

September Snack Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 A.M.- Wholewheat Cheerios, Bananas, Milk	2 A.M.- Vanilla Yogurt w/Fresh Mango, Milk	3 A.M.-Honeycomb Cereal, Bananas, Milk	4 A.M. - Nutri Grain Bar, Fruit, Milk
	P.M.- Gold Fish, Fresh Fruit	P.M.- Chocolate Chick Pea Spread, Graham Crackers, Apples	P.M.- Cheez-It, Fresh Fruit	P.M.- Ritz Crackers, Cheddar Cheese, Salami, Fresh Fruit
7 LABOR DAY (SCHOOL CLOSED)	8 A.M.- Wholewheat Cheerios, Bananas, Milk	9 A.M.- Vanilla Yogurt w/Fresh Mango, Milk	10 A.M.-Honeycomb Cereal, Bananas, Milk	11 A.M. - Nutri Grain Bar, Fruit, Milk
	P.M.- Pretzel W/Mustard, Fresh Fruit	P.M.- Sea Weed Teriyaki, Cucumbers, Cheese Stick	P.M.- Belvita Crackers, Fresh Fruit	P.M.- Pirate Booty, Cheese Stick, Fresh Fruit
14 A.M.- Strawberry Yogurt, Granola, Milk	15 A.M.- Wholewheat Cheerios, Bananas, Milk	16 A.M.- Vanilla Yogurt w/Fresh Mango, Milk	17 A.M.-Honeycomb Cereal, Bananas, Milk	18 A.M. - Nutri Grain Bar, Fruit, Milk
P.M.- Veggie Straws, Cheddar Cheese, Fresh Fruit	P.M.- Cheddar Cheese, Ritz Crackers, Apples	P.M.- Tortilla Chips, Salsa, Fresh Fruit	P.M.- Rice Crisps, Cheese Stick, Fresh Fruit	P.M.- Ritz Crackers, Cheddar Cheese, Salami, Fresh Fruit
21 A.M.- Strawberry Yogurt, Granola, Milk	22 A.M.- Wholewheat Cheerios, Bananas, Milk	23 A.M.- Vanilla Yogurt w/Fresh Mango, Milk	24 A.M.-Honeycomb Cereal, Bananas, Milk	25 A.M. - Nutri Grain Bar, Fruit, Milk
P.M.- Graham Crackers, Apple Sauce	P.M.- Nilla Waffers, Fresh Fruit	P.M.- Blueberry Muffins , Fresh Fruit	P.M.- Gold Fish, Fresh Fruit	P.M.- Rice Crisps, Cheese Stick, Fresh Fruit
28 A.M.- Strawberry Yogurt, Granola, Milk	29 A.M.- Wholewheat Cheerios, Bananas, Milk	30 A.M.- Vanilla Yogurt w/Fresh Mango, Milk		*Contains Egg
P.M.- Pretzel W/Mustard, Fresh Fruit	P.M.- Cheddar Cheese, Ritz Crackers, Apples	P.M.- Sea Weed Teriyaki, Cucumbers, Cheese Stick		