

AUGUST

LUNCH MENU

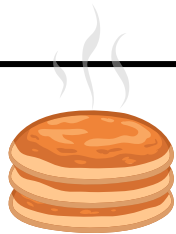
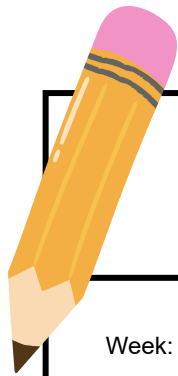


<u>Week:</u> Aug 17 - 21				BBQ Beef Rib Hoagie w/Baked Wedges or Whole Grain Bean & Cheese Burrito or Chicken Caesar Salad	Cheese Pizza or Yogurt Fruit Parfait & Granola or Chicken Caesar Salad
<u>Week:</u> Aug 24 - 28	Steak Burger w/ Baked Waffle Fries or Yogurt Fruit Parfait & Granola or Chinese Chicken Salad	Crispy Taco w/ Rice & Beans w/ shredded cheese or Whole Grain Bean & Cheese Burrito or Chicken Caesar Salad	Spaghetti & meatballs w/ marinara sauce or Whole Grain Bean & Cheese Burrito or Chinese Chicken Salad	Baked Chicken Drumstick & Waffles or Turkey & Cheese Sandwich w/ side salad or Mandarin Chicken Salad	Cheese Pizza w/ Side Salad or Veggies & Hummus Salad w/ Pita
<u>Week:</u> Aug 31 - Sept 4	Chicken Strips w/ Tater Tots or Yogurt Fruit Parfait & Granola w/ Goldfish	Taco w/ rice, bean & shredded cheese or Yogurt Fruit Parfait & Granola or Chinese Chicken Salad	Rotini w/ meat sauce, Green Salad & Dinner Roll or Cheese Pizza w/ side salad or Veggie & hummus salad w/ pita	Orange Chicken w/ brown rice & broccoli or Turkey & Cheese Sandwich w/ side salad or Mandarin Chicken Salad	Cheese Pizza or Yogurt Fruit Parfait & Granola or Chicken Caesar Salad

Offered with every meal: Fruit: fresh or canned / Milk offered daily: 1% and non fat white and nonfat chocolate

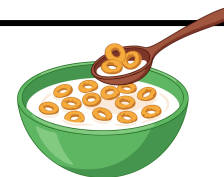
Menu is Subject to Change without notice

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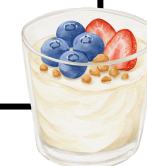
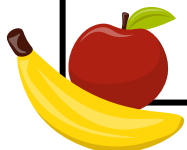


AUGUST

Breakfast Menu



Week: Aug 17 - 21	WG Cinnamon Crumb Cake Or Cereal w/ Graham Crackers	Croissant w/ Sausage & Egg Or Cereal w/ String Cheese	Mini Pancakes Or Cereal w/ Graham Crackers	WG Concha Cereal w/ String Cheese	Banana Bread Or Cereal w/ Graham Crackers
Week: Aug 24 - 28	Egg Omelet w/Hash Browns Or Cereal w/String Cheese	Waffle Or Cereal w/Graham Crackers	Breakfast Pizza Bagel Or Cereal w/String Cheese	French Toast Sticks Or Cereal w/Graham Crackers	Fresh Baked Banana Chip Muffin Or Cereal w/ String Cheese
Week: Aug 31 - Sept 4	Assorted Bagels w/ Cream Cheese Or Cereal w/ Graham Crackers	WG English Muffin w/ Egg & Turkey Bacon Or Cereal w/ String Cheese	Grilled Cheese Or Cereal w/ String Cheese	Banana Bread Or Cereal w/ Graham Crackers	WG Croissant w/ Turkey Sausage & Cheese Or Cereal w/ String Cheese



Offered with every meal: Fruit: assorted 4oz juice, fresh or canned / Milk offered daily: 1% and non fat white

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