



Stride Elementary School Lunch Menu

September
2026



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31 Welcome Back! We hope you had a great summer!	1 Cheeseburger on WG Bun Dill Seasoned Wedges OR Chicken Caesar Salad Baby Carrots Apple 1% Unflavored White Milk Fat Free Chocolate Milk	2 Popcorn Chicken Mashed Potatoes OR Chicken Caesar Salad Steamed Corn Banana 1% Unflavored White Milk Fat Free Chocolate Milk	3 Walking Taco Salsa OR Chicken Caesar Salad Spiced Pinto Beans Cherry Tomato Clementine Orange 1% Unflavored White Milk Fat Free Chocolate Milk	4 Cheesy Bosco Stick Marinara Sauce OR Chicken Caesar Salad Romaine Lettuce Variety Fresh Fruit 1% Unflavored White Milk Fat Free Chocolate Milk
7 Happy Labor Day! No School!	8 Mini Corn Dogs French Fries OR Turkey & Cheese Flatbread Sandwich Vegetarian Baked Beans Fresh Cantaloupe 1% Unflavored White Milk Fat Free Chocolate Milk	9 Orange Chicken Brown Rice, WG OR Turkey & Cheese Flatbread Sandwich Broccoli Florets Cucumber Slices Fresh Grapes 1% Unflavored White Milk Fat Free Chocolate Milk	10 Fluffy Pancakes Turkey Sausage Patty OR Turkey & Cheese Flatbread Sandwich Breakfast Potatoes Celery Sticks Diced Peaches 1% Unflavored White Milk Fat Free Chocolate Milk	11 Pasta w/ Hearty Meat Sauce Garlic Toast OR Turkey & Cheese Flatbread Sandwich Broccoli Florets Variety Fresh Fruit 1% Unflavored White Milk Fat Free Chocolate Milk
14 HOM - Dill 100% Beef Hot Dog on a Bun Tator Tots OR Southwest Chicken Salad Dill Pickle Salad Apple 1% Unflavored White Milk Fat Free Chocolate Milk	15 Lasagna Rollup with Sauce Garlic Breadstick OR Southwest Chicken Salad Broccoli Florets Mixed Fruit 1% Unflavored White Milk Fat Free Chocolate Milk	16 Chicken Potstickers Fried Rice OR Southwest Chicken Salad Glazed Carrots Cucumber Slices Banana 1% Unflavored White Milk Fat Free Chocolate Milk	17 Chicken Nachos w/ Cheese Salsa OR Southwest Chicken Salad Black Beans Romaine Lettuce Fresh Grapes 1% Unflavored White Milk Fat Free Chocolate Milk	18 Homemade Cheese Pizza OR Southwest Chicken Salad Side Caesar Salad Cucumber Slices Sliced Pears 1% Unflavored White Milk Fat Free Chocolate Milk
21 French Toast Sticks, WG OR Crispy Chicken Wrap Breakfast Potatoes Celery Sticks Fresh Orange Quarters 1% Unflavored White Milk Fat Free Chocolate Milk	22 Crispy Chicken Tenders Sweet Potato Tots OR Crispy Chicken Wrap Steamed Peas Clementine Orange 1% Unflavored White Milk Fat Free Chocolate Milk	23 Sloppy Joe on WG Bun Kettle Potato Chips OR Crispy Chicken Wrap Steamed Green Beans Romaine Lettuce Banana 1% Unflavored White Milk Fat Free Chocolate Milk	24 Macaroni & Cheese Dinner Roll OR Crispy Chicken Wrap Cucumber Slices Cauliflower Floret Fresh Grapes 1% Unflavored White Milk Fat Free Chocolate Milk	25 Chicken Tacos Salsa OR Crispy Chicken Wrap Spiced Pinto Beans Cherry Tomato Diced Pear 1% Unflavored White Milk Fat Free Chocolate Milk
28 Cheeseburger Fries Burger Toppings OR Chicken Caesar Wrap Vegetarian Baked Beans Fresh Pear 1% Unflavored White Milk Fat Free Chocolate Milk	29 Chicken Alfredo Pizza OR Chicken Caesar Wrap Side Caesar Salad Cherry Tomato Applesauce 1% Unflavored White Milk Fat Free Chocolate Milk	30 Beefy Nachos and Cheese Sauce Mango and Black Bean Salsa OR Chicken Caesar Wrap Romaine Lettuce Baby Carrots Pineapple Tidbits 1% Unflavored White Milk Fat Free Chocolate Milk	1	

PRICES

EXTRA INFO

Special Diet Forms are available for Students with Special Dietary needs!

HARVEST OF



THE MONTH

Your **MENUS** plus more
information on our app
Taher Food4Life®



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