

September Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Parmesan Pasta/Plain Pasta, Broccoli, Strawberries, Milk	2 Buttery Baby Potatoes, Meatballs/ Tofu, Green Beans, Melon, Milk Condiments: *Ranch, Ketchup, BBQ Sauce	3 Black Bean Tacos, Rice, Cucumbers, Lettuce, Grapes, Milk Condiments: *Ranch, Ketchup, BBQ Sauce	4 Chicken Nuggets/Veggie Nuggets, Kernal Corn, Oranges, Milk Condiments: *Ranch, Ketchup, BBQ Sauce
7 LABOR DAY (SCHOOL CLOSED) 	8 Sun Butter/Jelly Sandwich, Chicken Rice Soup/ Veggie Soup, Cantaloupe, Milk	9 Chicken Tenders/Veggie Tenders, Kernal Corn, Oranges, Milk Condiments: *Ranch, Ketchup, BBQ Sauce	10 Chicken Burger/Veggie Burgers, Cucumbers, Peaches, Milk Condiments: *Ranch, Ketchup, BBQ Sauce	11 Mini Corn Dog/ Tofu, Baked Beans, Apples, Milk Condiments: *Ranch, Ketchup, BBQ Sauce
14 Pasta Alfredo, Broccoli, Strawberries, Milk	15 Ham/Cheese Sandwich, Cucumbers, Cantaloupe, Milk Condiments: *Ranch	16 Steamed White Rice, Orange Chicken/Tofu, Green Beans, Watermelon, Milk	17 Pita Bread,Grilled Chicken/Falafal, Hummus, Salad, Peaches, Milk	18 Fish Sticks/Tofu, Baby Carrots, Orange, Milk Condiments: *Ranch, Ketchup, BBQ Sauce
21 Garlic Butter Pasta/Plain Pasta, Broccoli, Nectarine, Milk	22 Pesto Turkey/Cheese Sandwich, Cucumbers, Cantaloupe, Milk Condiments: *Ranch	23 Roasted Sweet/ Reg. Potatoes, Italian Sausage/ Tofu, Mixed Vegetable, Grapes, Milk Condiments: *Ranch, Ketchup, BBQ Sauce	24 Chicken/Tofu, Rice, Black Beans, Salsa, Cheese, Oranges, Milk	25 Mini Corn Dog/ Tofu, Kernel Corn, Apples, Milk Condiments: *Ranch, Ketchup, BBQ Sauce
28 Pesto Pasta, Green Beans, Strawberries, Milk	29 Tortilla Chips, Nacho Cheese, Black Beans, Salsa, Watermelon, Milk	30 Cheese Pizza, Baby Carrots, Peaches, Milk Condiments: *Ranch, Ketchup, BBQ Sauce		*Contains Egg