSONS FAMILY OF COMPANIES WWW.WHITSONS.COM



# Ardsley High School

09/07/2026 - 09/11/2026

Welcome to our  
Lunch Cafe

**MEATLESS MONDAY**  
Monday

Tuesday

Wednesday

Thursday

Friday



Homemade Pasta &  
★ Meatballs  
freshly baked meatballs  
with tomato sauce over  
pasta 🌱 🍷  
Roasted Butternut  
Squash  
Cherry Tomatoes  
Fresh Orange

\*Chicken

Dutch Waffles  
warm dutch waffles  
With Sausage Patty  
Crispy Potato Puffs  
Cucumber Coins  
Strawberry Cup  
**IT'S BRUNCH FOR LUNCH TIME**

\*Chicken

\* Nachos Grande  
tortilla chips topped with  
freshly prepared mexi  
style meat and cheese  
Black Beans  
Fiesta Corn  
Green Pepper Slices  
Pineapple

\*Turkey

Chicken Nugget &  
Mozzarella Stick  
Combo  
Crispy chicken nuggets  
and gooey mozzarella  
sticks served with dipping  
sauce  
Pasta with Butter  
Sauteed Kale  
Celery Sticks  
Fresh Melon Cup

Served with choice of side salad, variety of fresh fruit and vegetables. Choice of Fat Free, 1% or 2% chilled milk



Sausage Pizza  
traditional pizza slice  
topped with sausage 🍷

Chicken Sausage

Sausage Pizza  
traditional pizza slice  
topped with sausage 🍷

Chicken Sausage

Sausage Pizza  
traditional pizza slice  
topped with sausage 🍷

Chicken Sausage

Sausage Pizza  
traditional pizza slice  
topped with sausage 🍷

Chicken Sausage

Available Daily: cheese pizza, pepperoni pizza and specialty on whole grain rich pizza dough



Buffalo Meatball  
Parmesan Hero  
meatballs tossed in  
tomato and buffalo  
sauces, topped with  
melted mozzarella  
cheese

\*Chicken

Buffalo Meatball  
Parmesan Hero  
meatballs tossed in  
tomato and buffalo  
sauces, topped with  
melted mozzarella  
cheese

\*Chicken

Buffalo Meatball  
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tomato and buffalo  
sauces, topped with  
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cheese

\*Chicken \*Chicken

Buffalo Meatball  
Parmesan Hero  
meatballs tossed in  
tomato and buffalo  
sauces, topped with  
melted mozzarella  
cheese

Available Daily: hamburgers, cheeseburgers, and chicken patty sandwiches



Italian Combo  
Sandwich  
freshly sliced cured meat  
and cheese on a roll  
topped with crisp lettuce  
and tomato 🍷 🍷

Italian Combo  
Sandwich  
freshly sliced cured meat  
and cheese on a roll  
topped with crisp lettuce  
and tomato 🍷 🍷

Italian Combo  
Sandwich  
freshly sliced cured meat  
and cheese on a roll  
topped with crisp lettuce  
and tomato 🍷 🍷

Italian Combo  
Sandwich  
freshly sliced cured meat  
and cheese on a roll  
topped with crisp lettuce  
and tomato 🍷 🍷

Available Daily: Assorted Cold Cuts, Cheeses, Bread, Rolls, Wraps & Condiments Made to Order and ALWAYS Fresh!



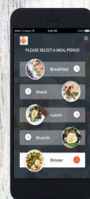
Chicken Caesar  
Salad 🍷  
Crispy Chicken  
Garden Salad 🍷  
NY Fruity Yogurt  
Parfait with Granola  
🌱 🍷 🍷  
Strawberry Banana  
Smoothie 🍷

Chicken Caesar  
Salad 🍷  
Crispy Chicken  
Garden Salad 🍷  
NY Fruity Yogurt  
Parfait with Granola  
🌱 🍷 🍷  
Strawberry Banana  
Smoothie 🍷

Chicken Caesar  
Salad 🍷  
Crispy Chicken  
Garden Salad 🍷  
NY Fruity Yogurt  
Parfait with Granola  
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Strawberry Banana  
Smoothie 🍷

