

September 2026

Iredell Statesville Schools:

Elementary and Middle Lunch Menu

Offered Daily: 1/2 pint Milk:

(~carb counts)

Menu subject to change

1% Unflavored (13), Chocolate FF (19) or Strawberry FF (19)

	Yogurt with Cheese Stick and Goldfish (29) Popcorn Chicken with Roll (48) Cheesy Dipping Sticks (28) Pinto Beans (19) Tater Tots (14) Mixed Fruit Cup (19)	Pepperoni Pizz-able (33) Hamburger (26) or Cheeseburger (28) Fish Nuggets with Roll (55) Crispy Fries (14) Lettuce/Tomato/Pickle (3) Assorted Fruit Juice (≈15)	Chef Salad (≈10) Cheese Pizza (31) Chicken Pie with Roll (49) Mashed Potatoes (14) Green Peas (12) Pear Cup (19)	PBJ, Cheese Stick Animal Cracker (54) Corn Dog (30) Grilled Cheese Sandwich (32) Tomato Soup (18) with Crackers (10) Green Beans (4) Strawberry Cup (21)
	1	2	3	4
	Turkey and Cheese Wrap (24) with Chips (≈16) Mozzarella Cheese Sticks (32) Chicken Chunks with Roll (45) Sweet Potato Fries (19) Green Beans (4) Peach Cup (18)	PBJ, Cheese Stick Animal Cracker (54) Spaghetti with Breadstick (69) Chicken Tenders with Breadstick (39) Garden Salad (5) Baked Potatoes (18) Applesauce Cup (14)	Chef Salad (≈10) Beefy Nacho (30) French Bread Pizza (28) Lettuce/Tomato (3) Sweet Yellow Corn (16) Fruit Cup (≈18)	PBJ, Cheese Stick Animal Cracker (54) Pizza Crunchers (41) Hot Dog w/ or w/o Chili (30) Potato Emoticons (19) Creamy Cole Slaw (6) Fruit Ice Cup (22)
7	8	9	10	11
PBJ, Cheese Stick Animal Cracker (54) Cheesy Dipping Sticks (28) Mandarin Chicken with Rice (59) Glazed Carrots (10) Broccoli with Cheese (4) Mandarin Orange Cup (17)	Yogurt with Cheese Stick and Goldfish (29) Hamburger (26) or Cheeseburger (28) French Bread Pizza (28) Seasoned Potato Wedges (18) Green Beans (4) Mixed Fruit Cup (19)	Pepperoni Pizz-able (33) Corn dog Nuggets (30) Chicken Filet Sandwich (39) Black Eye Peas (20) Lettuce/Tomato/Pickle (3) Strawberry Cup (21)	Chef Salad (≈10) Sausage and Egg Griddle (31) Grilled Cheese Sandwich (32) Tater Tots (14) Yams (35) Fruit Cup (≈18)	PBJ, Cheese Stick Animal Cracker (54) Pepperoni Pizza (48) Popcorn Chicken with Roll (48) Crispy Fries (14) Green Peas (12) Assorted Fruit Juice (15)
14	15	16	17	18
	Ham and Cheese Wrap (28) with Chips (≈16) Fiestada Pizza (30) Chicken Chunks with Roll (45) Sweet Potato Fries (19) Broccoli with Cheese (4) Peach Cup (18)	Early Release Day  Manager's Choice	Chef Salad (≈10) Beefy Nacho (30) Pizza Crunchers (41) Deli Roasters (21) Lettuce/Tomato (3) Baked Apples (24)	PBJ, Cheese Stick Animal Cracker (54) Mozzarella Cheese Sticks (32) Corn dog Nuggets (30) Potato Emoticons (19) Baby Carrots (6) Fruit Cup (≈18)
21	22	23	24	25
PBJ, Cheese Stick Animal Cracker (54) Chicken Filet Sandwich (39) Pepperoni Pizza (48) Yams (35) Broccoli with Cheese (4) Applesauce Cup (14)	Yogurt with Cheese Stick and Goldfish (29) Popcorn Chicken with Roll (48) Cheesy Dipping Sticks (28) Pinto Beans (19) Tater Tots (14) Mixed Fruit Cup (19)	Pepperoni Pizz-able (33) Hamburger (26) or Cheeseburger (28) Fish Nuggets with Roll (55) Crispy Fries (14) Lettuce/Tomato/Pickle (3) Assorted Fruit Juice (≈15)		
28	29	30		
Carbohydrate counts for fresh fruit vary widely (5–26) depending on the selection. For exact carbohydrate information, please contact the cafeteria manager.				
				 
Fresh Fruit is Offered Daily				