



FULLERTON SCHOOL DISTRICT *PRESS RELEASE*

FOR IMMEDIATE RELEASE: August 17, 2026 **CONTACT:** Juliette Funes **PHONE:** (657) 706-3774

Two Fullerton School District Campuses Earn America's Healthiest Schools Recognition

FULLERTON, CA – Two Fullerton School District schools have been named among America's Healthiest Schools, earning national recognition for efforts that support students' physical, social-emotional and nutritional well-being as foundations for success in school and beyond.

Alliance for a Healthier Generation recognized 1,376 K-12 schools nationwide this year across nine health-related categories. Maple Elementary School earned recognition in three: Supporting School Health Services, Implementing Local School Wellness Policy and Strengthening Social-Emotional Health & Learning. Robert C. Fisler School was recognized for Improving Nutrition & Food Access.

"Student success is about more than what happens in the classroom – it is also about creating school communities where children feel healthy, supported and ready to learn," Superintendent Gretchen Janson, Ed.D., said. "We are incredibly proud of our staff for creating environments that help every student thrive."

At Maple, wellness is embedded throughout the school experience, from health screenings and community health partnerships to school-wide social-emotional learning. The school also introduced a Share Table to reduce food waste and a Chill Area for Everyone, or CAFE, where students can practice self-regulation.

"This recognition reflects the intentional work our staff does every day to create an environment where students feel safe, supported and connected," Maple Elementary Principal Amanda Sobremesana, Ed.D. said. "We are proud that wellness has become such an important part of our school culture."

At Fisler, Second Chance Breakfast and additional nutritious snack options helped increase student participation by 14%. Students also participated in taste tests and classroom nutrition lessons connecting healthy choices with wellness and academic success.

"Healthy students are better prepared to learn, and that starts with making sure they have access to nutritious food when they need it," Fisler Principal Caroline Llewellyn, Ed.D., said. "By expanding access and making nutrition education engaging, we are helping students develop healthy habits that can last well beyond their time at Fisler."

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PHOTO CAPTIONS:

FSDHEALTHYSCHOOLS1: Fisler School students select food and snacks during their nutrition period. Fisler was recognized as one of America's Healthiest Schools for its efforts to improve nutrition and food access, including expanded meal options and nutrition education.

FSDHEALTHYSCHOOLS2: Maple Elementary School's Chill Area for Everyone, or CAFE, provides students with a dedicated space to self-regulate, reset and support their emotional well-being during the school day. The CAFE is among Maple's efforts to strengthen social-emotional health and learning.

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