



Saucon Valley School District

Student Assistance Program 2025/2026

Caron SAP Liaisons

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Saucon Valley School District and Caron's Student Assistance Program aim to help students overcome barriers to succeed and stay in school. Support is provided through tiered interventions for students, caregivers, and professionals.

- **Students:** Receive education and prevention via support groups, classroom presentations, case management, and behavioral health assessments.
- **Caregivers:** Get guidance and resources through one-on-one meetings with the Caron Liaison to strengthen support at home.
- **Professionals:** Access SAP team support and training on current behavioral health topics.

Additional Services Provided by Caron

- 24 SAP K-12 Training
- Maintain SAP Files
- 37 SAP Meetings
- Prevention Education K-12
- Recovery Care
- Early Intervention

Discover Additional Caron
SAP Supports by Tier



SAP TIER Programs

Tier I Interventions

Classroom Presentations

598 High School students were given prevention education on "**Brain Drain**" and "**CLEAR Facts**". This prevention programming teaches students about substance risks, brain function, and addiction through engaging activities while promoting healthy choices and support resources.

746 middle school and 9th grade students attended **Cliff Crosby's "ACT"** presentation on overcoming adversity, with messages on goal setting, accountability, involvement, and seeking help.

231 Elementary students received classroom education:

- **Learning Self Control:** Appropriately Control Our Behaviors and Actions
- **Mindfulness Moments:** Understanding and Practicing Mindfulness
- **Taking Turns and Sharing:** Practicing Taking Turns and Sharing

Screening, Brief Intervention, and Referral to Treatment (SBIRT)

"**SBIRT**" was delivered to 251 8th & 10th grade students to help identify and reduce risky substance use through screenings, brief conversations, and connections to school or community support when needed.

High School Faculty

120 faculty attended two presentations on student health trends and the Student Assistance Program (SAP), including referrals, supports, and the impact of psychoeducational groups on student success.

Caregiver Nights

13 caregivers attended "**PREP**" (**Prevention Resources and Education for Parents**), covering youth substance use trends, communication, boundary-setting, resilience and local resources.

Tier II Interventions

Educational Support Groups

Groups provide students with a confidential space to build understanding and support with peers facing similar challenges, while learning tools to thrive. Across the district, students benefited from the group topics listed below.

VIEWS: Diversion Program - 3 Students
Recovery Care: 1:1 Post Treatment - 1 Student
CARE: Cannabis Cessation - 11 Students
Drug and Alcohol Insight - 2 Students
Alcohol Reduction and Education - 2 Students

Tier III Interventions

Behavioral Health Assessments & Elementary Parent /Guardian Meetings*

Caron's Education Alliance offers voluntary, confidential behavioral health assessments for grades 5–12, with recommendations shared only with guardians and the SAP Core Team.

Number of Assessments	47
Number of Parent/Guardian Meetings	47
Accessed at least one recommendation	42
Number of ESAP Parent/Guardian Meetings	3
Case Management	12

*Case management is available for students who need additional support coordinating services, deal with setbacks or persistent challenges in order to increase academic success.

*Caron data as of 6/1/26. May not include additional district SAP data.