



2026 **ADULT EDUCATION CLASSES** 2027



YOGA - ZUMBA - POUND FITNESS

YOGA	ZUMBA	POUND FITNESS
MONDAYS 7 - 8 pm Bermudian Springs Elementary School Cafeteria	WEDNESDAYS 7:15 - 8:15 pm Bermudian Springs Elementary School Cafeteria	WEDNESDAYS 8:15 - 8:45 pm Bermudian Springs Elementary School Cafeteria
Session 1 - September 14, 21, 28 October 12, 19	Session 1 - September 2, 9, 16, 23, 30 October 14, 21	Session 1 - September 2, 9, 16, 23, 30 October 14, 21
Session 2 - November 2, 9, 16, 23 December 7, 14	Session 2 - November 4, 11, 18 December 2, 9, 16	Session 2 - November 4, 11, 18 December 2, 9, 16
Session 3 - January 4, 11, 18, 25 February 1, 8, 15, 22	Session 3 - January 6, 13, 20, 27 February 3, 10, 17	Session 3 - January 6, 13, 20, 27 February 3, 10, 17
Session 4 - March 1, 8, 15, 22 April 5, 12, 19, 26	Session 4 - March 3, 10, 17, 24, 31 April 7, 14	Session 4 - March 3, 10, 17, 24, 31 April 7, 14
Make-up dates if needed May 3, 10, 17	Make-up dates if needed April 21, 28 - May 5, 12	Make-up dates if needed April 21, 28 - May 5, 12
\$20 per session for residents \$25 per session for non-residents	\$20 per session for residents \$25 per session for non-residents	\$10 per session for residents \$15 per session for non-residents

To register for sessions email kfriedman@bermudian.org with your name and phone number and session(s)

Payments may be dropped off at the Administration Building or mailed to:

Bermudian Springs School District - Attn: Kim Friedman

7335 Carlisle Pike

York Springs, PA 17372

Checks payable to: Bermudian Springs School District

**Minimum participants must be met to hold session / *Deadline to register is one week prior to session start date*