

ELC SEPTEMBER LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 1-Chopped beef & cheese on a bun 2 oz-Peas 2 oz-Fruit 1 C-Milk	2 2 oz-Grilled chicken chunks 2 oz-Mac and cheese 2 oz-Broccoli 2 oz-Fruit 1 C-Milk	3 1-Chili(2oz) cheese hot dog on a bun 2 oz-Carrots & peas 2 oz-Fruit 1 C-Milk	4 1 sl-Pepperoni pizza 2 oz-Green beans 2 oz-Fruit 1 C-Milk
7 NO SCHOOL LABOR DAY	8 ½-Beef, bean & cheese burrito (2 oz) 2 oz-Corn 2 oz-Fruit 1 C-Milk	9 2 oz-Chicken tenders w/honey mustard 2 oz-Mixed vegetables 1-Dinner roll 2 oz-Fruit 1 C-Milk	10 ½ -Grilled ham & cheese 2 oz-Broccoli 2 oz-Fruit 1 C-Milk	11 6 oz-Chef salad w/ranch 1-Bosco stick 2 oz-Fruit 1 C-Milk
14 4 oz-Chicken alfredo 2 oz-Broccoli 2 oz-Fruit 1 C-Milk	15 2 oz-Nachos w/turkey taco meat (cheese sauce, lettuce, salsa) 2 oz-Corn 2 oz-Fruit 1 C-Milk	16 1-Hot dog on a bun 2 oz-Baked beans 2 oz-Mixed vegetables 2 oz-Fruit 1 C-Milk	17 1-Chicken patty on a bun Lettuce & tomato 2oz-Peas & carrots 2 oz-Fruit 1 C-Milk	18 NO SCHOOL (PD DAY)
21 2 oz-Orange chicken chunks 2 oz-Rice 2 oz-Broccoli 2 oz-Fruit 1 C-Milk	22 1-Cheese pizza w/ beef crumbles 4 oz-Side salad 2 oz-Fruit 1 C-Milk	23 ½ -Turkey & cheese sandwich 2 oz-Baby carrots w/ ranch 2 oz-Pretzels 2 oz-Fruit 1 C-Milk	24 2 oz-Chicken meatballs w/sauce 2 oz-Green beans 1-Dinner roll 2 oz-Fruit 1 C-Milk	25 1-Cheeseburger 2 oz-Potato wedges 2 oz-Fruit 1 C-Milk
28 ½ -Bacon chicken wrap 2 oz-Carrots 2 oz-Fruit 1 C-Milk	29 4 oz-Cheesy beefy macaroni 1-Dinner roll 2 oz-Mixed vegetables 2 oz-Fruit 1 C-Milk	30 4 oz-Chicken fried rice 1-Egg roll 2 oz-Broccoli 2 oz-Fruit 1 C-Milk		

EQUAL OPPORTUNITY PROVIDER & EMPLOYER. MENUS SUBJECT TO CHANGE WITHOUT NOTICE. WE TRY OUR BEST TO SERVE MENUS AS POSTED; HOWEVER SOMETIMES LAST-MINUTE CHANGES OCCUR.

ADULT MEAL PRICES: BREAKFAST \$3.00 LUNCH: \$5.00

