



Class Trip Medication Policy

The Academy asks that at least one parent accompany his/her child on class trips if the student:

- has a food, bee sting, or other allergy that requires the administration of an Epi-Pen* or Benadryl;
- has a Seizure Disorder that requires emergency medication;
- requires an Inhaler*;
- requires daily medication such as Ritalin;
- requires diabetes medication and monitoring equipment.

*These medications may be self-carried and self-administered by the student **only** if the Self-Administration of Medication by Students Policy is met.

If a parent **attends** a school-sponsored field trip, he or she assumes full, direct responsibility for both **providing** and **administering** any medication their child requires. If a parent **does not attend** a school-sponsored field trip, the parent must comply with either the Self-Administration of Medication by Students Policy or the Parental Designee Policy, below. If a parent fails to either attend or comply with these policies, their child may be denied the opportunity to participate in the field trip.

Self-Administration of Medication by Students Policy

The only medications a student may self-carry and self-administer are an asthma rescue inhaler, an epinephrine auto-injector, insulin, and glucagon. To do so, **no later than one week before a scheduled field trip**, the parent must provide to the school nurse:

- a written order from a Pennsylvania licensed health-care professional with prescriptive authority; and
- written permission from a parent or guardian allowing the child to **both** self-carry and self-administer the medication in question; and
- a demonstration that the student is responsible to safely self-carry and safely self-administer the medication.

Parental Designee Policy

If a parent is unable to accompany his or her student on a school field trip, the parent may designate a responsible adult to accompany the student with the following restrictions:

- The parent must provide the supplies and training if the parent delegates treatments or medication administration to a responsible adult. The school nurse may not provide training, supplies, or medications, and must not be involved in the delegation process per the Pennsylvania Nurse Practice Act.
- The parent may not delegate responsibility for administering treatments or medications to any school staff member, school-designated trip chaperone, or secondary student.
- The parent may not prescribe or alter treatments or medication administration orders for the school nurse or other licensed professional unless the parent is a Pa. licensed prescriber.



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Please contact the Health Office Coordinator prior to your child's field trip if you have any questions or concerns. Thank you for your cooperation in adhering to the field trip medicine policy.

All documentation in support of this policy MUST be provided to the school no later than one week prior to the field trip. If it is not provided by that date, the Academy cannot allow the child in question to participate.

Effective: 07/01/2020

Revised: 08/18/2026