

Job Title: High School Track and Field Assistant Coach (Throws: Shot Put and Discus)

Reports To: Athletic & Activities Director (Matt Pryor) and Head Coaches (Casey Hanson)

Location: Benilde-St. Margaret's High School, St. Louis Park, MN

Season: Spring (Grades 9-12)

Position Summary

Coach will serve as an assistant to the head coach of the high school boys and girls track and field teams. They will be responsible for developing and helping execute practice plans, along with managing athletes at meets, while fostering a safe, inclusive environment that aligns with BSM's mission and character values. Ideal candidates view success not just as winning, but as helping team members to reach goals; having a positive mental attitude, great energy, and commitment to the success of our student athletes, as well as the program, are key.

Essential Responsibilities

- Planning and executing organized and structured practices teaching student athletes throwing fundamentals **3-5 days per week**, with the physical training necessary for them to realize a measurable degree of success. *Practice days are flexible on a week to week basis, if needed.*
 - **Be present for competition days.**
 - Assist with practices and meets as needed: setup, working events at meets, collaborating on meet programs, supervising student athletes, and evaluating student athlete performances.
 - Recognize contributions of team members and strive to impress upon them that their efforts are valued, from the beginner to the top varsity athlete.
 - Promote good sportsmanship, teamwork, respect, and personal growth in alignment with BSM's ethos.
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Qualifications

Required:

- A strong background in high school and/or collegiate level track and field competition as an athlete and/or coach.
- Complete Minnesota State High School League coaching modules on an annual basis.
- Ability to communicate effectively with students, parents, other coaches, and administration.

Preferred:

- Prior coaching experience in school or community settings.

Other Requirements:

Employment is contingent upon the successful completion of our Safe Environment process which includes a background check, VIRTUS training, additional online training, and an agreement to a Code Of Conduct.

Season & Time Commitment

- **Season Duration:** March 9, 2027 - June 6, 2027
- **Practice Schedule:** 2:50-5 p.m. Monday through Friday; however, there are no formal practices when school is not in session. Coach will be present a **minimum** of two days per week.
- **Meet Schedule:** Finalized dates will be released no later than February 1, 2027. Expect that there will be one competition day per week (Monday-Friday) starting the last week of March, 2027 with a 3 p.m. start time. **Attendance is required**, barring any extenuating circumstances.

**It is the expectation that on meet days, Coach is available starting at 2 p.m., unless otherwise discussed with the Head Coach, or noted as an early start or Saturday meet. In the event that the Coach will be meeting the team at the venue instead of at BSM, they will make every effort to be at the meet site in time for the coach's meeting.*

How to Apply

Interested candidates should submit a cover letter, coaching résumé, and references to Head Coach Casey Hanson via chanson@bsmschool.org.

About BSM Athletics

- BSM serves grades 6–12 with a robust athletic program and emphasizes participation, personal growth, and excellence.
 - The high school track and field program is tailored to athletes in grades 9-12, and is open to varying levels of experience and interest.
 - Track and field provides a great opportunity for both cross training and athlete inclusivity, due to the nature of all the different events offered.
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Why Coach at BSM?

- Join a Catholic, college-preparatory community committed to holistic student development.
- Be part of a culture that values inclusivity, community engagement, and student leadership.