

Triennial Assessment Tool			
Date of Assessment: April 1, 2025	Name of School District: ROCKDALE COUNTY		Number of Schools in District: 20
Nutrition Education Goal(s):	Goal Status (select one):	Number of Compliant Schools:	Notes:
1. Support the instructional school day by improving students' eating behavior and helping to develop healthy lifestyle practices.	Completed	20	We use our cafeterias as learning laboratories by encouraging fresh fruit and vegetable consumption and encouraging low fat and low-calorie meal options.
2. Conducted promotions and/or nutrition activities that included students, staff, and community.	Completed	20	We offer nutrition education by promoting Harvest of the Month on our menus and on our serving lines. This encourages students to try locally grown fruits and vegetables.
3. Promote nutrition education training for school nutrition staff.	Completed	20	We provided nutrition education training to our staff at the beginning of the school year during in-service.
4. Create nutrition education lessons in the school cafeteria and/or classroom by coordinating with the school nutrition manager and teacher.	Partially Completed	11	Nutrition education bulletin boards are updated to provide students with information on nutrition in cafeterias. Students can view the boards during meal service.
5. Incorporate school gardens into the curriculum.	Partially Completed	2	We have two school gardens throughout our district with plans for expansion. When the items are harvested from the school gardens they are used in our school nutrition program during meal service.
Nutrition Promotion Goal(s):	Goal Status (select one):	Number of Compliant Schools:	Notes:
1. Invite classes to visit the cafeteria for a kitchen tour and demonstrations on how meals are prepared.	Partially Completed	1	J.H. House Kindergarten Classes completed a tour of the kitchen. We plan to offer this promotion next school year to the other schools.

2. Involve students in planning school meals by offering taste testing, menu surveys, and holding nutrition advisory councils (N.A.C.).	Partially Completed	4	We were able to provide student taste testing at four schools this year, Conyers Middle, C.J. Hicks Elementary, Memorial Middle, and J.H. House elementary.
3. Promote the Harvest of the Month	Completed	20	Seasonal fruits and vegetables are highlighted on the menus each month. We also provide nutrition education on the highlighted item on the serving line and on the menus to encourage consumption.
Physical Activity Goal(s):	Goal Status (Select one):	Number of Compliant Schools:	Notes:
1. Display signage encouraging physical activity throughout the schools.	Completed	20	Signage encouraging exercise is displayed in health classrooms and gyms across the district.
2. Offer district employee gym memberships incentives.	Completed	20	The district central office has a gym open to all RCPS staff free of charge.
Other School-Based Activities that Promote Student Wellness Goal(s):	Goal Status (Select one):	Number of Compliant Schools:	Notes:
1. Ensure a safe and inviting cafeteria environment for all students.	Completed	20	Managers decorated bulletin boards and serving lines to make the service area attractive and inviting.
2. Promote a clean, healthy, safe environment to maximize instructional focus.	Completed	20	Custodians clean and sanitize buildings daily. Hand sanitizers are available in some class rooms for students use. School Nutrition Managers and food assistants are ServSafe Certified for food safety.
Nutrition Guidelines for All Foods and Beverages Sold to Students	Status (Select one):	Number of Compliant Schools:	Notes:
1. Food sold in school will follow USDA Smart Snack guidelines for nutrition.	Completed	20	This is monitored by the school nutrition office for compliance yearly. SNP Director provided training to School Level Administrators on Smart Snack Requirements.
2. All vending machines, student stores, and concession stands are not operational during the day unless they meet Smart Snack Guidelines.	Completed	20	This is monitored by the school nutrition office for compliance yearly.

3. All schools will complete fundraiser request forms to track the number of fundraisers at each school.	Completed	20	Forms are sent into the school nutrition office for approval. We monitor to ensure compliance. Forms are maintained in the school nutrition office for audit purposes.
Nutrition Guidelines for All Foods and Beverages Not Sold to Students <i>(i.e. classroom parties, foods given as reward).</i>	Status (Select one):	Number of Compliant Schools:	Notes:
1. Offer teachers and parents' healthy options for classroom parties.	Partially Completed	11	Some schools limit birthday treats (such as cupcakes) and encourage healthier items for celebrations. Teachers are encouraged to provide healthy incentives to students for academic performance.
2. Unflavored water made available to students throughout the day.	Completed	20	Water is provided at all schools during meal services. Some schools have Touchless Hydration Stations to encourage water consumption.
Policies for Food and Beverage Marketing	Status (Select one):	Number of Compliant Schools:	Notes:
1. Restrict the marketing and advertising of unhealthy commercial food items on school campuses.	Completed	20	The District is committed to providing a school environment that ensures opportunities for all students to practice healthy eating and physical activity behaviors throughout the school day. We minimize commercial distractions for our students.

Wellness Policy Leadership	Title and School	Notes:
1. Blaine Allen	School Nutrition Director	
2. Stephen Lillard	District Supervisor	
3. Kathy Turner	Administrative Manager	
4. Ronald Ellerbee	Warehouse Clerk	

5. Peggy Burkey	School Nutrition Intel	
6. Melissa Vann	Bid Tech/ Bookkeeper	
7. Ayanna Reid	Secretary/ Bookkeeper	
Wellness Committee Involvement <i>List of committee members names</i>	Title and Organization	Notes:
Dr. Kecia Rowles	RCPS District Athletic Director	
April Fallen	RCPS Director of Community and Student Report	
Cindy Ball	RCPS Chief of Strategy and Innovation	
Mikhail K. Brown	UGA Cooperative Director Conyers	
Dr. Collins	RCPS Edwards Middle Principal	
Charles Chavous	RCPS Salem High School Principal	
Tamecia K. Wright	RCPS Parent, Author, Farmer and HR Profession	
Kelly Coil	RCPS HR Benefits Manager	
George Kelecheck	Rockdale Soil and Conservation District	

Public Notification <i>Where it is posted i.e. webpage, handbook, etc.</i>	How often it is updated/released:	Notes:
1. Rockdale County Public School System Triennial Assessment	Every 3 years	

2. Wellness Committee Meeting	Annually	The meeting will be advertised to the public on the district's website.
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1400 Independence Avenue, SW
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2. fax:

(833) 256-1665 or (202) 690-7442; or

3. email:

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