Culinary Arts

West-MEC 2026-27

Post-Secondary Opportunities Information

POST-SECONDARY OPPORTUNITIES

- Successful completion of concurrent college credits leads to a Certificate of Completion (CCL) in Culinary Arts I.
- Additional college credits lead to an Associate in Applied Science (AAS) in Culinary Studies, a B.S. in Nutritional Sciences and Wellness at the University of Arizona, and a Bachelor's in Hospitality Leadership (BS) at Northern Arizona University (NAU) https://nau.edu/statewide-campuses/90-30-degree-completion-programs/.
- ASU Bachelor of Applied Science (BAS) degree options

COURSES AND CREDITS

Estrella Mountain Community College (EMCC) Concurrent Enrollment Credits

Concurrent enrollment is not available to high school graduates and students with a GED.

- 1st Semester
  - CUL 115 Food Service Sanitation, Safety, and Stewarding (2 credits)
  - CUL 105 Principles of Professional Cooking (3 credits)
  - CUL 107 Cold Food and Breakfast Production (3 credits)

[Students must earn 70% or higher in ALL 1st semester courses to fulfill the 2nd semester college prerequisite.]

- 2nd Semester
  - CUL 120 Food Cost Systems (3 credits)
  - CUL 113 Commercial Baking (3 credits)
  - CUL 201 International Cuisine (3 credits)

The Americans with Disabilities Act requires institutions of higher education to provide reasonable accommodations to those with documented disabilities, provided an undue hardship is not created. It is the student's responsibility to inform the Disability Resource Services (DRS) Office directly of his or her need for accommodation(s), each time he or she registers for a new course. All accommodations and academic adjustments are course and semester-specific and do not carry over from semester to semester or course to course.

COLLEGE TUITION INFORMATION

- West-MEC pays the college tuition (in-state tuition only; out-of-state students are responsible for the difference between in-state and out-of-state tuition) for students accepted to the Culinary Program.
  - $15 registration fee **(PAID BY WEST-MEC)**
  - $97 per credit hour due soon after classes begin **(PAID BY WEST-MEC)**
    - Cost based upon meeting Maricopa residency and U.S. citizen/legal residency criteria. Must complete the "Maricopa Community Colleges Student Declaration of Citizenship or Status" form. Visit www.maricopa.edu/residency
- Additional cost for textbooks and uniforms will apply **(PAID BY STUDENT)**
- Courses taken under concurrent enrollment may impact federal financial aid eligibility. To obtain additional information, students are encouraged to inquire with the college or university where they intend to enroll.
- For more information about program costs, on-time graduation rates, median debt of students who completed the program, and other important information, please visit the EMCC website at https://www.estrellamountain.edu/disclosures/programs.

ENROLLMENT INFORMATION

- Students who withdraw from the West-MEC program may receive college credit based on the number of completed courses.
- In a post-secondary setting, students are responsible for learning the policies of the institution to ensure that credits transfer to fulfill specific degree requirements. Visit AZTransfer for Arizona colleges and universities.

Program information may change as West-MEC strives to provide the best opportunities for students. Refer to www.west-mec.edu for the most current information. The program is taught by industry-certified instructors. West-MEC does not discriminate on the basis of race, color, national origin, gender, age, or disability in admission to its programs, services, or activities, in access to them, in treatment of individuals; or in any aspect of its operations.

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- The Maricopa County Community College District does not discriminate based on race, color, national origin, sex, disability, or age in its programs or activities. For Title IX/504 concerns, call the following number to reach the appointed coordinator: (480) 731-8499. For additional information, as well as a listing of all coordinators within the Maricopa College system, visit Non-Discrimination Statements | District.

A Transfer Pathway: West-MEC Culinary to U of A Nutritional Science

Explore a seamless pathway from the West-MEC Culinary Program to a B.S. in Nutritional Sciences & Wellness through dual enrollment and AP courses.

The University of Arizona's B.S. in Nutritional Sciences and Wellness provides you with hands-on learning and access to cutting-edge research, developing the expertise needed to promote healthy lifestyles, manage client diets, and advance public health initiatives.

Degrees in nutritional science prepare you for careers and graduate programs at the intersection of science, food, health and medicine such as:

- Health Care: Careers in patient care, administration, and research focused on public health.
- Public Policy & Health: Shape nutrition policies at the local, state, and federal levels.
- Education & Research: Advance nutrition knowledge through teaching and research.
- Food Science: Improve food quality, safety, and production.

Through a four-way partnership between West-MEC, Maricopa Community Colleges, the College Board (AP), and the University of Arizona, a Nutritional Sciences degree is more accessible and timely, helping limit college debt and providing a faster way forward for students.

West-MEC Estrella Mountain Community College courses with West-MEC	AP CollegeBoard / MARICOPA COMMUNITY COLLEGES High School AP/ MCC Dual Enrollment Courses	Nutritional Sciences & Wellness Transfers into these University of Arizona Required Courses For B.S. Nutritional Sciences and Wellness
Students enrolled in West MEC's Culinary Program can transfer the designated Estrella Mountain dual enrollment courses to fulfill 6 Nutrition (NSC) Elective Credits for the BS in Nutritional Sciences and Wellness Degree	MAT 150: College Algebra	MATH 112: College Algebra
	BIO 181:General Biology or 4+ on AP Biology Exam	MCB 181R and MCB 181L: Introductory Biology I and lab
	CHM 150AA with Lab: General Chemistry I or 4 on AP Chemistry Exam	CHEM 151: General Chemistry I
	ENG 101: First Year Comp. or 4+ on AP English Lang or English Lit. Exam	ENGL 101: First Year Comp.
	BIO 201: Human Anatomy /Physiology I	PSIO 201: Human Anatomy & Physiology I
	*SPA 101 and 102: Elementary Spanish I and II or 3+ on AP *Spanish Lit./Culture or Spanish Lang.	*SPAN 101 and 102: First and Second Semester Spanish or *SPAN 201 and 202: Third and Fourth Semester Spanish *Other Second Language options are available.
	FON 100: Introductory Nutrition	NSC 170C1: Nutrition, Food & You
CUL115: Food Service Sanitation, Safety, and Stewarding (3 Credits)		
CUL 120: Food Cost Systems (3 Credits)		
For more information on Career Pathways explore the West-MEC Career Tree for the Culinary Arts Program at: www.west-mec.edu		

Visit https://cales.arizona.edu/bs-nutritional-sciences to learn more.

Contact Information: CALES-recruitment@arizona.edu or 520-621-1145

This information is provided as a transfer guide and does not constitute as academic advising. This is not intended for current University of Arizona students. Please see an advisor to discuss any non-UA coursework. Program requirements are subject to change.

Approved February 2026