

Pasta Station Menu



Monday	Tuesday	Wednesday	Thursday	Friday
Cheese Lasagna or Pasta w/ Marinara or Meat Sauce Macaroni Salad, Chopped Salad	Chicken Cacciatore Pasta or Pasta w/ Marinara or Meat Sauce Mexican Street Corn, Black Bean Salad	American Chop Suey Pasta w/ Marinara or Meat Sauce Cole Slaw, Pickled Cucumbers	Pasta Bar: Marinara or Meat Sauce or Buffalo Chicken or Cheese Sauce Three Bean Salad, Apple & Feta Salad	Chicken Alfredo or Pasta w/ Marinara or Meat Sauce Potato Salad, Caesar Salad
Ravioli or Pasta w/ Marinara or Meat Sauce Three Bean Salad Spinach & Cranberry Salad	Meatball Parm or Pasta w/ Marinara or Meat Sauce Black Bean and Corn Salsa and Cole Slaw	Sausage & Peppers Pasta or Pasta w/ Marinara or Meat Sauce Broccoli & Carrot Slaw Pickled Cucumber Salad	Pasta Bar: Marinara or Meat Sauce or Buffalo Chicken or Cheese Sauce Teriyaki Noodle Salad and Edamame Salad	Three Cheese Pasta or Pasta w/ Marinara or Meat Sauce Potato Salad, Caesar Salad
Tortellini or Pasta w/ Marinara or Meat Sauce Pasta Salad and Chopped Salad	Chicken & Broccoli Pasta or Pasta w/ Marinara or Meat Sauce Mexican Street Corn, Black Bean Salad	Three Cheese Pasta or Pasta w/ Marinara or Meat Sauce Cole Slaw, Pickled Cucumbers	Pasta Bar: Marinara or Meat Sauce or Buffalo Chicken or Cheese Sauce Sour Cream, Butter, Salsa and Cheese	Chicken Pesto Pasta or Pasta w/ Marinara or Meat Sauce Potato Salad, Caesar Salad
Cheese Lasagna or Pasta w/ Marinara or Meat Sauce Quinoa Salad and Spinach & Cranberry Salad	Beef and Veggie Chili Mac N Cheese or Pasta w/ Marinara or Meat Sauce Black Bean and Corn Salsa and Cole Slaw	Meatball Parm or Pasta w/ Marinara or Meat Sauce Broccoli & Carrot Slaw Pickled Cucumber Salad	Pasta Bar: Marinara or Meat Sauce or Buffalo Chicken or Cheese Sauce Curry Chickpea Salad and Garden Salad	Chicken LoMein or Pasta w/ Marinara or Meat Sauce Potato Salad, Caesar Salad
Ravioli or Pasta w/ Marinara or Meat Sauce Macaroni Salad, Chopped Salad	Garlic Chicken & Broccoli Pasta or Pasta w/ Marinara or Meat Sauce Mexican Street Corn, Black Bean Salad	American Chop Suey Pasta w/ Marinara or Meat Sauce Cole Slaw, Pickled Cucumbers	Pasta Bar: Marinara or Meat Sauce or Buffalo Chicken or Cheese Sauce Greek Tomato & Cucumber Salad	Chicken Pesto or Pasta w/ Marinara or Meat Sauce Potato Salad, Caesar Salad
Tortellini or Pasta w/ Marinara or Meat Sauce Pasta Salad and Chopped Salad	Creamy Chicken & Spinach Pasta or Pasta w/ Marinara or Meat Sauce Mexican Street Corn, Black Bean Salad	Meatball Parm or Pasta w/ Marinara or Meat Sauce Cole Slaw, Pickled Cucumbers	Pasta Bar: Marinara or Meat Sauce or Buffalo Chicken or Cheese Sauce Curry Chickpea Salad and Garden Salad	American Chop Suey or Pasta w/ Marinara or Meat Sauce Potato Salad, Caesar Salad

DAILY SELECTIONS

Salad & Soup Bar
Build your own salad
Daily rotating selection of soups

Deli Station
Made to order deli sandwiches

Bistro Station
Rotating selection of hot sandwiches

FREE MEALS

A student must take at least 3 food items at each meal AND one of those items **MUST** be a fruit or vegetable.

Students can return to the salad bar for additional serving of fruits & veggies.

SEPTEMBER							OCTOBER							NOVEMBER							DECEMBER							JANUARY						
S	M	T	W	TH	F	S	S	M	T	W	TH	F	S	S	M	T	W	TH	F	S	S	M	T	W	TH	F	S	S	M	T	W	TH	F	S
		1	2	3	4	5					1	2	3	1	2	3	4	5	6	7			1	2	3	4	5						1	2
6	7	8	9	10	11	12	4	5	6	7	8	9	10	8	9	10	11	12	13	14	6	7	8	9	10	11	12	3	4	5	6	7	8	9
13	14	15	16	17	18	19	11	12	13	14	15	16	17	15	16	17	18	19	20	21	13	14	15	16	17	18	19	10	11	12	13	14	15	16
20	21	22	23	24	25	26	18	19	20	21	22	23	24	22	23	24	25	26	27	28	20	21	22	23	24	25	26	17	18	19	20	21	22	23
27	28	29	30				25	26	27	28	29	30	31	29	30						27	28	29	30	31			24/31	25	26	27	28	29	30

FEBRUARY							MARCH							APRIL							MAY							JUNE							
S	M	T	W	TH	F	S	S	M	T	W	TH	F	S	S	M	T	W	TH	F	S	S	M	T	W	TH	F	S	S	M	T	W	TH	F	S	
	1	2	3	4	5	6		1	2	3	4	5	6					1	2	3	2	3	4	5	6	7	8			1	1	2	3	4	5
7	8	9	10	11	12	13	7	8	9	10	11	12	13	4	5	6	7	8	9	10	9	10	11	12	13	14	15	6	7	8	9	10	11	12	
14	15	16	17	18	19	20	14	15	16	17	18	19	20	11	12	13	14	15	16	17	16	17	18	19	20	21	22	13	14	15	16	17	18	19	
21	22	23	24	25	26	27	21	22	23	24	25	26	27	18	19	20	21	22	23	24	23	24	25	26	27	28	29	20	21	22	23	24	25	26	
28							28	29	30	31				25	26	27	28	29	30		30	31						27	28	29	30				