

MAPS: METHODOLOGY FOR ACADEMIC AND PERSONAL SUCCESS

Scope & Sequence 2026–2027

Course Type: Innovative Elective Course

PEIMS Code: N1130021

Credit: 1 State Credit

1st 9 Weeks (42 Days)

Focus: Learning Styles, True Colors, Self-Discipline, Attitude, Resiliency

TEKS: (1) The student explores and analyzes the basic concepts of learning and Communication styles:

- Complete analysis to determine personal learning style
- Complete analysis to determine personal communication style
- Demonstrate effective communication in a variety of situations with varied audiences
- Formulate and provide effective verbal and nonverbal feedback and respond appropriately to presentations of peers
- Synthesize research and self-analysis in order to establish individual strategies for academic and person success
- Demonstrate tolerance and appreciation of other's motivation and strengths
- Monitor personal academic success on an ongoing basis for all courses
- Demonstrate control of personal academic success by maintaining a passing average

TEKS: (1) Student reviews campus policies and rules of conduct and defines attitude and the effects of attitude on person conduct:

- (A) Work in a group to brainstorm and compile a code of conduct for a model campus
- (B) Demonstrate understanding of existing campus policies
- (C) Define attitude and explore the potential effects of attitude on human interactions
- (D) Identify personal attitude and the positive and negative effects on self and others
- (E) Identify personal ability to adhere to campus policies and design a plan of improvement where needed
- (F) Define anger and analyze the negative and positive strategies for handling anger
- (G) Define change and understand the steps necessary to accomplish change
- (H) Analyze a variety of situation, determine the basic issue or problem involved in each, outline possible responses, and propose a positive solution

TEKS: (2) The student reviews and understands personal environmental resiliency builders to use in establishing and realizing goals:

- Define and understand the elements of personal and environmental resiliency
- Understand the concept of self-image and its potential impact on life choices
- Identify personal resilience tools and self-image
- Understand and demonstrate positive conflict resolution skills both orally and in writing
- Recognize and explain primary causes of stress and identify healthy stress management skills

- Identify and clearly articulate a balanced set of personal and academic goals, including both short-term and long-term goals
- Outline a specific action plan, including a proposed time frame, to achieve a set of goals

Weekly Routine: Journal, Goal Introduction, and Student/Teacher Grade Contract

Lesson Modules:

- MAPS Intro Journal
- TRUE Colors: Intro, Goals, Keirsay, Vocabulary, Personality Profile, Charting Colors, Celebrity Comparison, Create the Perfect School, etc. (16 lessons)
- Learning Styles: Characteristics, Student Survey Activity (7 Lessons)
- Self-Discipline: Effective Teen Habits, Listening Habits, etc. (85 Lessons)
- Resiliency: Personal and Environmental Characteristics, Resiliency Builders, Self-Image, etc. (8 Lessons)

2nd 9 Weeks (39 Days)

Focus: Study Skills, Organization, Time Management

TEKS: (1) The student understands the skills of time management and the tools of organization:

- Demonstrate understanding of time management skills including prioritizing and scheduling
- Define and understand responsibility and accountability in time management
- Study the tools of organization including different methods of organization
- Identify personal time management and organization skills to clarify strengths and weaknesses
- Prioritize personal and academic goals
- Develop a personal organization system that includes creating and maintaining an ongoing calendar of assignments and projects for all academic courses

TEKS: (2) The student analyzes the characteristics of a successful student and reviews and practices effective study skills including:

- (A) Define characteristics of a successful student
- (B) Understand the benefits of good study habits and the costs of poor ones
- (C) Discuss and understand the learning cycle
- (D) Review and demonstrate use of a variety of memory techniques
- (E) Demonstrate the ability to follow directions and to listen for a specific purpose
- (F) Demonstrate understanding and use of reading strategies, including rereading and questioning
- (G) Demonstrate and practice study strategies such as skimming, note-taking, outlining and using study-guide questions
- (H) Review and understand test taking strategies
- (I) Work with a partner or a group to create a brochure outlining the use and benefits of one of the study skills

Weekly Routine: Journal, Goal Introduction, and Student/Teacher Grade Contract

Lesson Modules:

- Study Skills: Successful Students, Learning Cycle, Memory Tricks, Mnemonics, Following Directions, Listening Skills, Note Taking Skills, Successful Student, A Brochure Project etc. (22 Lessons)
- Organization: Planner, Benefits of Organizational Benefits, Time, Materials, Environment, etc. (5 Lessons)

- Time Management: Minimize Distractions, Test Planner, Mistakes, Accountability, Time Monsters (10 Lessons)

3rd 9 Weeks (46 Days)

Focus: Leadership and Character, Discipline

TEKS: (1) The student explores and analyzes the role and characteristics of an effective leader in order to demonstrate leadership in a group setting:

- Define the role of leadership
- Analyze and define the characteristics of an effective leader, including the interpersonal skills required for leadership
- Evaluate personal leadership ability to identify strengths and weaknesses and determine a personal leadership style
- Identify the purpose and benefit of delegation
- Participate in group projects as both the leader and a supporting member
- Evaluate the results of group projects using appropriate rubrics

TEKS: (2) The student explores and analyzes positive character traits including responsibility, perseverance, caring, self-discipline, citizenship, honesty, courage, fairness, respect, and trustworthiness:

- Define character and describe a person of character
- Identify the positive and negative strategies for dealing with failure and with success
- Evaluate personal strategies for dealing with failure and with success, identifying specific weaknesses and strengths
- Analyze the positive and negative influences that others have on person action and beliefs
- Identify the areas of life in which personal responsibility may be exercised or increased
- Formulate five standards that the student will not compromise
- Demonstrate an understanding of ethical behavior and integrity
- Analyze and critique negative and positive examples of citizenship

Weekly Routine: Journal, Goal Introduction, and Student/Teacher Grade Contract

Lesson Modules:

- Leadership: Factors of a Leader, What is Leadership, What is Good Leadership, You As Leader, Leadership Project (6 Lessons)
- Character: Respect, Justice, Trustworthiness, A Person of Character, Handling Adversity, Handling Success, Handling Critics, Accepting Responsibility, Being a caring Person, Writing Project etc. (47 Lessons)
- Discipline: Anger management, School Rules, Student Goals, Self Evaluation Project (9 Lessons)

4th 9 Weeks (43 Days)

Focus: Academic and Career Exploration

TEKS: (1) The student explores and analyzes personal strengths, weaknesses, and interests in goals in order to establish a plan for success that continues throughout high school into postsecondary education, an internship or a training program:

- Complete a career interest and aptitude assessment
- Determine individual talents, abilities, skills and interests
- Match interests and aptitudes to career opportunities
- Recognize and understand the impact of career choice on lifestyle, including budget
- Begin personal career portfolio by conducting an in-depth study of the varied aspects of occupations related to the students interest areas

TEKS: (2) The student will research, analyze, and apply career information:

- Research careers available with and without a university degree using print and online resources
- Analyze the personal characteristics, knowledge and skills necessary for the workplace
- Complete a college choice survey
- Select a university, college, community college, trade school or internship process
- Learn how to search for a job, collect personal references, and complete a job application
- Identify and practice the skills relevant to a job interview and participate in a formal mock job interview
- Identify high school courses related to career choices in the student's interest area
- Write professional letters requesting information from the programs listed above

Weekly Routine: Journal, Goal Introduction, and Student/Teacher Grade Contract

Lesson Modules:

- Career Exploration: Budgets, Apartments, Insurance, Career Visit, Monthly Budget, Counselor Visitation Day, Career Research Project (33 Lessons)
- *Note: Lessons may require more than one day.*