

Breakfast Menu

Orange East Waits River Valley School

September 2026

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

1 Sicilian Style Breakfast Pizza  
Sausage and Cheese Sandwich
Or Rice Chex Cereal 
All With String Cheese
Or Scooby Doo

2 Strawberry Smoothie 
With Cinnamon Smoothie Dunker 
Sausage and Cheese Sandwich
Or Rice Chex Cereal 

3 Ham & Cheese Bagel Melt 
Sausage and Cheese Sandwich
Or Rice Chex Cereal 
All With String Cheese
Or Scooby Doo

4 Scrambled Eggs with Cheese
Sausage and Cheese Sandwich
Or Rice Chex Cereal 
All With String Cheese
Or Scooby Doo

7 Homemade Apple Cinnamon Oatmeal
Sausage and Cheese Sandwich
Or Rice Chex Cereal 
All With String Cheese
Or Scooby Doo

8 Fruity Parfait  
Sausage and Cheese Sandwich
Or Rice Chex Cereal 
All With String Cheese
Or Scooby Doo

9 Spicy Country Breakfast Bowl  
Sausage and Cheese Sandwich
Or Rice Chex Cereal 
All With String Cheese
Or Scooby Doo

10 Sausage, Egg & Cheese Burrito* 
Sausage and Cheese Sandwich
Or Rice Chex Cereal 
All With String Cheese
Or Scooby Doo

11 Whole Grain French Toast Slices
Sausage and Cheese Sandwich
Or Rice Chex Cereal 
All With String Cheese
Or Scooby Doo

14 Scrambled Eggs with Cheese
Sausage and Cheese Sandwich
Or Rice Chex Cereal 
All With String Cheese
Or Scooby Doo

15 Crispy Chicken Patty Country Style Gravy
Sausage and Cheese Sandwich
Or Rice Chex Cereal 
All With String Cheese
Or Scooby Doo

16 Strawberry Smoothie 
Sausage and Cheese Sandwich
Or Rice Chex Cereal 
All With String Cheese
Or Scooby Doo

17 Ham & Cheese Bagel Melt 
Sausage and Cheese Sandwich
Or Rice Chex Cereal 
All With String Cheese
Or Scooby Doo

18 Fluffy Whole Grain Waffles 
Sausage and Cheese Sandwich
Or Rice Chex Cereal 
All With String Cheese
Or Scooby Doo

21 Fluffy Pancakes 
Sausage and Cheese Sandwich
Or Rice Chex Cereal 
All With String Cheese
Or Scooby Doo
Cinnamon Graham

22 Fruity Parfait  
Sausage and Cheese Sandwich
Or Rice Chex Cereal 
All With String Cheese
Or Scooby Doo

23 Spicy Country Breakfast Bowl  
Sausage and Cheese Sandwich
Or Rice Chex Cereal 
All With String Cheese
Or Scooby Doo

24 Sausage, Egg & Cheese Burrito* 
Sausage and Cheese Sandwich
Or Rice Chex Cereal 
All With String Cheese
Or Scooby Doo

25 Whole Grain Pancakes with Sausage
Sausage and Cheese Sandwich
Or Rice Chex Cereal 
All With String Cheese

28 Homemade Apple Cinnamon Oatmeal
Sausage and Cheese Sandwich
Or Rice Chex Cereal 
All With String Cheese
Or Scooby Doo

29 Sicilian Style Breakfast Pizza  
Sausage and Cheese Sandwich
Or Rice Chex Cereal 
All With String Cheese
Or Scooby Doo

30 Strawberry Smoothie 
With Cinnamon Smoothie Dunker 
Sausage and Cheese Sandwich
Or Rice Chex Cereal 



View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex

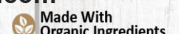
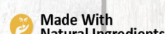
(including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

Available Daily

Fresh and dried fruit selection

100% Fruit Juice

1% White Milk or Fat Free Chocolate Milk



Meals Are Free To All Students

Adult Breakfast \$3.00

Adult Lunch \$4.75

Milk \$0.50

Questions, Contact Michael Flies
fliesm@whitsons.com