



Princeton ISD Elementary Comprehensive School Counseling Program Carrell Elementary

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Foundation

Comprehensive School Counseling Program (CSCP) Mission Statement

The Princeton ISD Carrell Elementary School Counseling Program is committed to empowering every student to achieve their highest potential by providing comprehensive and data-informed services that support academic achievement, career readiness, and social/emotional development. Through collaboration and meaningful relationships, we foster a safe environment where students are equipped to succeed in school and beyond.

Vision Statement

The Princeton ISD Carrell Elementary School Counseling Program envisions a school community where every student feels safe, valued, connected, and empowered to achieve their highest potential academically, socially, emotionally, and personally. Through access to comprehensive counseling services, students will develop the knowledge, skills, and resilience needed to become successful learners, compassionate citizens, and lifelong leaders.

Program Definition

The Princeton ISD Carrell Elementary School Counseling Program is a comprehensive, developmental program designed to support the academic, career, and social/emotional growth of all students. Services are delivered through classroom guidance, individual student planning, responsive services, and system support. The program is data-driven, proactive, and aligned with the Texas Model for Comprehensive School Counseling Programs.

Program Delivery

The school counseling program is a collaborative effort. While school counselors lead the implementation of the program, its success depends on partnerships with:

- Principals and assistant principals
- Teachers

- Paraprofessionals
- Parents and guardians
- Community partners and guest speakers

Together, these stakeholders work to support student success and promote a positive school climate.

School Counselor Roles & Responsibilities

Direct Student Services

School counselors provide direct services that promote student success through:

- Classroom guidance instruction
- Individual student planning
- Short-term individual counseling
- Small group counseling
- Crisis response and intervention
- Student goal setting
- Social-emotional skill development

Indirect Student Services

School counselors also support students by:

- Consulting with teachers and families
- Collaborating with administrators
- Referring students to community resources
- Coordinating with outside agencies
- Participating in MTSS and other student support meetings
- Providing parent education and staff consultation

Student Competencies

Through participation in the school counseling program, students will:

- Identify and regulate emotions in healthy ways.
- Build and maintain healthy relationships.
- Practice ethical and responsible decision-making.
- Advocate for themselves and others.
- Set personal and academic goals and monitor progress toward achieving them
- Develop goal-setting and decision-making skills that support future success.

Clients Served

The primary focus of the school counseling program is all Princeton ISD elementary students. School counselors also provide support and consultation for:

- Parents and families
- Teachers
- Campus staff
- Administrators

Working collaboratively with these groups strengthens student success both inside and outside the classroom.

Program Organization

School counselors prepare for each school year through intentional planning, scheduling, and collaboration. Throughout the year, counselors organize and document services within the four components of a comprehensive school counseling program:

- Guidance Curriculum
- Individual Planning
- Responsive Services
- System Support

Counselors collaborate regularly with administrators, teachers, and families to develop a flexible counseling calendar that meets the evolving needs of students and the campus.

Program Rationale

The Princeton ISD Carrell Elementary School Counseling Program is founded on the following principles:

- The school counseling program is an essential part of the school's educational mission and supports the academic, career, and social/emotional development of every student.
- Services are data-driven and informed by student needs, including academic performance, attendance, behavior, and campus needs assessments.
- Every student has access to a comprehensive counseling program aligned with Texas Education Agency standards.
- School counselors provide systematic, developmentally appropriate services that promote student achievement and well-being.
- The program promotes academic success, safety, belonging, personal growth, respect, and student empowerment.

- Counseling practices are grounded in research and current professional best practices, including Solution-Focused Brief Counseling, Play Therapy, Cognitive Behavioral Therapy (CBT), and other evidence-based approaches appropriate for school settings.

Program Assumptions

The Princeton ISD Carrell Elementary School Counseling Program is based on the foundational assumptions outlined in the Texas Model for Comprehensive School Counseling Programs. See the completed Program Assumptions Checklist in the *Texas Model Guide* (page 56).

Program Smart Goals

SMART Goal 1 – Comprehensive Program Implementation

By May 2027, the comprehensive school counseling program will be fully implemented by providing monthly classroom guidance lessons to 100% of classrooms, maintaining documentation of individual planning, responsive services, and system support activities in accordance with the Texas Model.

SMART Goal 2 – Student Needs and Program Evaluation

By May 2027, at least 90% of students in grades 3–5 and 80% of staff members will complete a needs assessment. The results will be analyzed to establish baseline data and identify the top three program priorities for the 2027–2028 school year.

SMART Goal 3 – Student Social-Emotional Growth

By May 2027, at least 80% of students participating in classroom counseling lessons will demonstrate increased knowledge or confidence in targeted social-emotional skills, as measured by pre- and post-lesson perception surveys.

