

# Sayville Public Schools



SAYVILLE MIDDLE SCHOOL

Dr. Joseph Castoro

Principal

Brian Decker

Assistant Principal

John Lorentz

Interim Superintendent of Schools

August 2026

Dear Parents and Guardians,

We are excited to once again take our 8th graders on the annual Outdoor Educational Experience trip also, and more simply known as Frost Valley! We believe that this trip provides our students with an invaluable experience and is part of the very fabric of Sayville Schools.

For your information, students will spend three days and two nights in the heart of New York's 400,000 acre Catskill Forest Preserve. We will depart **on the morning of Wednesday, December 2nd and return on Friday, December 4th**. Students will be involved from early morning until well after dark in programs such as: orienteering (using a compass), forest ecology, geology, night awareness, harvesting and managing woodlands, water ecology, and soil exploration. In addition, there will be evening programs in areas of interest to the students, and of course, a great deal of fun.

Enclosed you will find:

-**Purple Form**- Parent permission slip

-**Pink Form** - Student health history form to provide us and Frost Valley with any pertinent medical history as well as authorization for emergency medical treatment and liability waiver.

-**Blue Form** - Parent and Physician permission form to allow Frost Valley Nurses to administer any type of medications. Your child's pediatrician must fill out and sign the form in order for any medication, including over the counter medications (ex: Tylenol, Advil, sunscreen, etc...) to be administered.

-**Gray Form**- Frost Valley Behavioral Contract to be reviewed and signed by students and parents.

-**Green Form**- Frost Valley Packing Checklist

Please join us on **September 14, 2026 at 6:00 PM in the middle school auditorium** for an informational meeting. Please bring as many of these completed forms to the meeting as possible to help us as we plan the trip. Also, you may bring your payment for the trip to the meeting as well.

We look forward to making this a memorable experience for our 8th grade students that they can reflect on for years to come!

Warm regards,

Dr. Castoro, Mr. Decker, and the amazing faculty and staff of Sayville Middle School