Chicken Caesar  
Salad 🍷  
Crispy Chicken  
Garden Salad 🍷  
NY Fruity Yogurt  
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Strawberry Banana  
Smoothie 🍷

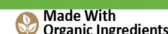
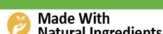
Available Daily: Garden Salad, Chef Salad, Caesar Salad. Includes WW dinner roll and choice of fruit and milk



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# Ardsley High School

09/14/2026 - 09/18/2026

Welcome to our  
Lunch Cafe

MEATLESS MONDAY

Monday

Tuesday

Wednesday

Thursday

Friday



BBQ Pulled Pork Sandwich  
shredded pork smothered in a smoky BBQ sauce and arranged on a soft bun P 🌱  
Buttered Corn  
Homemade Carrot & Raisin Slaw  
Fresh Apple

★ Crispy Tacos  
homemade spicy taco meat inside a crispy taco shell topped with cheese  
Black Beans  
Fresh Baby Carrots  
Watermelon Slices

General Tso Chicken Noodle Bowl  
freshly baked chicken in a soy ginger sauce with vegetables over noodles 🌱  
Green Beans  
Cucumber Coins  
Fresh Banana

Steamed Chicken and Vegetable Dumplings 🌱  
Vegetable Fried Rice  
Sauteed Zucchini  
Chilled Red Pepper Strips  
Fresh Pear

Pasta with Meat ★ Sauce  
freshly cooked pasta with meat sauce 🌱  
Sauteed Spinach  
Side Salad  
Fresh Grapes

\*Beef

\*Beef

Served with choice of side salad, variety of fresh fruit and vegetables. Choice of Fat Free, 1% or 2%



Hand Crafted Buffalo Chicken Pizza  
fresh dough layered with sauce, topped with cheese and Buffalo chicken pieces and baked until crisp 🌱

Hand Crafted Buffalo Chicken Pizza  
fresh dough layered with sauce, topped with cheese and Buffalo chicken pieces and baked until crisp 🌱

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fresh dough layered with sauce, topped with cheese and Buffalo chicken pieces and baked until crisp 🌱

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fresh dough layered with sauce, topped with cheese and Buffalo chicken pieces and baked until crisp 🌱

Hand Crafted Buffalo Chicken Pizza  
fresh dough layered with sauce, topped with cheese and Buffalo chicken pieces and baked until crisp 🌱

Available Daily: cheese pizza, pepperoni pizza and specialty on whole grain rich pizza dough



Chicken & Cheese Quesadilla  
hand crafted grilled flour tortilla filled with juicy chicken and melty cheese

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hand crafted grilled flour tortilla filled with juicy chicken and melty cheese

Available Daily: hamburgers, cheeseburgers, and chicken patty sandwiches



Bacon, Egg and Cheese Breakfast Sandwich  
warm breakfast sandwich prepared in-house and made with bacon, egg, and cheese P

Bacon, Egg and Cheese Breakfast Sandwich  
warm breakfast sandwich prepared in-house and made with bacon, egg, and cheese P

Bacon, Egg and Cheese Breakfast Sandwich  
warm breakfast sandwich prepared in-house and made with bacon, egg, and cheese P

Bacon, Egg and Cheese Breakfast Sandwich  
warm breakfast sandwich prepared in-house and made with bacon, egg, and cheese P

Bacon, Egg and Cheese Breakfast Sandwich  
warm breakfast sandwich prepared in-house and made with bacon, egg, and cheese P

Available Daily: Assorted Cold Cuts, Cheeses, Bread, Wraps, Rolls & Condiments Made to Order and ALWAYS Fresh!



