



SEPTEMBER 2026

PENNICHUCK LUNCH MENU

Assorted Sandwiches Available
Daily on w/g Bread Ham, Turkey or
Sun Butter & Jelly w/ Vegetable,
Fruit & Milk

Monday

Tuesday

Wednesday

Thursday

Friday

1

BBQ Chicken, Buttered
Pasta, Seasoned Corn
100% Fruit Juice, Milk

2

Hamburger or Cheese-
burger* on a w/g Bun
French Fries, Broccoli
Strawberry Cup, Milk

3

Plain Cheese w/g Pizza
or with Toppings*
Carrots w/ Lite Ranch
Dip, Orange Wedges
Milk

4

No School 😊

7

No School
Labor Day 😊

8

No School
Primary Voting
Day 😊

9

Grilled Cheese Sandwich
with or w/o Ham
Seasoned Green Beans
Strawberry Cup, Milk

10

Pasta with Meat Sauce*
** Steamed Broccoli &
Cauliflower, Welch's
Fruit Chews, Pears, Milk

11

Plain Cheese w/g Pizza
or with Toppings*
Marinated Tomato &
Cucumber Salad
Fruit Mix, Milk

14

"Bosco" Cheese Filled
Breadsticks* w/ Dipping
Sauce, Broccoli
Macintosh Apple, Milk

15

Chicken in Gravy
Mashed Potatoes
Corn, Fresh Dinner Roll
100% Fruit Juice, Milk

16

Soft Tortilla Wrap or
Tostitos w/ Beef* Cheese
Salsa, Refried Beans
Sour Cream, Lettuce &
Tomato, Pears, Milk

17

Baked Ham & Egg Pattie
on a Croissant, Potato
Coins, Green Beans
Banana, Milk

18

Plain Cheese w/g Pizza
or with Toppings*
Baby Carrots w/ Lite
Ranch Dip, Assorted
Fruit, Milk

21

"Wild Mikes" Cheese
Bites* w/ Dipping Sauce
Broccoli, Applesauce
Cup, Milk

22

Chicken Tenders* w/
Dipping Sauce, Potato
Puffs, Seasoned Corn
Peaches, Milk

23

All Beef Hot Dog on a
w/g Bun, Baked Beans
Carrots, Crispy Apple
Milk

24

Teriyaki Chicken
Noodles, Green Beans
Pineapple Tidbits, Milk

25

Plain Cheese w/g Pizza
or with Toppings*
Carrots w/ Lite Ranch
Dip, Orange Wedges
Milk

28

"The Max" Cheese
Quesadillas, Salsa
Cowboy Corn Salad
Strawberry Cup, Milk

29

Chicken Patty* on a w/g
Bun, French Fries, Green
Beans, Fruit Mix, Milk

30

"Eggo" Mini Confetti
Pancakes*, Egg Patty
Potato Coins, Banana
Milk

This institution is an equal opportunity provider w/g = Whole Grain * Indicates May Contain Soy

***Harvest of the Month = Broccoli & Cauliflower

MENU SUBJECT TO CHANGE



PAY FOR MEALS ONLINE
MySchoolBucks.com