



Girlson
the**run**®

Hello, Superstar!

We want you on our team!

Make new friends, get your body moving, set and achieve goals at your pace, gain new skills and have TONS of fun.

Are you ready to unlock the superstar that's always been inside of you?

A GOTR SEASON LOOKS LIKE THIS:

- Your team meets twice a week for eight weeks
- Caring coaches lead fun lessons and games, group discussions, and physical activities
- Each team dreams up and completes a Community Impact Project that helps make the world a better place
- You will cross the finish line with your team in an exciting and joyful 5K!

Join Girls on the Run!

