



Pamlico County Schools - Grades K-5 Breakfast & Lunch Menus for August 2026

Monday August 10	Tuesday August 11	Wednesday August 12	Thursday August 13	Friday August 14
OW	OW	OW	OW	OW
August 17 W	August 18 W	August 19 W	August 20 W	August 21 W
August 24 Breakfast: Banana Bread. Sliced Apples Lunch Entrées: Chicken Bites w/ Roll Mozzarella Sticks Vegetables: Roasted Broccoli Marinara Dipping Cup Crinkle Cut Fries Fruit: Strawberry Cup	August 25 Breakfast: Turkey Sausage Biscuit. Strawberry Cup Lunch Entrées: Cheeseburger Chicken Bites w/ Roll Vegetables: Glazed Carrots Baked Beans Spiral Fries Fruit: Spiced Apples	August 26 Breakfast: Muffin. Applesauce Cup Lunch Entrées: Turkey Pepperoni Pizza Mozzarella Sticks Vegetables: Cheesy Broccoli Waffle Fries Marinara Dipping Cup Fruit: Sliced Peaches	August 27 Breakfast: Croissant Sandwich (<i>Turkey Ham & Cheese</i>). Mixed Fruit Cup Lunch Entrées: Nachos Chicken Tenders with Biscuit Vegetables: Fiesta Sweet Corn Salsa Cup Ranchero Beans Fruit: Sliced Pears	August 28 Breakfast: Yogurt & Granola. Banana or Raisins Lunch Entrées: Cheese Pizza Chicken Sandwich Vegetables: Tater Tots Tossed Salad Green Peas Fruit: Spiced Apples
August 31 Breakfast: Pumpkin Bread, Fresh Fruit Choice Lunch Entrées: Chicken Nuggets w/ Biscuit Mozzarella Sticks Vegetables: Cheesy Broccoli Marinara Dipping Cup French Fries Fruit: Strawberry Cup		Daily Favorites Milk: 1% White & Fat-Free Chocolate Breakfast: 100% Fruit Juice Variety (<i>FAA & Primary</i>) - Whole Grain Cereal Bowls (<i>FAA Only</i>) - Pop-Tarts & Cereal Bars (<i>Primary Only</i>) Lunch (FAA & Primary): Whole Grain PB&J Sandwich Lunch (FAA Only): Bento Bags (<i>Choice of PB&J or Ham & Cheese</i>)		

Nutrition Byte

Enjoy School Meals

Welcome back! Did you know that **both breakfast and lunch are served at no cost** to all Pamlico County students? Thanks to the Community Eligibility Provision (CEP), every student can enjoy a healthy, delicious breakfast and lunch every single school day—no applications or forms required!

Our school meals are designed to give students the energy they need to succeed. Every meal features a balance of whole grains, lean proteins, fresh local agricultural ingredients, and essential vitamins to start the day right.