



Nassau County Police Activity League

It Is Better To Build Youth Than Mend Adults

Nassau County PAL – WANTAGH SEAFORD UNIT

PO BOX 122, WANTAGH, NY 11793 ~ Tel: (516) 783-8464

WANTAGH SEAFORD PAL – CALENDAR OF EVENTS & REGISTRATIONS

Fall, Winter & Early Spring 2026–2027

SEPTEMBER

BOWLING

Ages 5–18

Runs Saturdays, September through mid-March. Weekly lane fee applies

Register & get info: <https://ncpalwantaghseafordunit.leagueapps.com/leagues>

SOCCER

All program information available at: www.wantaghseafordpal.org

BASKETBALL

Online registration only – opens September 1 and closes November 27 at 11:59 PM

Waitlist begins November 28 at 12:00 AM

Info & Registration:

www.wantaghseafordpal.org or <https://ncpalwantaghseafordunit.leagueapps.com/leagues>

KARATE

Boys & girls, ages 7–18. Friday evenings at Wantagh Elementary School.

Fall session runs first; additional session follows with highly qualified instructors

Register: <https://ncpalwantaghseafordunit.leagueapps.com/leagues>

NOVEMBER

LACROSSE

Boys & girls, grades K–8 (Kindergarten = clinic format). Season runs March through June

Online registration only – opens November 1.

Info & Registration: <https://ncpalwantaghseafordunit.leagueapps.com/leagues>

DISCLAIMER

This flyer is distributed as a courtesy by the Seaford and Wantagh School Districts. Please note that neither school district sponsors nor accept any responsibility for these activities. All programs are operated solely by the Wantagh Seaford PAL.

PREPARING TOMORROW'S VOICE OF THE COMMUNITY'S LEADERS