

STUDENTS

Dress and Personal Hygiene Practices (TK-12)

In cooperation with teachers, students and parents/guardians, the Governing Board shall establish rules governing student attire which are consistent with law, Governing Board policy and administrative regulations. These school dress codes shall be regularly reviewed.

The dress code shall be modified as appropriate to accommodate a student's religious or cultural observance, health condition, or other circumstance deemed necessary by the principal or designee. In addition, the principal or designee may impose dress requirements to accommodate the needs of special school activities, physical education classes, athletic activities, and other extracurricular and cocurricular activities.

No grade of a student participating in a physical education class shall be adversely affected if the student does not wear standardized physical education apparel because of circumstances beyond the student's control. (Education Code 49066)

Students shall be allowed to wear sun-protective clothing, including but not limited to hats, for outdoor use during the school day. (Education Code 35183.5)

Gang-Related Apparel

The Board finds that gangs, gang-related apparel, and gang-related activities create a clear and present danger of disrupting the educational process and create a hazard to the health and safety of the school environment. These regulations prohibit the wearing or displaying of gang related apparel, insignia, or other gang identifiers. The Board finds that such regulations are necessary for the health and safety of the school environment. As used in these regulations, a "gang" is two or more people who form an allegiance for a common purpose which includes engaging in, individually or collectively, a pattern of acts that may be threatening, disruptive, or criminal, and which may include such behavior as intimidation, threats, or violence. "Gang related apparel" is defined as any item of clothing, accessory, jewelry, or manner of personal hygiene practice which, by virtue of its color, arrangement, trademark or other attribute, denotes membership in or affiliation with gangs.

As necessary, the school shall collaborate with law enforcement agencies to update definitions of gang-related apparel.

This dress code applies to all students and will be enforced at school sites, at school functions, and on school buses. The dress code is adopted to promote standards of dress and personal hygiene practices that promote a safe school setting conducive to a positive learning environment. These regulations are intended to prohibit student dress or personal hygiene practices which:

1. present a hazard to the health or safety of the student or others;
2. interfere with school work, create disorder, or disrupt the educational program;

3. cause excessive wear or damage to school property;
4. prevent the student from achieving educational objectives (e.g., blocked vision or restricted movement);
5. incite pupils so as to create a clear and present danger of school disruption or the commission of unlawful acts;
6. conflict with this Board's philosophy and goals on the prevention of drug abuse and gang activity.

Nothing in this code is to be interpreted to limit the District's responsibility and obligation to enforce unique safety and health requirements (e.g., shop and food situations). Based on the premise that certain ways of dress can be a safety and/or health hazard and can also be a distraction from learning, the following policy on dress will be in effect throughout Central Unified School District. Please note that this dress code is for all students, and it will be enforced consistently and fairly at school and at all school sponsored functions and events.

1. Pupils must dress safely. For example, shoes must be worn at all times at school or during school hours.
 - a. Clothes shall be no more than one size larger or one size smaller than the student's regular clothing size. Shirts may not hang beyond mid-thigh. No sagging of pants is allowed.
 - b. All clothing must be worn as its design was traditionally intended.
 - c. Flip flop sandals may not be worn by TK-6 students. All TK-6 students must wear shoes with a back strap.
2. Pupils must dress appropriately for educational activities in which they will participate.
 - a. Clothes shall be clean so as not to promote unhealthy or unsanitary conditions. Clothing must be in good condition and not showing excessive wear or exposing skin. All pants, shorts, skirts, skorts, and dresses must be properly hemmed.
 - b. Clothes shall be worn as intended, must have an appropriate neckline, and be sufficient to conceal undergarments, which shall be worn and covered at all times. Underwear-type sleeveless shirts, see-through, fishnet, or other attire which exposes the body such as bare midriffs, tube tops, halter tops, dresses, skirts, skorts, shorts, etc. are not acceptable. Students, who participate in pep and cheer, when required by their advisor to wear their uniforms, may wear their cheer outfits without violation of this provision.
 - c. No tights may be worn unless they are worn beneath dresses, skirts, skorts or shorts.

- d. Leggings must be thick enough so as not be see-through.
 - e. Hats and specified caps (such as baseball caps, watch caps, winter knit caps, and beanie style caps) may be worn as sun-protective clothing while outdoors. Hats and caps may also be worn to protect against inclement weather. The school may regulate the type of hat and cap as to colors and designs to comply with other Central Unified School District Dress Code guidelines. Hats must be worn facing forward and must not be worn inside school facilities or in classrooms. Students and parents are advised to consult with the administration at the school of attendance in this regard, prior to purchasing or wearing hats and caps.
 - f. Dark glasses shall not be worn in classrooms, offices, or other buildings unless a documented, related health problem exists.
 - g. Belts must fit properly, go through the belt loops, and may not hang. Brass belt buckles having cut out initials are not permitted.
 - h. Sweatshirts/sweatpants (running outfits) and flannel pants are acceptable. Pajama bottoms may not be worn at school unless a designated school spirit day has been declared by site administration on a specific date.
3. Clothing, backpacks, and jewelry shall be free of writing, pictures, or any other insignia which are crude, vulgar, profane, obscene, libelous, slanderous, or sexually suggestive. Clothing or jewelry that advocates racial, ethnic, or religious prejudice, or other unlawful acts, or the use of tobacco, drugs, or alcohol is prohibited.
- a. Clothing that depicts college or professional sport logos/mascots is prohibited. Clothing that depicts the names, insignias, or logos associated primarily with college or university academic programs and is not associated with gangs or otherwise conflict with the standards of acceptable apparel is permitted.
4. Earrings and nose rings should be worn as intended. No facial or tongue piercing is allowed.
5. Hair styles shall be clean and neatly groomed. Students can wear hairstyles and textures that include braids, locks, and twists. The school shall only be concerned when a haircut or hairstyle impacts the health and safety of students and staff.
6. Attire that may be used as a weapon may not be worn (e.g. steel-toed boots, chains, items with spikes or studs, etc.)
7. Pupils shall not display any material or paraphernalia which incites a disruption of the school process or creates a clear and present danger of either the commission of unlawful acts on school premises or the violation of District or school site policies or rules.

8. Gang-related apparel or paraphernalia, including symbols, emblems, insignias, or other gang identifiers, may not be worn or displayed. This rule prohibits the presence of any apparel, jewelry, accessory, notebook, or manner of personal hygiene practice which, by virtue of its color, arrangement, trademark, or other attribute denotes membership in or affiliation with gangs. In case of doubt as to whether an item is gang related, the principal or designee will consult with law enforcement or other school personnel with expertise in gangs.
9. Any apparel, hairstyle, cosmetics, accessory, or jewelry, even if not specifically mentioned above, that creates a safety or health concern or tends to detract from the education process, is prohibited.
10. All tattoos must be covered at all times.

Limited written exceptions to the District dress code policy may be made by the principal for special days, special events, or other unusual circumstances. Copies of this policy shall be given to students.

Regulation approved: 6/28/84

Regulation revised: 1/9/96; 5/28/96; 2/24/98; 9/14/99; 1/22/02; 5/20/05; 5/9/06; 3/27/07; 2/26/08; 2/24/09; 3/10/09; 3/24/15; 3/14/17; 2/19/19; 2/3/2020; 2/23/2021; 2/7/22; 3/28/23; 3/24/26