

Director of Food & Nutrition

Ardela Wolfe 412-824-8012 ext 4164 awolfe@eawildcats.net

Monday 	Tuesday 	Wednesday 	Thursday 	Friday 
Daily Offer Cereal w/Crackers Fresh Fruit	1 Mini Chocolate Chip French Toast Cinnamon Roll Orange Juice	2 Breakfast Pizza Mini Powdered Donuts Fruit Punch Juice	3 Cherry Frudel Goody Bun Orange Juice	4 Mini Cinns Double Chocolate Chip Muffin Apple Juice
7  NO SCHOOL	8 Apple Frudel Chocolate Chip Waffel Snaps Orange Juice	9 Sausage Egg & Cheese on a English Muffin Goody Ring Fruit Punch Juice	10 French Toast Sticks Cocoa Chip Benefit Bar Orange Juice	11 Mini Maple Waffles WG Donut Apple Juice
14 Strawberry Cream Cheese Mini Bagels Banana Chocolate Chunk Benefit Bar Apple Juice	15 Mini Chocolate Chip French Toast Cinnamon Roll Orange Juice	16 Breakfast Pizza Mini Powdered Donuts Fruit Punch Juice	17 Cherry Frudel Goody Bun Orange Juice	18 Mini Cinns Double Chocolate Chip Muffin Apple Juice
Daily Milk Options: Fat Free Chocolate or Vanilla & 1% White				

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Monday 	Tuesday 	Wednesday 	Thursday 	Friday 
21 No School Daily Offer Creeal w/Crackers Fresh Fruit	22 Apple Frudel Chocolate Chip Waffel Snaps Orange Juice	23 Sausage Egg & Cheese on a English Muffin Goody Ring Fruit Punch Juice	24 French Toast Sticks Cocoa Chip Benefit Bar Orange Juice	25 Mini Maple Waffles WG Donut Apple Juice
28 Strawberry Cream Cheese Mini Bagels Banana Chocolate Chunk Benefit Bar Apple Juice	29 Mini Chocolate Chip French Toast Cinnamon Roll Orange Juice	30 Breakfast Pizza Mini Powdered Donuts Fruit Punch Juice		



**A little kindness
goes a long way.**

Daily Milk Options: Fat Free Chocolate or Vanilla & 1% White