



Pamlico County Schools - Grades 6-12 Breakfast & Lunch Menus for August 2026

Monday August 10	Tuesday August 11	Wednesday August 12	Thursday August 13	Friday August 14
OW	OW	OW	OW	OW
August 17 W	August 18 W	August 19 W	August 20 W	August 21 W
August 24 Breakfast: Banana Bread. Sliced Apples Lunch Entrées: Chicken Bites w/ Roll Mozzarella Sticks Vegetables: Roasted Broccoli Marinara Dipping Cup Crinkle Cut Fries Fruit: Strawberry Cup Sliced Pears	August 25 Breakfast: Turkey Sausage Biscuit. Strawberry Cup Lunch Entrées: Cheeseburger Chicken Bites w/ Roll Vegetables: Glazed Carrots Baked Beans Spiral Fries Fruit: Spiced Apples Fresh Orange	August 26 Breakfast: Muffin. Applesauce Cup Lunch Entrées: Turkey Pepperoni Pizza Mozzarella Sticks Vegetables: Cheesy Broccoli Waffle Fries Marinara Dipping Cup Fruit: Sliced Peaches Fresh Golden Apple	August 27 Breakfast: Croissant Sandwich (Turkey Ham & Cheese). Mixed Fruit Cup Lunch Entrées: Nachos Chicken Tenders with Biscuit Vegetables: Fiesta Sweet Corn Salsa Cup Ranchero Beans Fruit: Sliced Pears Strawberry Cup	August 28 Breakfast: Yogurt & Granola. Banana or Raisins Lunch Entrées: Cheese Pizza Chicken Sandwich Vegetables: Tater Tots Tossed Salad Green Peas Fruit: Spiced Apples Banana
August 31 Breakfast: Pumpkin Bread, Assorted Fresh Fruit Lunch Entrées: Chicken Nuggets w/ Biscuit Mozzarella Sticks Vegetables: Cheesy Broccoli Marinara Dipping Cup French Fries Fruit: Strawberry Cup Fresh Red Apple	MIDDLE & HIGH SCHOOL DAILY OFFERINGS • BREAKFAST: 100% Fruit Juice • WG Cereal Bowls • Pop-Tarts • LUNCH: PB&J Bento Box • Ham & Cheese Bento Box • MILK: 1% Low-Fat White • Fat-Free Chocolate *Menu is subject to change based on product availability and deliveries.			

Nutrition Byte

Enjoy School Meals

Welcome back! Did you know that **both breakfast and lunch are served at no cost** to all Pamlico County students? Thanks to the Community Eligibility Provision (CEP), every student can enjoy a healthy, delicious breakfast and lunch every single school day—no applications or forms required!

Our school meals are designed to give students the energy they need to succeed. Every meal features a balance of whole grains, lean proteins, fresh local agricultural ingredients, and essential vitamins to start the day right.