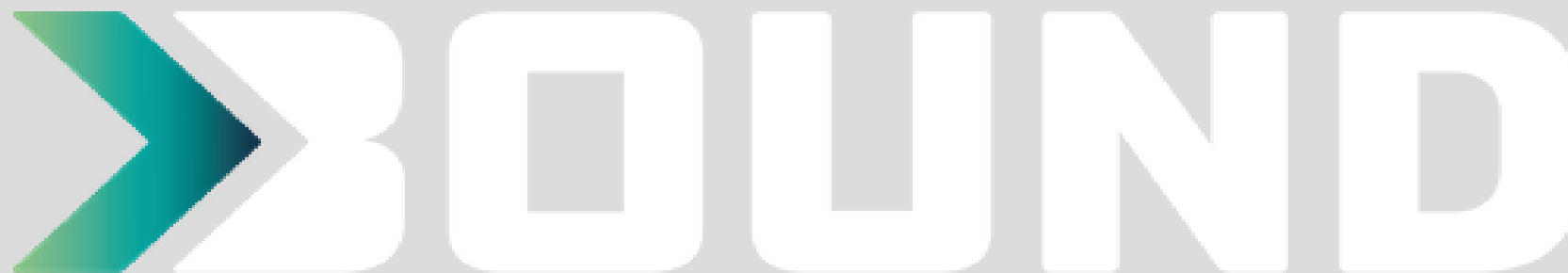


GSL Football: Parent/Player Guide



GSL Football: Parent/Player Guide



GET TO KNOW THIS SITE!!!!

- It will provide you with a ton of information regarding practice and game times.
- ***Information for ALL LEVELS 7-12***
- <https://www.gobound.com/mn/mshsl/fb/2026-27/glencoesilverlake/v>

High School Coaching Staff

- Head Coach: Gary Kosek
- Varsity Assistants: Dave Style, Dean Schwirtz
- Junior Varsity: Joe Nix, Korey Johnson
- 9th Grade/C-Team: Colt Trebesch, Paul Lemke

Junior High Coaching Staff

- 8th Grade Coaches: Zach Nott and Jason Chrast
- 7th Grade Coaches: Al Lavender and Jerry Berg



- **Important:** Any issues with playing time or anything, please encourage your son talk to the coaches.
- Coaches are there to help develop and support kids.
- If a meeting needs to be set up please feel free to contact Gary Kosek @ gkosek@gsl.k12.mn.us

Junior High INFO:

JR High Summer Practice Information:

Equipment Checkout/1st Practice: 8-20-26

Thursday August 20th 3:30-5:30

- **Equipment Checkout**
- **No Practice Friday**

Practice: August 24-28 Monday-Friday
3:30-5:30 PM

- After that practice is every day after school:
3:30-5:30

- To join remind APP:
Text: **@acf4dk**



Monday August 17th: 10:30-11:30 AM
7-12 Fundraising and Eligibility Meeting
For All Athletes

Regular Season / Summer Practice (Grades 9–12)

Need Equipment?: Coach Kosek will be available Wednesday August 12th from 6:00-7:00 PM for equipment needs.

1st Day of Practice:

Begins Monday, August 17

- 7-12 Fundraiser/Eligibility Meeting: 10:30-11:30 AM

August 17–21

- Varsity/JV/9th: 7:00 AM–10:00 AM
- 9th will practice the full time also

August 24–28

- Varsity and 9th Grade: 6:00 AM–8:30 AM
- (8:00-8:30 team lift)
- Time differs from 1st week due to teacher workshop



Monday August 17th: 10:30-11:30 AM
7-12 Fundraising and Eligibility Meeting
For All Athletes

School-Year Schedule & First Game

GRADES 9-12

Monday, August 31 – School Starts

Practice: 3:20 PM–5:25 PM

First Game: Thursday, September 3

Foley @ GSL – Kickoff 7:00 PM

Friday, September 4 – OFF DAY

Labor Day Practice: Sept. 7, 6:00 PM–8:00 PM

- Labor Day only Grades 10-12



Remind App Information

* We do a lot of communication through the remind app.

9-12 Grade Parents and Players:
Join by texting: **@9gca6a**

If not receiving messages, check notification settings.

Jr. High Parents and Players
Join by texting **@acf4dk**



Questions & Contact Information

Gary Kosek

gkosek@gsl.k12.mn.us

Or message through the Remind App.



We as coaches are here to support your kids, thanks for entrusting us with your sons!