CSCP Design Priorities

As a newly established campus, student outcome data is not yet available to guide program development. During the first year, the Comprehensive School Counseling Program (CSCP) will focus on establishing a strong foundation that promotes academic achievement, career awareness, and social/emotional development for all students. Baseline data collected throughout the year will be used to evaluate program effectiveness and inform future goals and priorities.

The primary design priorities for the 2026–2027 school year are:

Priority 1: Establish a Comprehensive School Counseling Program

Implement a comprehensive school counseling program aligned with the Texas Model for Comprehensive School Counseling Programs and the ASCA National Model.

Develop procedures, referral systems, annual calendars, classroom guidance schedules, and data collection processes to support counseling services for students.

Priority 2: Promote Social and Emotional Development

Provide a proactive, developmentally appropriate social-emotional learning program through classroom lessons, small groups, and responsive services. Instruction will focus on self-awareness, self-management, relationship skills, responsible decision-making, and social awareness to support student well-being and school success.

Priority 3: Foster a Positive School Climate and Sense of Belonging

Create a safe and welcoming school environment where students feel connected to the school community. Collaborate with staff and families to build positive relationships, encourage respectful behavior, and strengthen students' sense of belonging.

Priority 4: Strengthen Collaboration with Families and Staff

Develop meaningful partnerships with teachers, administrators, families, and community stakeholders through consultation, communication, and collaboration. Provide resources and support that promote student success both at school and at home.

Priority 5: Collect and Utilize Data for Continuous Improvement

Implement systems for collecting process, perception, and outcome data throughout the school year. Conduct student, staff, and family needs assessments to establish baseline data, evaluate program effectiveness, and guide future counseling program goals and services.

Counseling Department Monthly Calendar

August

Content Area – Introduction to the School Counselor & Comprehensive School Counseling Program, School Expectations, Building Relationships, Identifying Trusted Adults, and Emotional Awareness

CSCP Goals Addressed - By May 2027, the comprehensive school counseling program will be fully implemented by providing monthly classroom guidance lessons to 100% of classrooms

and maintaining documentation of individual planning, responsive services, and system support activities in accordance with the Texas Model.

Domain – Intrapersonal Effectiveness, Interpersonal Effectiveness, Personal Safety, and Social/Emotional Development

Grade Level	Lesson
Kindergarten	Meet the School Counselor
1st Grade	Meet the School Counselor
2nd Grade	Meet the School Counselor
3rd Grade	Meet the School Counselor
4th Grade	Meet the School Counselor
5th Grade	Meet the School Counselor

Major Projects & Events

- Meet the Counselor table during Meet the Teacher
- Classroom guidance lessons: Meet the School Counselor introductions
- Beginning-of-Year (BOY) staff presentation
- BOY compliance trainings
- August Counselor Newsletter

Individual Planning & Program Management

- Time tracking
- Student documentation
- Beginning-of-Year (BOY) needs assessment

September

Content Area – Interpersonal Effectiveness & Intrapersonal Effectiveness

CSCP Goals Addressed – By May 2027, at least 80% of students participating in classroom counseling lessons will demonstrate increased knowledge or confidence in targeted social-emotional skills as measured by pre- and post-lesson perception surveys.

Domain – Personal/Social Development

Guidance Curriculum Lesson Topics (GC) –
Grades K–2: Big Problems vs. Small Problems
Grades 3–5: Conflict Resolution and Problem Solving

Goal – Students will identify the difference between big and small problems and practice age-appropriate conflict resolution strategies that promote positive peer relationships and responsible decision-making.

Major Projects/Events

- YES Assembly – September 3
- Monthly *Counselor Updates* Newsletter

Individual Planning

- Time Tracking
- Student Documentation
- Review student needs and referrals
- Collaborate with teachers regarding student concerns and supports

October

Content Area – Personal Health & Safety

CSCP Goals Addressed – By May 2027, at least 80% of students participating in classroom counseling lessons will demonstrate increased knowledge or confidence in targeted social-emotional skills as measured by pre- and post-lesson perception surveys.

Domain – Personal Health & Safety

Guidance Curriculum Lesson Topics (GC) –

Drug Prevention • Personal Safety • Healthy Choices • Red Ribbon Week

Guidance Lessons

- Kindergarten: Red Ribbon Week - Bully Prevention/Healthy Choices
- 1st Grade: Red Ribbon Week - Bully Prevention/Healthy Choices
- 2nd Grade: Red Ribbon Week - Bully Prevention/Healthy Choices
- 3rd Grade: Red Ribbon Week - Bully Prevention/Healthy Choices
- 4th Grade: Red Ribbon Week - Bully Prevention/Healthy Choices
- 5th Grade: Red Ribbon Week - Bully Prevention/Healthy Choices

Major Projects/Events

- Red Ribbon Week
- Monthly *Counselor Updates* Newsletter
- Campus health and safety awareness activities

Individual Planning

- Time Tracking
- Student Documentation
- Review student referrals and counseling needs
- Teacher collaboration and parent consultation as needed

November

Content Area – Personal Health & Safety

CSCP Goals Addressed – By May 2027, at least 80% of students participating in classroom counseling lessons will demonstrate increased knowledge or confidence in targeted social-emotional skills as measured by pre- and post-lesson perception surveys.

