



2026-27 Webinar Series

For Parents, Caregivers, and School Staff



Here when you need us.

Supporting the mental health and wellness of students and families.

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As part of your district's Cartwheel partnership, families and school staff get free access to our expert webinar series — practical guidance on the youth mental health topics that matter most right now.

Can't make it live? Register anyway. Every session is recorded and will be sent to you automatically.

See full details and calendar [here](#).

Aug 19, 7pm ET

When School Feels Hard:
Understanding Anxiety and
Avoidance in Kids

Chinwé Williams, Ph.D.

▶ [Register Here](#)

Sept 16, 7pm ET

Growing Together: Supporting
Your Child's Mental Health This
School Year

Linda Price, M.Ed., CAGS

▶ [Register Here](#)

Oct 15, 7pm ET

Friend Drama, Group Chats, and
Social Exclusion: What Parents
Need to Know

Phyllis Fagell, LCPC

▶ [Register Here](#)

Nov 18, 7pm ET

Helping Kids Get Started:
Supporting Motivation for School,
Homework, and Learning

Emily Edlynn, Ph.D.

▶ [Register Here](#)

Dec 9, 7pm ET

The Holiday Effect: Why Kids
Struggle and How Parents Can
Help

Terance Dawkins, LISW-CP

▶ [Register Here](#)

Jan 12, 7pm ET

New Year, No Pressure: Setting
Your Family Up for a Good Year

Deborah Farmer Kris, MEd

▶ [Register Here](#)

February 10, 7pm ET

Helping Kids Thrive: Building
Resilience, Confidence, and
Belonging

Ryan DeLapp, PhD

▶ [Register Here](#)

March 16, 7pm ET

Stop Doing It All: Helping Kids
Build Executive Function Skills

Dr. Ann-Louise Lockhart

▶ [Register Here](#)

April 14, 7pm ET

Emptying the Emotional
Backpack: Helping Your Child
Through Big Feelings

Caryn Brady, LICSW

▶ [Register Here](#)

May 5, 12pm ET

Screen Time and Summer:
Helping Kids Have a Healthy
Digital Summer

Devorah Heitner, PhD

▶ [Register Here](#)



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 www.cartwheel.org/families