PARENT NOTIFICATION/OPT-OUT FORM 2026-27

High School Family Life and Human Sexuality Unit
of the Health Education Curriculum
CARROLL COUNTY PUBLIC SCHOOLS

Student's Name: _____ **Grade:** _____

School Name: _____

Parent or Guardian's Name: _____

All parents/guardians of students enrolled in the Health Education Curriculum (class/course: Health 1 and Health 2) should complete and submit the electronic Parent Notification/Opt-Out Form for the 2026-2027 school year. **Once the electronic form is submitted, no additional follow-up will occur. If you do not complete the electronic form within the response window, two attempts will be made by your child's teacher. The first attempt will be made by a paper permission form and the second by email and/or written communication. If no response is received, your child will automatically take part in the Maryland State Department of Education Family Life and Human Sexuality unit in the Health Education class/course.** If your child enrolls in the Health Education class/course after the electronic selection timeframe has closed or, as the parent/guardian, you would like to change your response, please contact your child's school for a paper copy.

Optional Parent Opt-Out for Family Life and Human Sexuality unit of the Health Education Curriculum:

Note: this section applies to all parents/guardians of students scheduled to take one of the Health Education classes/courses that include a Family Life and Human Sexuality unit for the 2026-27 school year (Health 1 and Health 2).

State regulation provides that parents/guardians on their students' behalf may "opt out" of the Family Life and Human Sexuality unit. Under these regulations, you will have three choices. **Please see the links below for CCPS Alternative Family Life and Human Sexuality Frameworks and the Maryland State Department of Education Family Life and Human Sexuality Frameworks (or attached to the paper form if requested from the school).**

Family Life and Human Sexuality Frameworks:
300006 - HEALTH 1
302006 - HEALTH 2

Please select only one option below:

CCPS Alternative Curriculum:

I wish for my child to participate in the CCPS Board of Education Approved Alternative Family Life and Human Sexuality unit and exercise my right to opt-out of the Maryland State Department of Education Family Life and Human Sexuality unit.

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- Topics included in the CCPS Board of Education Approved Alternative Family Life and Human Sexuality unit:
    - Boundaries and Consent (Health 1 and Health 2)
    - Anatomy and Physiology (Health 1 and Health 2)
    - Sexual and Reproductive Health (Health 1 and Health 2)

Maryland State Department of Education Default Curriculum:

I acknowledge my child will participate in the Maryland State Department of Education Family Life and Human Sexuality unit.

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- Topics included in the Maryland State Department of Education Family Life and Human Sexuality unit:
    - Dignity and Respect (Health 1 and Health 2)
    - Boundaries and Consent (Health 1 and Health 2)
    - Anatomy and Physiology (Health 1 and Health 2)
    - Sexual and Reproductive Health (Health 1 and Health 2)

Full Opt-Out Option:

I wish to exercise my opt-out right of both the CCPS Family Life and Human Sexuality unit and the Maryland State Department of Education Family Life and Human Sexuality unit and understand that by doing so my student will not participate in the Family Life and Human Sexuality unit, but will receive alternative health assignments and a menstruation packet.

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- Topics include the alternative health assignments and a menstruation packet (The menstruation packet is for females in Health 1 and Health 2).

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Parent/Guardian Signature Date