Domain – Personal Health & Safety

Guidance Curriculum Lesson Topics (GC) –

Personal Hygiene • Puberty Education • Healthy Habits • Body Changes

Guidance Lessons

- Kindergarten: Healthy Habits
- 1st Grade: Healthy Habits
- 2nd Grade: Personal Hygiene
- 3rd Grade: Personal Hygiene
- 4th Grade: Personal Hygiene
- 5th Grade: Puberty Education

Major Projects/Events

- Personal Hygiene & Healthy Habits Awareness
- Monthly *Counselor Updates* Newsletter featuring ChangeMakers family resources

Individual Planning

- Time Tracking
- Student Documentation
- Student Check-Ins
- Teacher Collaboration and Parent Consultation

December

Content Area – Program Continuity & Student Support

CSCP Goals Addressed - By May 2027, the comprehensive school counseling program will be fully implemented by providing monthly classroom guidance lessons to 100% of classrooms and maintaining documentation of individual planning, responsive services, and system support activities in accordance with the Texas Model.

Domain – Academic Development, Personal/Social Development, and Individual Planning

Guidance Lesson

- Kindergarten: Make-Up Guidance Lesson
- 1st Grade: Make-Up Guidance Lesson
- 2nd Grade: Make-Up Guidance Lesson
- 3rd Grade: Make-Up Guidance Lesson
- 4th Grade: Make-Up Guidance Lesson
- 5th Grade: Make-Up Guidance Lesson

Major Projects & Events

- Make-up classroom guidance lessons
- Winter Counselor Newsletter
- Holiday support and community resource referrals for families
- Campus collaboration prior to winter break

Individual Planning & Program Management

- Time tracking
- Student documentation
- Review counseling referrals and responsive services
- Update counseling data and program records
- Plan January classroom guidance lessons

January

Content Area – College & Career Awareness, Goal Setting, and Perseverance

CSCP Goals Addressed - By May 2027, at least 80% of students participating in classroom counseling lessons will demonstrate increased knowledge or confidence in targeted social-emotional skills, as measured by pre- and post-lesson perception surveys.

Domain – Career Development, Intrapersonal Effectiveness, and Interpersonal Effectiveness

Guidance Curriculum Lesson Topics (GC) –

Career Awareness • Goal Setting • Growth Mindset • Perseverance

Guidance Lessons

- Kindergarten: College, Career, and Military Readiness
- 1st Grade: College, Career, and Military Readiness
- 2nd Grade: College, Career, and Military Readiness
- 3rd Grade: College, Career, and Military Readiness
- 4th Grade: College, Career, and Military Readiness
- 5th Grade: College, Career, and Military Readiness

Major Projects & Events

- Monthly *Counselor Updates* Newsletter featuring ChangeMakers family resources

Individual Planning & Program Management

- Time Tracking
- Student Documentation
- Individual Student Check-Ins
- Teacher Collaboration
- Guidance Lesson Preparation

February

Content Area – Bullying Prevention, Kindness, Empathy, and Healthy Relationships

CSCP Goals Addressed - By May 2027, at least 80% of students participating in classroom counseling lessons will demonstrate increased knowledge or confidence in targeted social-emotional skills, as measured by pre- and post-lesson perception surveys.

Domain – Intrapersonal Effectiveness and Interpersonal Effectiveness

Guidance Curriculum Lesson Topics (GC) –

Bullying Prevention • Empathy • Kindness • Healthy Relationships • Upstander Skills

Guidance Lessons

- Kindergarten: Empathy/Bullying Prevention
- 1st Grade: Empathy/Bullying Prevention
- 2nd Grade: Empathy/Bullying Prevention

Updated 08/2026

- 3rd Grade: Empathy/Bullying Prevention
- 4th Grade: Empathy/Bullying Prevention
- 5th Grade: Empathy/Bullying Prevention

Major Projects & Events

- National School Counseling Week
- Random Acts of Kindness Week
- African American History Month
- Monthly *Counselor Updates* Newsletter featuring ChangeMakers family resources

Individual Planning & Program Management

- Time Tracking
- Student Documentation
- Individual Student Check-Ins
- Teacher Collaboration
- Guidance Lesson Preparation
- Review student referrals and counseling needs

March

Content Area – Personal Safety

CSCP Goals Addressed - By May 2027, at least 80% of students participating in classroom counseling lessons will demonstrate increased knowledge or confidence in targeted social-emotional skills, as measured by pre- and post-lesson perception surveys.

