

Fall 2026 Extended Experience Physical Education (EEPE) Enrollment Information

Students enrolled in the **Fall 2026 Extended Experience Physical Education (EEPE)** course are reminded that EEPE provides an opportunity to fulfill the Conestoga High School Physical Education requirement through an approved physical activity experience completed **outside of school and outside of the home**.

Important Application Deadline

All EEPE Application Forms are due Friday, September 18th.

The application form is available through:

- The EEPE Schoology course
- The EEPE Overview page on the Conestoga High School website
- Attached communications distributed to families

All required application materials must be completed and submitted through Schoology or submitted to the Main Office by September 18th.

EEPE Requirements

To earn EEPE credit, students must:

- Participate in an approved physical activity supervised by a coach, instructor, or other qualified adult (not a parent).
- Submit a completed **Application Form** by September 18th.
- Complete **30 hours of supervised physical activity** during the semester.
- Participate in activities that occur outside of school and outside of the home.
- Submit a completed **Verification Form** by January 15th.

Please note that home workouts and activities completed in a personal or home gym do not qualify for EEPE credit.

EEPE vs. Team Sport

EEPE and **Team Sport are separate courses**. Students and families should ensure they are enrolled in the course that best matches their planned activity. Certain Conestoga club sports, including Crew, Squash, Rugby, and Ice Hockey, qualify as EEPE experiences, while Varsity, JV, JVA and JVB athletic teams are considered Team Sports.

Important Consequences for Missing the Deadline

Students who do not submit a completed EEPE application by the deadline will have schedule changes made as follows:

- **Seniors** will be removed from EEPE and placed in a Physical Education class to satisfy graduation requirements.
- **Underclassmen** will have EEPE removed from their schedules and will be required to complete the PE course during a future semester.

Additionally, students who fail to submit the required end-of-semester Verification Form by the deadline will not receive EEPE credit and may lose future EEPE participation privileges.

For additional information, please review the EEPE Overview and EEPE vs. Team Sport resources available on the Conestoga High School website. If you have questions, please contact your school counselor or the Physical Education Department.