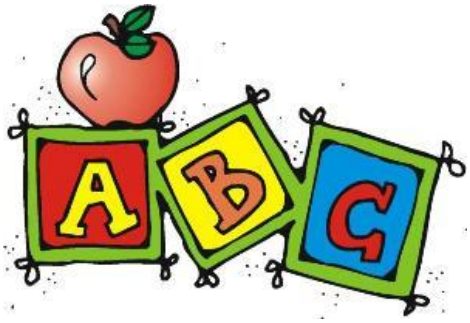
August 2026



Dear Parents/Guardians,

Hello my name is Natasha Rizvi, and I am the Pre-K teacher at Bedford Hills Elementary School. I am very excited to have your child in my Pre-K class this year.

We have a great year ahead of us! We will be learning so many new things and of course having tons of fun along the way! Pre-K is a time of tremendous social, emotional, physical, and intellectual development. Pre-K may look like all fun and games (music, story time, dancing, and art) but there's an intense amount of brainwork going on. Young children learn through play and creative activity, so your preschooler's building blocks and train tracks aren't just entertaining; they're teaching problem solving and physics.

Please let me know if you have any questions or concerns. It is so important to keep communication open between us and I would love to talk to you whenever you feel the need. My email is Nrizvi5141@bcsdny.org. I look forward to a great year together!

Sincerely,

Mrs. Natasha Rizvi
Bedford Hills Elementary School

Pre-Kindergarten Supply List

Classroom supplies will be shared amongst the class.

- 1 Backpack (Average size-must be able to fit a folder.) (No wheels.)
- 1 Disinfectant Wipes
- 1 Disinfectant Spray
- 1 Box of Ziploc bags sandwich size
- 2 Packs of Baby Wipes
- 2 Boxes of Tissues
- Small Blanket for rest time (Crib/Child size)
- 2 Complete changes of clothes in a large Ziploc Bag

(*Please include all items from the checklist attached*.)
Please label the Ziploc bag and each item of clothing with the child's name.

We are gladly accepting any donations of any of the items above.

Pre-K Guidelines for Parents/Guardians

Notes: Please provide a doctor's note of any allergies, sickness, and anything else that should be brought to my attention.

Drop-off and Pick-up: All pre-k students must be dropped off and picked up by an adult each day!
Drop-off 8:45 Pick-up 2:00

After Care: No After care.

Breakfast: Students may purchase breakfast in the morning when entering the school. Students who qualify may receive breakfast and lunch for free.

Snack: Students will have snack once a day. Snack will take place after rest time. Parents should provide child with a healthy snack option daily. *Please make sure snack is separated from lunch!

Lunch: Students will eat lunch in the cafeteria. If your child is bringing lunch, please separate from snack bag and label! If your child is going to have school lunch, please let us know.

Quiet/Rest Time: Each full day of school, students will have a scheduled quiet/rest time. Students will have their own individual mat for quiet/rest time. Students can have a small blanket. (Must fit into large zip-lock bag) Blankets will be sent home every Friday to be washed and must be returned to school on Monday.

Extra Clothes: Please send two complete sets of clothing inside Ziploc bags (including: shirt, pants, underwear, socks). Write your child's name on the bag and each piece of clothing. If any accidents occur, dirty clothes will be sent home and a new set should come in the next day.

Birthday Celebrations: We love celebrating Birthdays in our classroom! For birthday celebrations no food is allowed, however we will celebrate in different ways.

Newsletters: Newsletters will be distributed every month to let you know what is going on in the classroom. It will inform you of what the children are learning during that unit of study. It will also include upcoming events, reminders, and pictures of the students!

At Home Connection Projects: Projects will be sent home every week for families to work on together. These projects will focus on what the students are learning about in the classroom. If you ever need any materials, please do not hesitate to ask. After students complete the projects at home, they can bring it back to school to share with their peers and have their hard work showcased around the room!

Communication: I encourage all parents and guardians to reach out to me with any questions or concerns you are having at any point in the school year! I will check my email daily and will be happy to return any phone calls at the end of the school day if you leave a message in the main office!

REMIND APP: Throughout the year, I will be using the Remind APP. This is a FREE APP you can easily download on your phone. The REMIND APP will allow me to send out reminders and messages to parents and groups! Parents and guardians can also message me directly on the REMIND APP!

Curriculum: We will be following the Department of Education Curriculum. This curriculum focuses on a different study for 4-5 weeks at a time. The studies focus on areas of interest for all students. During the different studies throughout the year, the materials in the centers in the classroom will be changed to allow students to explore and observe new materials focusing on the current study. We will be observing and collecting individual student work daily to see what developmentally appropriate tasks they are meeting and which ones they need to work on. We will be focusing on social/emotional, mathematics, social studies, science, reading/writing and physical skills during the school day.

Email: Nrizvi5141@bcsdny.org

Checklist



- ○ 2x Extra Set of clothes
- ○ 2x Extra Underwear
- ○ 2x Extra Socks
- ○ Extra Shoes (if available)
- ○ Quiet/Rest Time small blanket
- ○ Labeled snack bag
- ○ Labeled Lunch bag (if needed)
- ○ Reusable/spill proof water bottle for daily use. (labeled)
- ○ Parent Questionnaire
- ○ Supply list items

Parent Questionnaire

Child's Name: _____
DOB: _____
Parents/Guardians: _____
Phone #_____
Email _____

Best means of communication:

- Phone
- Email
- Notes Home

Emergency Contacts

Name/Relationship Phone # /Email

_____
_____

_____
_____

_____
_____

Child's Allergies: _____

1.What are your child's interests and hobbies?

_____
_____

2.What are your child's strengths?

_____

3.Areas you feel your child needs to work on:

4.Goals you would like your child to work towards this school year:

5. Is there anything else you would like us to know about your child?

We look forward to working with you to help your child have the best school year!