

Member No. _____

Type _____

Date Range _____ to _____

Jackson Fitness General Antilles School Student Agreement

PERSONAL INFORMATION

Last Name	First Name	Middle Initial	Date of Birth	Age	Grade
Mailing Address			Student		
City/State & Zip			Cell Phone #		
Email address			Work Phone #		
In Case of Emergency Contact		Relationship	Phone#		

Student/Member agrees to keep and obey all rules and regulations now in force or in the future prescribed by Jackson Fitness at Antilles School.

Student/Member has no medical or physical condition or history which would prevent them from using all or any of Jackson Fitness at Antilles School's equipment and/or services and/or endanger myself or others. Member has not been instructed by any physician not to use any of the facilities, equipment and/or services.

If Jackson Fitness at Antilles School cannot operate due to a natural disaster, all memberships will be placed on hold until the center can reopen.

You can refer to Jackson Fitness Management for any additional information.

I understand and appreciate that there are inherent risks involved in all such physical activities and in signing this Waiver.

I acknowledge such risks and herein agree to indemnify and hold harmless Jackson Fitness at Antilles School for any injury to me or loss or damage to my personal property arising from, or in any way resulting from, my participation in this activity, unless such injury, loss or damage is caused by the willful or intentional misconduct or sole negligence of Jackson Fitness at Antilles School while acting within the scope of its duties and responsibilities. I have read and agree to the terms and conditions of this Membership Agreement:

Student's Signature

Date

Print Name

I have received a copy of Gym Rules & Regulations

Parental/Guardian Signature

IMPORTANT: SEE GYM RULES ATTACHED. PLEASE READ AND SIGN ONCE YOU'VE READ ALL GYM RULES.

GYM RULES AND REGULATIONS

1. Membership Revocation: Student Membership may be revoked for inappropriate behavior and unused dues will be refunded.

2. No Weapons: If a member has a license to carry, the Antilles School policy is that the firearm must remain in the member's vehicle unloaded and secure.

3. Sign In: All members and guests must sign in at the front desk before working out.

4. Membership: Non-Antilles students utilizing the gym must purchase a membership or pass before working out.

5. No Personal Training allowed unless required paperwork is submitted and approved by management.

6. No Foul Language: Respect others and avoid inappropriate language.

7. No Food or Glass: No food or glass bottles in workout areas. Clean up spills immediately.

8. No Smoking: Smoking is not allowed in the facility or on the grounds.

9. Rerack Weights: Return weights and equipment to their proper places after use.
10. Personal Belongings: Use designated cubbies for bags. No gym bags in workout areas.
11. Respect Mirror Space: Don't block someone using the mirrors.
12. Use Squat Racks Properly: Only stand in the squat rack if you're using it for squats.
13. Phone Calls: Step outside or into the hall for phone conversations.
14. Sanitize Equipment: Wipe down equipment after each use.
15. Handle Equipment Gently: Avoid slamming weights or cables.
16. Music: Only use personal earbuds. No personal speakers allowed.
17. Antilles Youth Access: Children ages 12-15 must be with an adult. Ages 16-18 can work out alone with a signed waiver from a parent/guardian.

DRESS CODE AND HYGIENE

1. Appropriate Attire: Wear proper workout clothes, including shirts and athletic shoes.
2. Footwear: No open-toed, open-heeled shoes, or bare feet (outside locker or aerobics rooms).
3. Personal Hygiene: Maintain good hygiene and avoid strong fragrances.

PARKING

1. General Parking: Available along the hedges on the left and right as you enter.
2. Handicap Parking: Located at the upper entrance. Do not use without a disabled permit.
3. Upper Level Parking: If no lower-level parking is available, use the upper level without blocking other vehicles (maximum of 4 cars).

****STUDENT LOCKER/SHOWER ROOMS**

- 1. ANTILLES SCHOOL STUDENTS ARE NOT PERMITTED TO USE THE JACKSON COMPLEX (JACKSON FITNESS CENTER) LOCKER ROOMS. THERE ARE DESIGNATED LOCKER ROOMS ASSIGNED TO ANTILLES SCHOOL STUDENTS ONLY.**
2. **Privacy:** No cameras allowed in locker rooms.
3. **Changing Areas:** Change clothes in designated locker rooms or restrooms.
4. **Locker Room Limits: 45-minute limit on locker/shower room use.**