



Daily Bulletin

Tuesday, August 18th, 2026

Period 1	7:45 – 8:35
Period 2	8:40 – 9:30
Break	9:30 – 9:40
Period 3	9:45 – 10:35
Period 4	10:40 – 11:30
Lunch	11:30 – 12:00
Period 5	12:05 – 12:55
Period 6	1:00 – 1:50
Period 7	1:55 – 2:45



Today is Day Two of our Back-to-School Spirit Week Grade Level Competition. We hope that all of you are wearing your **western gear and showing off your jeans, flannels, boots, and hats!** Teachers, please be sure to fill out the form that Mrs. Wells emailed to you this morning. If not, the leaders will be around during fourth period to take the spirit count. As for which grade level is in the lead, the seventh graders are holding on to their claim as sprint champions! After so many seventh graders participated in the lunchtime popcorn toss, they were able to earn enough spirit points to take over the lead. At the moment, the **seventh graders have 138 points**, the **sixth graders are in second place with 132 points**, and the **eighth graders aren't too far behind this 105 points**. However, everything can change today! Don't forget that we still have three more days of spirit week before one grade level can take on the title of Spirit Champions!

- **Tomorrow** is **Picture Day**, and our dress-up day will help you prepare for the BEST school picture ever. "Dress Your Best" and put a big smile on your face on Wednesday.
- **Thursday** - **Sport Your Favorite Sports Day**. Pull out your favorite team's jersey or dress up in your favorite sports uniform.
- **Friday** - **Cougar Pride Day**. Wear our school colors or LOTS of Carmel gear so you can earn spirit points on the final day of the week.

Don't forget to come out to the main quad at lunch to earn points for your grade level by participating in the activity.



The battle for who gets to represent CMS as Cougar Bob at the Union Halftime show begins today. If you signed up on the Google Form and received a note today during fourth period, please come out to the main quad during lunch for day one of the competition!



Picture Day is tomorrow! Remember that students will take their pictures during their PE period. Come to school ready to smile and looking your best—your picture will be featured in this year's yearbook!



The Dungeons and Dragons Club will have it's first informational meeting today at lunchtime in Mr. Abate's room. Please grab your food and then head to C3.



Fall Sports Tryouts continue today!

Soccer kicks off on the upper and lower sports fields from 3:00-4:30pm.

Meanwhile, the 7th Grade Girls Volleyball hopefuls meet on the outdoor courts from 3:00-4:30, followed by the 8th Grade Girls from 4:30-6:30pm.

Good Luck to all! Go Cougars!!



Did you know you can check out 10 books at once from our school library and keep them for 2 weeks? That's like having your own treasure trove of stories, mysteries, and epic quests! So, why wait? Dive into the library before school, during break or lunch, or after school, grab your next adventure, and let the reading fun begin!



Today's Menus: Breakfast: Whole Grain Pancakes, UBR Oatmeal Bar, and Trix Cereal.

Lunch: Butter or Orange Chicken w/lemon rice, a Cheeseburger, Basco Sticks w/marinara, or a Turkey Sandwich.