Chicken Caesar Salad 🌱  
Crispy Chicken Garden Salad 🌱  
NY Fruity Yogurt Parfait with Granola 🌱  
Strawberry Banana Smoothie 🌱

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Crispy Chicken Garden Salad 🌱  
NY Fruity Yogurt Parfait with Granola 🌱  
Strawberry Banana Smoothie 🌱

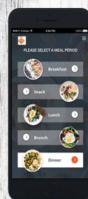
Chicken Caesar Salad 🌱  
Crispy Chicken Garden Salad 🌱  
NY Fruity Yogurt Parfait with Granola 🌱  
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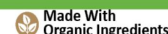
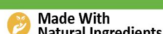
Available Daily: Garden Salad, Chef Salad, Caesar Salad. Includes WW dinner roll and choice of fruit and milk



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WHITSON'S FAMILY OF COMPANIES WWW.WHITSONS.COM



# Ardsley High School

09/21/2026 - 09/25/2026

Welcome to our  
Lunch Cafe

**MEATLESS MONDAY**  
Monday

Tuesday

Wednesday

Thursday

Friday



**SCHOOL  
CLOSED  
TODAY**

Incredibowls Fiesta  
Chicken & Rice Bowl  
seasoned rice topped  
with beans, chicken, corn  
and cheese 🌱🌱  
Black Beans  
Chilled Red Pepper  
Strips  
Fresh Melon Cup

Chicken Parmesan  
Over Pasta  
oven baked chicken  
topped with sauce and  
melted cheese, all over  
pasta 🌱  
Sauteed Zucchini  
Cucumber Coins  
Fresh Banana

French Toast  
French toast baked to  
perfection 🌱  
★ Sausage Patty  
Crispy Potato Puffs  
Confetti Garbanzo  
Bean Salad  
Blueberries  
**IT'S BRUNCH  
FOR LUNCH**  
\*Chicken

Beef Goulash  
Hungarian style beef  
stew with fresh  
mushrooms, carrots,  
onions and celery  
simmered to perfection  
in-house 🌱  
Steamed Broccoli  
Fresh Baby Carrots  
Fresh Apple

Served with choice of side salad, variety of fresh fruit and vegetables. Choice of Fat Free, 1% or 2% chilled milk



BBQ Chicken Pizza  
freshly prepared pizza  
dough topped with BBQ  
sauce, mozzarella,  
cheddar, chicken strips,  
and red onion 🌱

BBQ Chicken Pizza  
freshly prepared pizza  
dough topped with BBQ  
sauce, mozzarella,  
cheddar, chicken strips,  
and red onion 🌱

BBQ Chicken Pizza  
freshly prepared pizza  
dough topped with BBQ  
sauce, mozzarella,  
cheddar, chicken strips,  
and red onion 🌱

BBQ Chicken Pizza  
freshly prepared pizza  
dough topped with BBQ  
sauce, mozzarella,  
cheddar, chicken strips,  
and red onion 🌱

Available Daily: cheese pizza, pepperoni pizza and specialty on whole grain rich pizza dough



Cheesy Stuffed  
Bread Sticks  
baked bread sticks filled  
with melted cheese 🌱  
Tomato Sauce

Cheesy Stuffed  
Bread Sticks  
baked bread sticks filled  
with melted cheese 🌱  
Tomato Sauce

Cheesy Stuffed  
Bread Sticks  
baked bread sticks filled  
with melted cheese 🌱  
Tomato Sauce

Cheesy Stuffed  
Bread Sticks  
baked bread sticks filled  
with melted cheese 🌱  
Tomato Sauce

Available Daily: hamburgers, cheeseburgers, and chicken patty sandwiches



Vegan Hummus  
Wrap Halal  
creamy hummus spread  
over a soft tortilla rolled  
up with a variety of hand  
sliced crispy vegetables  
🌱🌱

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Wrap Halal  
creamy hummus spread  
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Vegan Hummus  
Wrap Halal  
creamy hummus spread  
over a soft tortilla rolled  
up with a variety of hand  
sliced crispy vegetables  
🌱🌱

Available Daily: Assorted Cold Cuts, Cheeses, Breads, Rolls, Wraps & Condiments made to order and ALWAYS Fresh!



