

Outdoor Recreation and Leisure

Course Syllabus

Instructor: Coach Walker
Campus: Central High School
Grade: 9 – 12
Office: James R. White Gymnastics Building
Phone: 659-3400 ext 165
Conference: 2:20 – 3:05
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Course Description: Students enrolled in Outdoor Recreation and Leisure are expected to develop competency in outdoor recreation activities that provide opportunities for enjoyment and challenge. Emphasis is placed upon activities that also promote respect for the outdoor environment and that can be enjoyed for a lifetime. Semester Credit: 1

Grading Procedure: Minor Grade - 40% Skills Assessments/Written Exams
Major Grade - 60% - Class Participation

The student will receive a daily participation grade for class participation for the week that will total 100 points. If the student chooses not to participate in the class activity for the day, the student will lose 10 points for the day.

Example: If the student participates in class every day, their participation grade would be 100 for the week. If the student chooses not to participate for 3 days of that week, the student will lose 10 points from their daily participation grade each day and receive a 70 for their participation grade for that week.

Final Exam: Essay over selected topic taken from information received during the semester.

Course Objectives:

- (1) The student demonstrates competence in selected outdoor activities.
- (2) The student applies movement concepts and principles to the learning and development of activity skills.
- (3) The student exhibits a physically active lifestyle that improves health and provides opportunities for enjoyment and challenge.
- (4) The student knows the relationship between outdoor activities and health.

Materials required:

paper, pen or pencil when required, work-out clothes for the appropriate activity.

Student Expectations:

- (1) The student is responsible for being prepared for the selected activity daily.
- (2) Students are expected to behave in class and display good sportsmanship!
- (3) Students are expected to follow class rules for safe use of equipment and facilities.
- (4) Students should be responsible for personal property, school property and the property of others.
- (5) Students are expected to participate daily in the activity offered. If the student chooses not to participate in class, the student will receive a warning. If the student's overall participation grade drops below 70, the parent will be contacted, and the student will be advised to the counseling center. If there is no improvement, the student will then be advised to the Discipline Center, and the parent/guardian will be contacted.
- (6) A note from a parent or legal guardian will be sufficient to excuse the student from class participation for the activity of the day. If the exemption is required beyond that one day, a request must be accompanied by a doctor's certificate/note. Ten points will be deducted from the student's class participation grade for voluntary non-participation in class. The student receives a weekly participation major grade that makes up 60% of the student's final grade.
- (7) No food or drinks (water ok), are allowed in class except for special occasions
- (8) District Phone Policy will be followed in class, unless permission is given for its use
- (9) During activities, any valuables must be in a safe secure place or the coach's office

This is to verify that I/we have received a copy of the course syllabus and classroom management plan. If you need to have a conference to discuss my son/daughter, please contact me at:

Parent/Guardian signature

Contact number(s)

Email address

Date

I fully understand and will comply with the student expectations and objectives for the Outdoor Recreation and Leisure Course.

Student signature

Contact number(s)

Email address

Date

Teacher

T-Tess Principal

