



Region 15 Middle School Lunch Menu

September 2026



Alternate Lunch Options Offered Daily:

Hummus Box w/ Whole Grain Flatbread and Assorted Veggies

Yogurt Parfait w/ Homemade Granola

Chicken Caesar Salad

Or

Deli Bar

Choice of
Boar's Head
Turkey, Ham, Buffalo Chicken

Cheese: American, Provolone,
Pepper Jack

Toppings: Lettuce, Tomato,
Pickles, Banana Peppers, Jalapeno
Peppers, Olives, Mayo, Mustard,
Hot Sauce



Lunch Pricing:

Free: Free

Reduced: Free

Paid Students: Hot Lunch \$4.05

Paid Students: Deli/Alternate \$4.55

Milk only: \$0.75

Monday

All meals options are served with one fruit, two veggies and a milk.
Choice of 1% white milk, non-fat chocolate milk & strawberry milk

**No School
Labor Day**



Tuesday

1
Cheese Quesadilla w/
Salsa and Sour Cream

Rainbow Fruit and
Veggie Tray

Wednesday

2
General Tso Chicken
w/ Brown Rice

Rainbow Fruit and
Veggie Tray

Thursday

3
Chicken Nuggets
Oven Baked Fries
Dinner Roll

Rainbow Fruit &
Veggie Tray

Friday

4
Assorted Pizza
Mixed Green Salad

Rainbow Fruit &
Veggie Tray

8
Mozzarella Sticks w/
Marinara Sauce

Rainbow Fruit and
Veggie Tray

9
French Toast Sticks w/
Turkey Sausage

Rainbow Fruit & Veggie
Tray

10
Popcorn Chicken
Oven Baked Fries
Dinner Roll

Rainbow Fruit &
Veggie Tray

11
Assorted Pizza
Mixed Green Salad

Rainbow Fruit &
Veggie Tray

14
Bosco Sticks w/
Marinara Sauce

Rainbow Fruit and
Veggie Tray

15
Hamburger or
Cheeseburger w/
Baked Beans

Rainbow Fruit and
Veggie Tray

16
Orange Chicken w/
Brown Rice

Rainbow Fruit and
Veggie Tray

17
Chicken Tenders
Oven Baked Fries
Dinner Roll

Rainbow Fruit &
Veggie Tray

18
Assorted Pizza
Mixed Green Salad

Rainbow Fruit &
Veggie Tray

21
**No School
Yom Kippur**

22
Pasta w/ Meat Sauce
Dinner Roll

Rainbow Fruit & Veggie
Tray

23
Mini Waffles w/
Turkey Sausage

Rainbow Fruit and
Veggie Tray

24
Chicken Patty on
Whole Grain Bun
Oven Baked Fries

Rainbow Fruit &
Veggie Tray

25
Assorted Pizza
Mixed Green Salad

Rainbow Fruit &
Veggie Tray

28
Grilled Cheese on
Whole Grain Bread
Oven Baked Fries

Rainbow Fruit and
Veggie Tray

29
Seasoned Chicken
Nachos w/ Salsa,
Queso and Sour
Cream

Rainbow Fruit and
Veggie Tray

30
General Tso Chicken
w/ Brown Rice

Rainbow Fruit and
Veggie Tray

1
Chicken Nuggets
Oven Baked Fries
Dinner Roll

Rainbow Fruit &
Veggie Tray

2
Assorted Pizza
Mixed Green Salad

Rainbow Fruit &
Veggie Tray