Chicken Caesar  
Salad 🌱  
Crispy Chicken  
Garden Salad 🌱  
NY Fruity Yogurt  
Parfait with Granola  
🌱🌱  
Strawberry Banana  
Smoothie 🌱

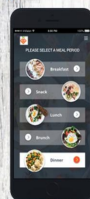
Chicken Caesar  
Salad 🌱  
Crispy Chicken  
Garden Salad 🌱  
NY Fruity Yogurt  
Parfait with Granola  
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Strawberry Banana  
Smoothie 🌱

Chicken Caesar  
Salad 🌱  
Crispy Chicken  
Garden Salad 🌱  
NY Fruity Yogurt  
Parfait with Granola  
🌱🌱  
Strawberry Banana  
Smoothie 🌱

Chicken Caesar  
Salad 🌱  
Crispy Chicken  
Garden Salad 🌱  
NY Fruity Yogurt  
Parfait with Granola  
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Strawberry Banana  
Smoothie 🌱



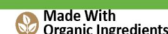
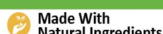
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WHITSON'S FAMILY OF COMPANIES WWW.WHITSONS.COM



# Ardsley High School

09/28/2026 - 09/30/2026

Welcome to our  
Lunch Cafe

MEATLESS  
MONDAY

Monday

Tuesday

Wednesday

Thursday

Friday



Chicken and Waffles  
*crispy chicken placed on  
top of fluffy waffles*  
Steamed Peas  
Cherry Tomatoes  
Fresh Melon Cup

Baked Chicken  
Breast  
*Baked Chicken Breast*  
Roasted Butternut  
Squash  
Homemade Sweet  
Beet Salad  
Fresh Orange  
Quinoa

Nachos Grande  
*tortilla chips topped with  
freshly prepared mexi  
style meat and cheese*

Black Beans  
Green Pepper Slices  
Fresh Pear



Beef



Hawaiian Pizza  
*ham and pineapple  
chunks over a cheese  
pizza slice* P 🌱 🍌

P Bacon Pizza  
*pizza dough topped with  
tomato sauce, cheese  
and crispy bacon* 🍌

P Bacon Pizza  
*pizza dough topped with  
tomato sauce, cheese  
and crispy bacon* 🍌

Available Daily: Cheese Pizza, Pepperoni Pizza and Vegetable Pizza all featuring whole grain rich pizza dough



Toasty Garlic  
Mozzarella Sandwich  
with Tomato  
*toasted garlic bread  
sandwich stuffed with  
mozzarella and tomato* 🌱 🍌

Pretzel  
Cheddar Cheese  
Sauce

Pretzel  
Cheddar Cheese  
Sauce

Available Daily: Hamburgers, Cheeseburgers, Turkey Burgers, Veggie Burgers, Chicken Patties and Spicy Chicken



BLT Wrap  
*freshly made wrap filled  
with crispy bacon, lettuce,  
tomato and cheese* P 🍌

All American Wrap  
*roast beef, turkey breast,  
ham and cheese on a  
wrap with lettuce and  
tomato* P 🍌

All American Wrap  
*roast beef, turkey breast,  
ham and cheese on a  
wrap with lettuce and  
tomato* P 🍌

Available Daily: Assorted cold cuts, cheeses, bread, rolls, wraps & Condiments Made to Order Always Fresh!



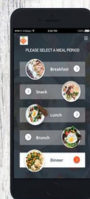
NY Fruity Yogurt  
Parfait with Granola 🌱 🍌 🍌  
Chicken Caesar  
Salad 🍌  
Crispy Chicken  
Garden Salad 🍌  
Apple Cinnamon  
Smoothie 🌱 🍌 🍌

NY Fruity Yogurt  
Parfait with Granola 🌱 🍌 🍌  
Chicken Caesar  
Salad 🍌  
Crispy Chicken  
Garden Salad 🍌  
Apple Cinnamon  
Smoothie 🌱 🍌 🍌

NY Fruity Yogurt  
Parfait with Granola 🌱 🍌 🍌  
Chicken Caesar  
Salad 🍌  
Crispy Chicken  
Garden Salad 🍌  
Apple Cinnamon  
Smoothie 🌱 🍌 🍌



Available Daily: Garden Salad, Chef Salad, Caesar Salad. Includes whole wheat dinner roll and your choice of fruit and milk



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