Domain – Intrapersonal Effectiveness, Interpersonal Effectiveness, and Personal Health & Safety

Guidance Curriculum Lesson Topics (GC) –

Anti-Victimization • Personal Safety • Trusted Adults • Assertiveness Skills

Guidance Lessons

- Kindergarten – Anti-Victimization
- 1st Grade – Anti-Victimization
- 2nd Grade – Anti-Victimization
- 3rd Grade – Anti-Victimization
- 4th Grade – Anti-Victimization
- 5th Grade – Anti-Victimization

Major Projects & Events

- Monthly *Counselor Updates* Newsletter featuring ChangeMakers family resources

Individual Planning & Program Management

- Time Tracking
- Student Documentation
- Individual Student Check-Ins
- Teacher Collaboration
- Guidance Lesson Preparation
- Test Anxiety Support
- Planning for State Testing Supports

April

Content Area – Test Anxiety, Stress Management, and Emotional Regulation

CSCP Goals Addressed - By May 2027, at least 80% of students participating in classroom counseling lessons will demonstrate increased knowledge or confidence in targeted social-emotional skills, as measured by pre- and post-lesson perception surveys.

Domain – Intrapersonal Effectiveness and Interpersonal Effectiveness

Guidance Curriculum Lesson Topics (GC) –

Test Anxiety • Stress Management • Positive Self-Talk • Coping Skills • Growth Mindset

Guidance Lessons

- Kindergarten: Managing Worry and Big Feelings
- 1st Grade: Managing Worry and Big Feelings
- 2nd Grade: Managing Worry and Big Feelings
- 3rd Grade: Test Anxiety and Coping Skills
- 4th Grade: Test Anxiety and Coping Strategies
- 5th Grade: Test Anxiety, Positive Self-Talk, and Test-Taking Confidence

Major Projects & Events

- State Assessment Support
- Monthly *Counselor Updates* Newsletter featuring ChangeMakers family resources

Individual Planning & Program Management

- Time Tracking

Updated 08/2026

- Student Documentation
- Individual Student Check-Ins
- Teacher Collaboration
- Guidance Lesson Preparation
- Test Anxiety Support
- Review counseling data and student referrals

May

Content Area – Transition to the Next Grade Level

CSCP Goals Addressed - By May 2027, at least 80% of students participating in classroom counseling lessons will demonstrate increased knowledge or confidence in targeted social-emotional skills, as measured by pre- and post-lesson perception surveys.

Domain – Intrapersonal Effectiveness and Interpersonal Effectiveness

Guidance Curriculum Lesson Topics (GC) –

Transition to the Next Grade Level • Change • Goal Setting • Reflection • Growth Mindset

Guidance Lessons

- Kindergarten: Transition to 1st Grade
- 1st Grade: Transition to 2nd Grade
- 2nd Grade: Transition to 3rd Grade
- 3rd Grade: Transition to 4th Grade
- 4th Grade: Transition to 5th Grade
- 5th Grade: Transition to Middle School

Major Projects & Events

- Teacher Appreciation Week
- Asian American and Pacific Islander Heritage Month
- End-of-Year Counseling Program Reflection
- Monthly *Counselor Updates* Newsletter featuring ChangeMakers family resources

Individual Planning & Program Management

- Time Tracking
- Student Documentation
- Individual Student Check-Ins
- Teacher Collaboration
- Guidance Lesson Preparation

- End-of-Year Data Collection and Program Reflection
- Planning for the Upcoming School Year

June

Content Area – Program Evaluation and Planning

CSCP Goals Addressed

- Review implementation of SMART Goals 1–3.
- Analyze counseling program data to evaluate student outcomes and identify areas for continuous improvement.
- Revise the Comprehensive School Counseling Program (CSCP) based on data, stakeholder feedback, and campus needs.

Domain – Program Management and System Support

Guidance Curriculum Lesson Topics (GC) –

Program Evaluation • Data Review • Annual Reflection • Planning for the Upcoming School Year

Major Projects/Events

- Review counseling program data and annual outcomes
- Review needs assessment and stakeholder feedback
- Plan guidance curriculum and counseling calendar for the upcoming school year
- Update counseling resources and materials
- Prepare beginning-of-year counseling presentations and activities

Individual Planning & Program Management

- Complete annual time-use analysis
- Organize student documentation
- Archive counseling records in accordance with district procedures
- Update counseling forms and referral processes
- Set program goals and action plans for the upcoming school year