

 BREAKFAST

SEPTEMBER 2026

MIDDLE

Monday

Tuesday

Wednesday

Thursday

Friday

1
Assorted Muffin Bundle, or
Hot Breakfast Sandwich, or
Cereal Fresh Fruit, Apple
Juice Milk Variety

2
Smoothie, Maple Crackers,
or Cereal, Fresh Fruit Milk
Variety

3
Egg & Cheese on a WG Roll,
or
Cereal, Fresh Fruit, Orange
Juice Milk Variety

4
Assorted Muffin Bundle, or
Cereal, Fresh Fruit,
Milk Variety

7
NO SCHOOL

8
Assorted Muffin Bundle, or
Hot Breakfast Sandwich, or
Cereal Fresh Fruit, Apple
Juice Milk Variety

9
Smoothie, Maple Crackers,
or Cereal, Fresh Fruit Milk
Variety

10
Maple Waffle & Chicken
Sausage Brkfst. Sandwich, or
Cereal, Fresh Fruit, Orange
Juice Milk Variety

11
Assorted Muffin Bundle, or
Cereal, Fresh Fruit,
Milk Variety

14
Bagel, Cheese Stick, Yogurt,
or Cereal,
, Fresh Fruit Milk Variety

15
Assorted Muffin Bundle, or
Hot Breakfast Sandwich, or
Cereal Fresh Fruit, Apple
Juice Milk Variety

16
Smoothie, Maple Crackers,
or Cereal, Fresh Fruit Milk
Variety

17
Egg & Cheese on a WG
English Muffin, or
Cereal, Fresh Fruit, Orange
Juice Milk Variety

18
Assorted Muffin Bundle, or
Cereal, Fresh Fruit,
Milk Variety

21
NO SCHOOL

22
Assorted Muffin Bundle, or
Cereal, Fresh Fruit,
Apple Juice
Milk Variety

23
Smoothie, Maple Crackers,
or Cereal, Fresh Fruit Milk
Variety

24
Sausage & Cheese on a WG
Bagel, or Cereal, Fresh Fruit,
Orange Juice
Variety Milk

25
Assorted Muffin Bundle, or
Cereal, Fresh Fruit,
Milk Variety

28
Bagel, Cheese Stick, Yogurt,
or Cereal,
, Fresh Fruit Milk Variety

29
Assorted Muffin Bundle, or
Cereal, Fresh Fruit,
Apple Juice
Milk Variety

30
Smoothie, Maple Crackers,
or Cereal, Fresh Fruit Milk
Variety

Daily Milk Offerings 1% Low-Fat (V) (D) Fat Free(V)(D) Fat Free Chocolate Milk(V) Fat Free Strawberry Milk (V)

Daily Seasonal Fresh & Canned Fruit: apples, banana, grapes, oranges, applesauce, diced pears pineapple, peaches.

Gluten Free Items are Available Daily. All Menus Are Subject To Change Upon Vendor Availability:

Vegan Item (VE)- A plant-based food that consists of whole grains/vegetable/legumes and fruit.
Vegetarian Item (V)- a food that consists of whole grains, vegetables, legumes, nuts, fruit, eggs, dairy excludes animal products.

Gluten Free Item (GF)- a food that contains no gluten, or flour Dairy (D)- all items contains, milk/eggs, butter.

Attention: Pre-K Students CANNOT be offered Chocolate or Strawberry Milk, or Cookies.

Daily WEEKLY OFFERINGS:

Sunflower Butter & Jelly Sandwich (VE) Ham & Cheese Sandwich Turkey & Cheese Sandwich Veggie Wrap (GF) Yogurt Parfait (V) Cheese Sandwich (V) Hummus Platter (V)

Special Days: