SWEETWATER UNION HIGH SCHOOL DISTRICT

In Partnership with:

SWSWF SOUTHWEST SPORTS WELLNESS FOUNDATION

SYNERGY ORTHOPEDICS

MANUAL ORTHOPEDIC PHYSICAL THERAPY

2026 WEEKDAY SPORTS INJURY CLINICS

Helping Student Athletes return to sports in a safe and timely manner

A team of sports medicine professionals provide **FREE SPORTS INJURY CLINIC** for Sweetwater Union High School District Student Athletes only weekly throughout the school year.

By appointment only. To schedule use the QR code below

Parent/Guardian *must be present for student athletes under 18. See reverse side.* ***CONCUSSION injuries will be NOT be seen***

AUG 10TH-MAY 25TH

SCHEDULE APPOINTMENT HERE

WHEN

BY APPOINTMENT ONLY (see QR code)

LOCATED @ DISTRICT SPORTS MEDICINE & WELLNESS CENTER

670 L Street, STE G Chula Vista, 91911

Stay Connected

More Information

www.swswf.org

WHO ARE WE?

Our team includes Sports Medicine Physicians, Orthopedic Surgeons, Physical Therapists, and Certified Athletic Trainers. The goal is to return the athlete to sports safely and in a timely manner.

SPORTS INJURY CLINICS

STUDENT ATHLETE REFERRAL FORM

Student-Athlete Name: _____ Date of Birth: _____ Grade: _____

School: _____ Sport: _____ Injury Date: _____

_____ _____ _____

Parent/Guardian Signature *Date* *Contact Phone Number*

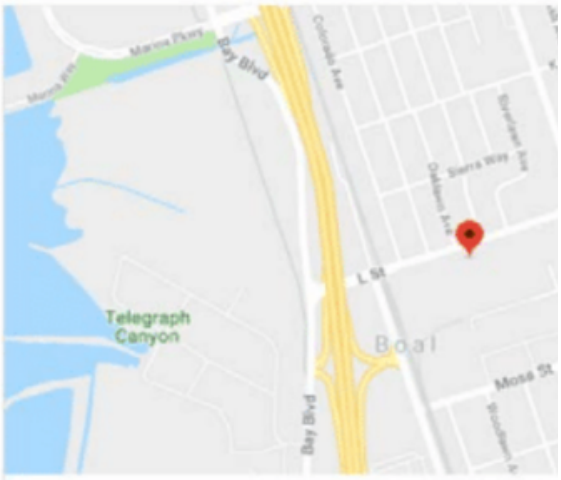
REFERRING MEDICAL PROFESSIONAL

Body Part Injured: _____

Working Diagnosis: _____

ATC/Coach/AD Name: _____ Contact Number: _____

DRIVING DIRECTIONS



SUHSD Sports Injury Clinic & Wellness Center is located at **670 L Street, Suite G, Chula Vista, CA 91911** in the building east of the NAPA Auto Parts store. Parking lot in front of building.

The clinic is in Suite G in the **SUHSD Athletics and Compliance Building** between Industrial Blvd and Broadway on the south side of L Street.

****BY ONLINE APPOINTMENT ONLY****

See your Coach, Athletic Trainer or email the Wellness center at suhsd.wellness@sweetwaterschools.org

*The Sports Injury Clinics are underwritten and financed by **SWSWF** and The Conrad Prebys Foundation. The Southwest Sports Wellness Foundation **(SWSWF)** was established in 2010 to fill a need in the under-served areas of the San Diego community by underwriting high school sports screenings, assessments, and evaluations. These various programs provide free high school sports injury clinics, access to educating physicians, physical therapists and certified athletic trainers, and provide curriculum for students with an interest in sports medicine and field of healthcare. **SWSWF** supports the specialized sports medicine injury assessment. Independent medical service providers assist in the evaluation and treatment plan for the injured student athletes. The goal is to return the athlete to sports safely and in a timely manner. Learn more at: **www.swswf.org**.*